

Upon determination of which supportive services are necessary:

- ◆ A detailed transition plan will clearly identify your needs and how services and supports will be provided
- ◆ Your transition plan will include:
 - ❖ Where you will live
 - ❖ What services you will receive and who will provide them
 - ❖ Your family and support contact information
 - ❖ Medical information
 - ❖ A safety plan which will ensure that medical services, emergency resources, and other supports are in place

After the Transition: What Happens Now?

Once you have returned to the community-based living arrangement of your choice, you and your HCB Services Coordinator will continue to review and assess your needs on an on-going basis to verify that:

- ◆ Your health and medical needs are met
- ◆ Your housing needs are suitable
- ◆ Transportation is accessible and available
- ◆ Your back-up plans and emergency systems are effective, in-place, safe, and reliable
- ◆ Your services are being delivered as identified in your plan

Transitioning: Where Do I Start?

Contact the NMFP Office to start your journey to a safe and independent living arrangement of your choice:

Toll-Free Phone Number:
1-800-358-8802 Ext. 1-2308 or
1-402-471-2308

Visit: www.dhhs.ne.gov/nmfp



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NEBRASKA'S Money Follows the Person

*Freedom to
Choose*

The Nebraska Money Follows the Person (NMFP) project celebrates self-determination and informed choice by promoting independent living and community-based services as a viable alternative to residing in nursing homes or intermediate care facilities (ICF/MR).

NMFP

NMFP provides you with information about residential options and assistance with transitioning back to the community. NMFP will direct you to the appropriate waiver services program which can provide community-based services and supports to help you live independently.

If you, or a family member, are currently residing in a nursing home or ICF/MR and prefer to live in a home or community-based setting, NMFP will provide information, support, and referral to transition services.

Do I qualify for NMFP?

NMFP eligibility requirements:

- ◆ You must be residing in a nursing home or ICF/MR for a minimum of 6 months (a consecutive stay in a hospital and a facility may also meet this requirement)
- ◆ You must be currently receiving Medicaid benefits for facility care
- ◆ You must meet the eligibility requirements for the Home and Community-based (HCB) Aged and Disabled Waiver or the Developmental Disabilities Waiver
- ◆ You must move into a qualified residence

Transition Services: Who Provides These?

If you meet eligibility requirements, experienced and qualified professionals will work with

you (and your family or legal guardian, at your request) to develop a comprehensive transition plan to help you return to a home or community-based setting:

- ◆ An HCB Services Coordinator and a Social Worker/Discharge Planner from your current facility will assist you in planning your transition
- ◆ Your participation (and that of your family or legal guardian) in all aspects of planning and transitioning is encouraged

Transitioning: What are the First Steps?

With your involvement (and the participation of your family or legal guardian):

- ◆ A pre-transition screen is conducted to determine your needs, preferences, habilitation needs, and required medical and physical supports for living independently in a safe, healthy, and secure environment
- ◆ A review of waiver services is conducted to determine which services you may be qualified for
- ◆ Barriers to a successful transition are identified and options for addressing them are discussed
- ◆ A thorough review of all options for community-based services, available housing, and service providers is conducted in order to achieve a safe, successful, and positive transition to independent living in the community

My Transition Plan: How Does It Work?

Based upon your needs and waiver determination, your HCB Service Coordinator will identify which of the following supportive services are necessary:

Aged & Disabled Waiver

- ◆ Chore Services
- ◆ Adult Day Health Services
- ◆ Home Delivered Meals
- ◆ Nutrition
- ◆ Independent Skills Building
- ◆ Personal Emergency Response Systems
- ◆ Assistive Technology & Modifications
- ◆ Respite
- ◆ Transportation

Developmental Disabilities Waiver

- Adult - Residential Habilitation
Day Habilitation
Respite
Team Behavioral Consultation
- Child - Residential Habilitation
Homemaker
Child Day Services
Home Modification
Respite
Team Behavioral Consultation

Other Services

- ◆ Home Health
- ◆ Medical Transportation