The Improper Drugging of Nursing Home Residents with Dementia

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5 Star Rated by US Govt.

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• **83%** of Medicare claims for atypical antipsychotic drugs for elderly nursing home residents were for **off-label conditions**

• **88%** were for residents diagnosed **with dementia**.

May 2011 Department of Health and Human Services, Office of Inspector General
National Average
Antipsychotic Use in Nursing Homes: 23.9%

Gwynedd Square Nursing Center  13.8%
Antipsychotic Use

July 2012
National Nursing Home Average: 23.9%
Gwynedd Square Nursing Center: 13.8%

October 2015
National Nursing Home Average: 18%
Gwynedd Square Nursing Center: 7%
WARNING

Increased Mortality in Elderly Patients with Dementia-Related Psychosis — Elderly patients with dementia-related psychosis treated with atypical antipsychotic drugs are at an increased risk of death compared to placebo. Analyses of seventeen placebo-controlled trials (modal duration of 10 weeks) in these patients revealed a risk of death in the drug-treated patients of between 1.6 to 1.7 times that seen in placebo-treated patients. Over the course of a typical 10-week controlled trial, the rate of death in drug-treated patients was about 4.5%, compared to a rate of about 2.6% in the placebo group. Although the causes of death were varied, most of the deaths appeared to be either cardiovascular (e.g., heart failure, sudden death) or infectious (e.g., pneumonia) in nature. [this drug] is not approved for the treatment of patients with dementia-related psychosis.
Key to managing groups of nursing home residents with dementia without using antipsychotics:

1. Knowing the resident (person centered care), and,

2. Guiding and helping confused residents through their day; keeping them active, engaged and monitored in level-appropriate recreational and dining activities geared toward the different stages of dementia.
Dementia Appropriate Activity & Dining Programs

Friendship Club – early stage dementia

Sunshine Club – late stage dementia

Rising Stars Club – high fall risk, late stage dementia, all day

Korean Elders Program – includes 41 out of 181 residents

Alert & Oriented Group and whole community functions

Lunch Bunch & Supper Club
early & middle stage dementia – enabling residents with memory impairment through cueing, directing and assisting

Lakeside Dining Program
late stage dementia & stroke – total feeding assistance

10 activities staff for 181 residents

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Friendship Club
(High Functioning Dementia)
Sunshine Club
(Low Functioning Dementia)
(BEFORE IT STARTS....)
Rising Stars Club
(Fall Prevention Program 10:15am-7:45pm)
Lunch Bunch & Supper Club

..............."Bring it to your mouth"
Lakeside Dining Program
Total Assistance with Eating