The Ombudsman Program: How it interfaces with MDS 3.0
Section Q
Effective October 1, 2010, staff working in Medicaid and/or Medicare certified SNFs/NFs will begin asking residents the following question upon admission, quarterly, upon significant change, and at other regularly-scheduled assessment time frames:

“Do you want to talk with someone about the possibility of returning to the community?”
This Presentation Will:

• Provide an Overview of MDS 3.0

Section Q

• Review Staff Concerns

• Discuss Ombudsman Assistance
Section Q Overview

The new Section Q is more person-centered, better supports the individual’s right to choose where they receive their long term care services and supports and reinforces states’ efforts to comply with the Americans with Disabilities Act and the U.S. Supreme Court decision in Olmstead vs. L.C.
Section Q Overview

Through the expansion of Medicaid waivers and state and federal initiatives such as the Money Follows the Person Program, Medicaid eligible individuals needing long-term care and supports now have more choice in care options.
Section Q Overview

Section Q is to be used with all nursing home residents, regardless of payment source.
Section Q Overview

Section Q focuses on Resident Participation in Assessment and Goal Setting.
Results:

Nursing home residents who may not have previously been considered as candidates for community living are now being reassessed.

However, reassessment is not a guarantee that transitioning will occur.
Section Q Overview

What is your Responsibility?
Referral Flowchart

MDS 3.0 Section Q Referral Process

Nursing facility (NF) makes electronic referral

* Valid for AD Waiver? YES

† Age 65 or older?

† Valid for AD Waiver Referral

YES

Age 65 or older?

NO

Referral to AAA for geographic area

In-person assessment

Referral to LOHD for geographic area

In-person assessment

Referral to IEC for geographic area

In-person assessment

Complete Outcomes Section of Electronic Referral Form

Valid AD Waiver Referral

The answer to at least one of the following questions is yes AND Nebraska Medicaid is open:

- Does the resident have a home in the community?
- Does the resident have potential to discharge to the community/Assisted Living within the next two months?
- Does the resident have a friend/family/other who will actively support this transition?

LOHD and AAA can bill CONNECT for Valid AD Waiver Referral, whether or not the waiver case is eventually opened.

Valid Care Management Referral

† Valid for Care Management Referral

NO

Reassignment of Referrals

Referrals can be reassigned across geographic areas and among ILCs and AAs.

March 2011

NMFP Role

Approximately 3 weeks after the initial referral, NMFP staff will follow up with agencies receiving referrals that meet NMFP criteria.
For Coding and other Questions About MDS 3.0 Call:

Eve Lewis,
Section Administrator
402-471-3324

Dan Taylor,
Training Coordinator
402-471-0535

Nursing Homes and Assisted Living Facilities Section
Division of Public Health
Department of Health and Human Services
For Questions about the ADRC or the MDS 3.0 Referral Process contact:

Julie Gillmor, MPA
at 402-472-9781, or
jhorse@answers4families.org
For questions about the Money Follows the Person Program, please call: 800-358-8802 ext. 1-2308

Nursing Home Residents

When Iris moved to the nursing home, she didn’t think she’d ever be able to leave… today Iris is back home with services that help her live independently and safely...

The Nebraska Money Follows the Person project provides assistance to Medicaid-eligible individuals who currently reside in a nursing home and wish to transition back to the community and receive supportive services in their home or apartment.

For additional information call (800) 358-8802 ext. 1-2308 or (402) 471-2308 or visit our web site at www.dhhs.ne.gov/moneyfollowstheperson

Nebraska Department of Health and Human Services
Staff Concerns

This new process is taking so much more time!
Staff Concerns

Will Nursing homes be cited by survey staff if the Local contact Agency does not respond in a timely manner?
Staff Concerns

It’s a difficult question to ask:

• It might be providing false hope
• It’s probably not realistic in many cases
• Sometimes there aren’t enough service providers to provide care in the community the resident wishes to transition.
Isn’t it unrealistic to believe that high care residents on Medicaid might be able to go home?
Staff Concerns

Some residents become fearful when asked if they want to leave because they believe they are being involuntarily discharged.
Staff Concerns

What about families who had difficulty helping their loved ones come to terms with moving to the facility? For them, the nursing home is the best option because it provides a safe environment. Now it’s like you’re telling them their loved one can go back home to an unsafe environment?
Staff Concerns

Are there special considerations for individuals with a court appointed guardian?
Nebraska Long-Term Care Ombudsman Program
An Ombudsman can assist with difficult transitions by visiting with residents and family members.
Ombudsman Assistance

An ombudsman can provide a resident with information about the transition process and what can be expected.
Ombudsman Assistance

An ombudsman can provide information to resident and family councils about the transition process.
Ombudsman Assistance

In some areas, the ombudsman will be sent out prior to assessment, but after the referral is made to visit with the resident about his or her options.
Ombudsman Assistance

An ombudsman will continue to respond to any facility staff concerns regarding the well-being of any resident!
Questions
Thank You!

Nebraska Long-Term Care Ombudsman Program
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