

# Intersection of Rights and Individualized Care

**Care Planning** 

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# Care Planning – Forum for Individualizing Care



**Care Planning** 







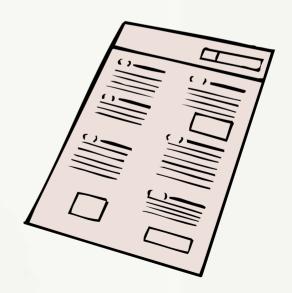




#### A Care Plan

A care plan is the document that guides the delivery of care for *each* resident.







#### **Care Plan Addresses**

#### Resident's

- Needs
- Strengths
- Preferences







#### **Individualized Care**

The care planning process pulls all of the assessment information together and develops a plan for addressing a resident's needs in a way that reflects the *individual's* preferences and decisions.

The care plan addresses quality of care and quality of life issues in a way that supports residents' rights.





#### **Elements of a Care Plan**

- Needs
- Goals
- Approaches
- Time Frames
- Who is responsible







## **Care Plans Are Developed**

- Within 7 days after assessment is completed
  - (21 days of admission)
- Periodically reviewed and revised after each assessment
  - (at least quarterly)







#### **Care Plans Are Developed By**

- Interdisciplinary team including:
  - attending physician
  - an RN with responsibility for the resident
  - other disciplines determined by resident's needs
- Resident, to the extent practicable
- Resident's family or legal representative







### **Care Plan Meetings**

#### Are a forum for

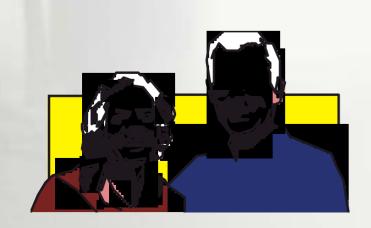
- Discussing issues that involve more than one department,
- Advocating to have the resident's routines and preferences respected, and
- Accommodating resident participation and decisionmaking to individualize care.



Are an ideal time for residents to exercise their rights!



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The National Long-Term Care Ombudsman Resource
Center thanks all ombudsmen who work so diligently
on behalf of long-term care residents.