Upon determination of which supportive services are necessary:

- A detailed transition plan will clearly identify your needs and how services and supports will be provided
- Your transition plan will include:
  - Where you will live
  - What services you will receive and who will provide them
  - Your family and support contact information
  - Medical information
  - A safety plan which will ensure that medical services, emergency resources, and other supports are in place

### After the Transition: What Happens Now?

Once you have returned to the community-based living arrangement of your choice, you and your HCB Services Coordinator will continue to review and assess your needs on an on-going basis to verify that:

- Your health and medical needs are met
- Your housing needs are suitable
- Transportation is accessible and available
- Your back-up plans and emergency systems are effective, in-place, safe, and reliable
- Your services are being delivered as identified in your plan

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**Transitioning: Where Do I Start?**

Contact the NMFP Office to start your journey to a safe and independent living arrangement of your choice:

**Toll-Free Phone Number:**
1-800-358-8802 Ext. 1-2308 or 1-402-471-2308

Visit: www.dhhs.ne.gov/nmfp

**Department of Health & Human Services**
Division of Medicaid and Long-Term Care
301 Centennial Mall South
Lincoln, NE  68509

**ADA/EOE/AA**

The Nebraska Money Follows the Person (NMFP) project celebrates self-determination and informed choice by promoting independent living and community-based services as a viable alternative to residing in nursing homes or intermediate care facilities (ICF/MR).
NMFP provides you with information about residential options and assistance with transitioning back to the community. NMFP will direct you to the appropriate waiver services program which can provide community-based services and supports to help you live independently.

If you, or a family member, are currently residing in a nursing home or ICF/MR and prefer to live in a home or community-based setting, NMFP will provide information, support, and referral to transition services.

**Do I qualify for NMFP?**

**NMFP eligibility requirements:**
- You must be residing in a nursing home or ICF/MR for a minimum of 6 months (a consecutive stay in a hospital and a facility may also meet this requirement)
- You must be currently receiving Medicaid benefits for facility care
- You must meet the eligibility requirements for the Home and Community-based (HCB) Aged and Disabled Waiver or the Developmental Disabilities Waiver
- You must move into a qualified residence

**Transition Services: Who Provides These?**

If you meet eligibility requirements, experienced and qualified professionals will work with you (and your family or legal guardian, at your request) to develop a comprehensive transition plan to help you return to a home or community-based setting:
- An HCB Services Coordinator and a Social Worker/Discharge Planner from your current facility will assist you in planning your transition
- Your participation (and that of your family or legal guardian) in all aspects of planning and transitioning is encouraged

**Transitioning: What are the First Steps?**

With your involvement (and the participation of your family or legal guardian):
- A pre-transition screen is conducted to determine your needs, preferences, habilitation needs, and required medical and physical supports for living independently in a safe, healthy, and secure environment
- A review of waiver services is conducted to determine which services you may be qualified for
- Barriers to a successful transition are identified and options for addressing them are discussed
- A thorough review of all options for community-based services, available housing, and service providers is conducted in order to achieve a safe, successful, and positive transition to independent living in the community

**My Transition Plan: How Does It Work?**

Based upon your needs and waiver determination, your HCB Service Coordinator will identify which of the following supportive services are necessary:

**Aged & Disabled Waiver**
- Chore Services
- Adult Day Health Services
- Home Delivered Meals
- Nutrition
- Independent Skills Building
- Personal Emergency Response Systems
- Assistive Technology & Modifications
- Respite
- Transportation

**Developmental Disabilities Waiver**
- Adult - Residential Habilitation
- Day Habilitation
- Respite
- Team Behavioral Consultation
- Child - Residential Habilitation
- Homemaker
- Child Day Services
- Home Modification
- Respite
- Team Behavioral Consultation

**Other Services**
- Home Health
- Medical Transportation