



ADVOCACY

- [Advocacy \(Maryland Coalition for Mental Health and Aging\)](#)
- [Position Statement 35: Aging Well: Policy \(Mental Health America\)](#)

CAREGIVING

- [Family Caregivers Briefcase \(American Psychological Association\)](#)
- [Family Caregiving and Public Policy: Principles for Change \(National Alliance for Caregiving\)](#)
- [VA Caregiver Support \(U.S. Dept. of Veteran Affairs\)](#)

CLINICAL MENTAL HEALTH PRACTICE

- [Standards for Social Work Practice with Caregivers of Older Adults \(National Association of Social Workers\)](#)
- [What Mental Health Providers Should Know About Working with Older Adults \(American Psychological Association\)](#)

COGNITIVE AGING

- [Cognitive Aging: Progress in Understanding and Opportunities for Action \(Institute of Medicine\)](#)
- [Healthy Brain Initiative \(CDC\)](#)

CULTURAL DIVERSITY

- [Multicultural Counseling Competencies and Standards \(American Counseling Association\)](#)
- [Multicultural Competency in Geropsychology \(American Psychological Association\)](#)
- [National Association of State Mental Health Program Directors Older Persons Division \(NASMHPD OPD\) Language Guidelines](#)

- [Standards and Indicators for the Achievement of Cultural Competence in Social Work Practice \(National Association of Social Workers\)](#)

DEMENTIA

- [2015 Alzheimer's Disease Facts and Figures \(Alzheimer's Assoc.\)](#)
- [2015 Recommendations of the Public Members of the Advisory Council on Alzheimer's Research, Care, and Services \(DHHS\)](#)
- [Assessment of Older Adults with Diminished Capacity handbooks \(ABA/APA\)](#)
- [National Plan to Address Alzheimer's Disease: 2014 Update \(DHHS\)](#)
- [Principles of Care for Patients With Dementia Resulting From Alzheimer Disease \(American Association of Geriatric Psychiatry\)](#)

ELDER ABUSE

- [Elder Abuse and Neglect: In Search of Solutions \(American Psychological Association\)](#)
- [Frequently Asked Questions about Elder Abuse \(National Council on Aging\)](#)

LGBT AGING

- [Health and Psychosocial Needs of LGBT Older Adults \(AIDS Community Research Initiative of America; ACRIA\)](#)

MEDICARE

- [Medicare and Your Mental Health Benefits \(Center for Medicare and Medicaid Services\)](#)

MENTAL AND BEHAVIORAL HEALTH

- Aging & Behavioral Health Partnerships – Strategies for SUCCESS! (NCOA)
- Behavioral Health (National Council on Aging)
- "Bring Change 2 Mind" (the Child and Adolescent Bipolar Foundation, Fountain House, and International Mental Health Research Organization)
- Community Integration for Older Adults with Mental Illnesses: Overcoming Barriers and Seizing Opportunities (SAMHSA)
- Depression in Older Adults Fact Sheet (Mental Health America)
- Geriatrics and Mental Health – The Facts (CDC)
- Good Mental Health is Ageless (SAMHSA)
- Meeting the Mental Health Challenges of the Elder-Boom (Geriatric Mental Health Alliance on of New York)
- National Council for Behavioral Health Mental Health First Aid (NCBH)
- Older Adults: Depression and Suicide Facts (NIMH)
- Older Americans Behavioral Health: Issue Brief Series (NCOA)
- Older Americans Behavioral Health: Webinar Series (NCOA)

MODEL PRACTICES

- Caregiver Intervention Database (Rosalynn Carter Institute for Caregiving)
- Caregivers as Partners and Clients of Behavioral Health Service. Issue Brief and Webinar
- Healthy IDEAS and PEARLS: evidence-based community programs for depression identification and management
- National Registry of Evidence-Based Programs and Practices (SAMHSA)

SUBSTANCE ABUSE

- Get Connected! Toolkit: Linking Older Adults with Medication, Alcohol and Mental Health Resources (SAMHSA, AoA and National Council on Aging)
- Older Americans Behavioral Health Issue Brief Series (SAMHSA, AoA/ACL, NCoA)
- Prevention and Management of Alcohol Problems (NCoA)
- Promoting Older Adult Health: Aging Network Partnerships to Address Medication, Alcohol and Mental Health Problems (SAMHSA, AoA and NCOA)
- TIP 26: Substance Abuse Among Older Adults (SAMHSA)

SUICIDE PREVENTION

- Depression and Suicide in Older Adults Resource Guide (American Psychological Association)
- Issue Brief 4: Preventing Suicide in Older Adults (NCoA)
- Pennsylvania Older Adult Suicide Prevention Plan
- Suicide Prevention and Older Adults (NCoA)

TRAUMA

- Consumer Resources
 - <http://www.ptsd.va.gov/public/types/war/ptsd-older-vets.asp>
- Disaster Preparedness Guide for Older Americans (Department of Elder Affairs State of Florida)
- Psychosocial Issues for Older Adults in Disasters (SAMHSA/CMHS) Publication
- PTSD and Older Veterans (VA National Center for PTSD)
Professional Resources
 - <http://www.ptsd.va.gov/professional/treatment/older/index.asp>
 - http://www.ptsd.va.gov/professional/continuing_ed/prescribe_olderverts_ptsd.asp
 - VA PTSD Consultation Program: <http://www.ptsd.va.gov/professional/consult/>

WORKFORCE

- [The Impact of the Older Adult Mental Health Workforce Shortage on the Public Mental Health System](#)
- [The Mental Health and Substance Use Workforce for Older Adults: In Whose Hands \(Institute of Medicine\)](#)

GENERAL REPORTS

- [2014 Mother's Day Report: Keep Calm and Manage Your Future: Long Term Care \(OWL\)](#)
- [In the Arena: How Women and Girls Change the World \(OWL\)](#)
- [Older Americans 2012: Key Indicators of Well-being \(Federal Interagency Forum on Aging Related Statistics\)](#)
- [Our Women Mean Business: Encore Entrepreneurship \(OWL\)](#)
- [Quality of Life \(OWL\)](#)
- [The State of Aging and Health in America 2013 \(CDC\)](#)

OTHER RESOURCES

- [Benefits Check Up \(National Council on Aging\)](#)
- [National Ombudsman Resource Center \(NORC\)](#)
- [Older Adult Technical Assistance Center \(Administration for Community Living\)](#)