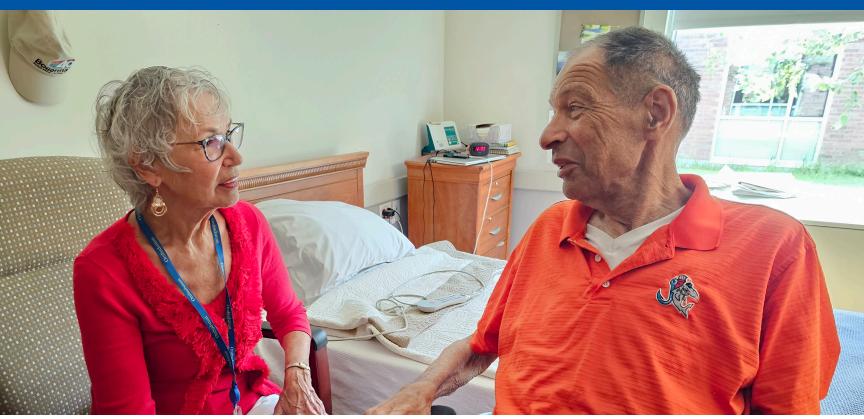
Your Voice, Their Rights: Make a difference as an Ombudsman Volunteer!







Are you passionate about making a real impact on the lives of others?

As an Ombudsman volunteer, you'll be at the forefront of positive change. Together, we can make a lasting impact.

• Ombudsman Volunteers spend about 2-4 hours a week visiting long term care facilities meeting with residents, providing education on their rights, advocating for better quality of care, and empowering them to make their voices heard.

Volunteers with the Long Term Care
Ombudsman Program in the Capital Region &
beyond receive comprehensive training in how
to become an advocate.



Volunteers are needed! Please call Catholic Charities at (518) 372-5667 or scan to learn more Non-Profit Org. U.S. Postage PAID Albany, NY Permit No. 272



Read about Beverly & Don's story here: bit.ly/LINK

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