

Very Important Things to Know about Dementia that touch Your Well-Being

- The most common form of Dementia is Alzheimer's disease.
- All kinds of Dementia can cause big changes in your behavior.
- Dementia can make it hard to tell others what you need.
- You (and your family representative) have the right to have trained care partners who know how to help you with the changes you are going through.
- You have the right to NOT be 'quieted down' with medication. This is called 'Chemical Restraint'.
- You have the right to be told exactly what your care plan is, and how and why it may change.
- Your long-term care ombudsman can help you, your family member, and your care staff understand your needs better and how they might be met best, without the use of antipsychotic drugs.

"She changed so fast!

Her dementia isn't easy, but the drugs being used to sedate her, have taken "her" and her quality of life away.

Isn't there a better way?"



For More Information
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or visit www.waombudsman.org



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