Attention Long-Term Care Ombudsman Volunteers:

Here's a few things that will help you be a really GREAT Volunteer Ombudsman on the job! Here's a:

Toothpick—PICK OUT only the good qualities in others

Rubber Band—Be FLEXIBLE, things don't go the way they should always!

Pencil and Eraser—LIST those blessings and recognize everyone makes some MISTAKES

Mint Chewing Gum—STICK with volunteering because you are worth a MINT!

Tea Bag—RELAX and think about all those residents who have benefited from your visits!

Candy Kiss—Because WE APPRECIATE YOU!!!

HAPPY BELATED NATIONAL VOLUNTEER WEEK 2005
(IT WAS LAST WEEK!!)

Ombudsman Staff in Missouri think you are PRICELESS!!

Compliments of:
MARC Long Term Care Ombudsman Program
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