Your Voice, Their Rights:
Make a difference as an Ombudsman Volunteer!
Are you passionate about making a real impact on the lives of others?
As an Ombudsman volunteer, you’ll be at the forefront of positive change. Together, we can make a lasting impact.

- Ombudsman Volunteers spend about 2–4 hours a week visiting long term care facilities meeting with residents, providing education on their rights, advocating for better quality of care, and empowering them to make their voices heard.

- Volunteers with the Long Term Care Ombudsman Program in the Capital Region & beyond receive comprehensive training in how to become an advocate.

Volunteers are needed!
Please call Catholic Charities at (518) 372-5667 or scan to learn more

Read about Beverly & Don’s story here: bit.ly/LINK

Area blank for Mailing address