

CALIFORNIA LONG-TERM CARE SETTING ANSWER KEY

1. List the different types of long-term care facilities.

Skilled Nursing Facility (SNF), Distinct Part (DP), Residential Care Facility for the Elderly (RCFE), Intermediate Care Facility (ICF), and Adult Residential Care (ARF).

2. Which State department regulates SNFs?

California Department of Public Health (CDPH), Licensing and Certification Division

3. What is the difference between a SNF and a Distinct Part facility?

Both SNFs and DPs provide nursing and rehabilitative services on a 24 hour basis.

The typical resident of a SNF is a person who is chronically ill or recuperating from an illness and needs regular nursing care and other health related services. SNF residents are under the direction of their personal care physician or facilities medical director. Each resident must have an individual plan of care developed by the physician, resident and facility staff. SNFs provide a protective environment with medical and social services for individuals whose needs cannot be met in a less restrictive setting.

DPs are usually associated with an acute hospital. However, residents of DPs usually stay a short time, generally a maximum of three weeks and then they are discharged to either a SNF or their home. Residents of the DP may be recovering from surgery or an acute illness.

4. What population do ICFs mainly serve?

ICFs mainly serve developmentally disabled persons. However, keep in mind there are a number of different types of ICFs. ICFs can also serve the elderly and the Ombudsman representative has an ongoing presence in this type of facility.

5. What is the difference between an RCFE and an ARF?

RCFEs provide non-medical care and supervision to persons 60 years or older who may need assistance with activities of daily living (ADLs). Residents of RCFEs do not require 24-hour nursing care.

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ARFs provide 24-hour non-medical care and supervision to adults aged 18-59. Residents of these facilities are primarily developmentally disabled and are often clients of the Regional Centers or are mentally disabled and are clients of the Department of Mental Health.

6. Ombudsman representatives have an ongoing facility presence in which long-term care facilities?

Ombudsman representatives have an ongoing facility presence in SNFs, ICFs and RCFEs.