

State of Nebraska
Department of Health and Human Services
Long-Term Care Ombudsman Program

The Ombudsman Program: How it interfaces with MDS 3.0 Section Q



Effective October 1, 2010, staff working in Medicaid and/or Medicare certified SNFs/NFs will begin asking residents the following question upon admission, quarterly, upon significant change, and at other regularly-scheduled assessment time frames:

"Do you want to talk with someone about the possibility of returning to the community?"

#### This Presentation Will:

Provide an Overview of MDS 3.0

Section Q

- Review Staff Concerns
- Discuss Ombudsman Assistance

The new Section Q is more person-centered, better supports the individual's right to choose where they receive their long term care services and supports and reinforces states' efforts to comply with the Americans with Disabilities Act and the U.S. Supreme Court decision in Olmstead vs. L.C.



Through the expansion of Medicaid waivers and state and federal initiatives such as the Money Follows the Person Program, Medicaid eligible individuals needing longterm care and supports now have more choice in care options.



Section Q is to be used with all nursing home residents, regardless of payment source.



Section Q focuses on Resident Participation in Assessment and Goal Setting.

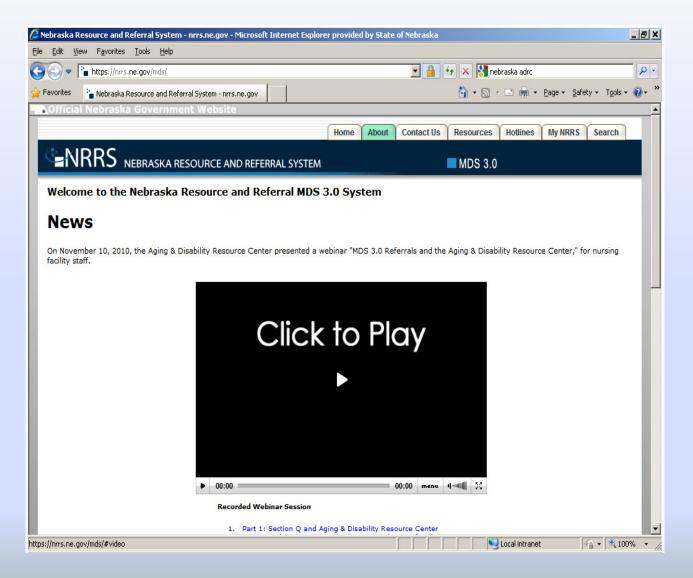


#### **Results:**

Nursing home residents who may not have previously been considered as candidates for community living are now being reassessed.

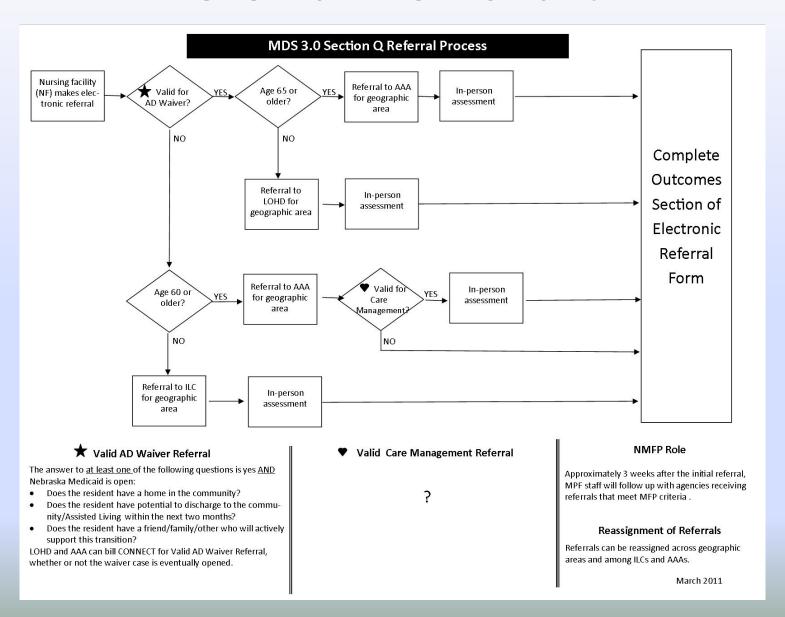
However, reassessment is not a guarantee that transitioning will occur.





What is your Responsibility?

#### Referral Flowchart



# For Coding and other Questions About MDS 3.0 Call:

Eve Lewis, Section Administrator 402-471-3324

Dan Taylor,
Training Coordinator
402-471-0535



Nursing Homes and Assisted Living Facilities Section Division of Public Health Department of Health and Human Services

## For Questions about the ADRC or the MDS 3.0 Referral Process contact:



Julie Gillmor, MPA at 402-472-9781, or jhorne@answers4families.org

### For questions about the Money Follows the Person Program, please call: 800-358-8802 ext. 1-2308



When Iris moved to the nursing home, she didn't think she'd ever be able to leave... today Iris is back home with services that help her live independently and safely...

The Nebraska Money Follows the Person project provides assistance to Medicaid-eligible individuals who currently reside in a nursing home and wish to transition back to the community and receive supportive services in their home or apartment.

For additional information call (800) 358-8802 ext. 1-2308

or (402) 471-2308 or visit our web site at

www.dhhs.ne.gov/moneyfollowstheperson

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This new process is taking so much more time!



Will Nursing homes be cited by survey staff if the Local contact Agency does not respond in a timely manner?



#### It's a difficult question to ask:

- It might be providing false hope
- It's probably not realistic in many cases
- Sometimes there aren't enough service providers to provide care in the community the resident wishes to transition.

Isn't it unrealistic to believe that high care residents on Medicaid might be able to go home?



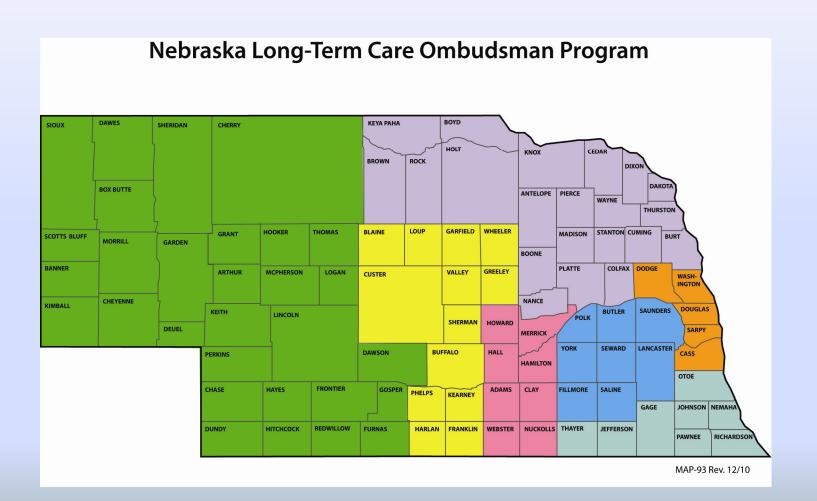
Some residents become Fearful when asked if they want to leave because they believe they are being involuntarily discharged.



What about families who had difficulty helping their loved ones come to terms with moving to the facility? For them, the nursing home is the best option because it provides a safe environment. Now it's like you're telling them their loved one can go back home to an unsafe environment?

Are there special considerations for individuals with a court appointed guardian?





An Ombudsman can assist with difficult transitions by visiting with residents and family members.





An ombudsman can provide a resident with information about the transition process and what can be expected.



An ombudsman can provide information to resident and family councils about the transition process.

In some areas, the ombudsman will be sent out prior to assessment, but after the referral is made to visit with the resident about his or her options.



An ombudsman will continue to respond to any facility staff concerns regarding the well-being of any resident!



### Questions



#### Thank You!

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