The U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES works to protect the health of all Americans and provides essential human services, especially for those who are least able to help themselves.

If you are one of the millions of Americans who need the benefits and services we provide, you can call on us.

- **Mental Health**: 1-800-273-TALK (1-800-273-8255)
- **Head Start Services**: 1-866-763-6481
- **Temporary Assistance for Needy Families (TANF)**: (SELECT STATE FROM DROP-DOWN LIST)
- **Medicare**: 1-800-MEDICARE (1-800-633-4227)
- **Elder Care**: 1-800-677-1116 (SELECT STATE FROM DROP-DOWN LIST)
- **Medicaid**: (SELECT STATE FROM DROP-DOWN LIST)
- **State Children’s Health Insurance Program (SCHIP)**: (SELECT STATE FROM DROP-DOWN LIST)
- **Other**: www.hhs.gov
- **Child Care Services**: 1-800-424-2246