SUCCESSFUL AGING:
REFLECTING ON THE PAST
SHAPING THE FUTURE

ANNUAL REPORT
IDAHO COMMISSION ON AGING
State Fiscal Year 2017 (SFY17)

C.L. “Butch” Otter, Governor
Sources for non-ICOA statistics and detailed breakdowns of summarized data may be available on our website (www.aging.idaho.gov).
As we age tasks like bathing, dressing, and walking may become more difficult. Activities like shopping, cleaning, keeping track of finances and medicines may also become challenging. Because older Idahoans may not be capable of independently performing these activities of daily living, ICOA has targeted programs to help people safely stay at home, and active in their communities.

This report reflects progress of ICOA priorities that benefit Idaho's aging population through facilitating programs and services.
In 1968, Governor Don Samuelson designated the Idaho Commission on Aging (ICOA) to address aging issues (67-5003). Additionally, as identified in Idaho Code Title 67-5005, the legislature:

“recognizes the need to provide basic necessities to its older people in their later years and particularly in providing efficient community services, including access to transportation, adequate nutrition, in-home services, and adult day care, designed to permit its older people to remain independent and to be able to avoid institutionalization; and that these services be provided in a coordinated manner and be readily available when needed and accessible to all older people.”

From these authorizations provided in Idaho Code, ICOA continues to provide services to promote aging successfully to Idahoans, guided by our Vision and Mission.

**VISION**
To provide an informative, visible, reliable & easily accessible support system for aging Idahoans

**MISSION**
To lead system creation & network coordination to support Idaho’s aging population

“I am humbled to be part of an organization with such a great mission and to see how appreciative those are who receive the services.”

- D. Pankey, ICOA Commissioner
The vision and mission that drive ICOA reflect the gubernatorial and legislative charter defined in Idaho code. Title 67-5003 also designates specific responsibilities for the Commission including:

- To serve as an advocate within state government and the community for older Idahoans;
- To serve as an advisory body regarding state legislative issues affecting older Idahoans;
- To promulgate, adopt, amend and rescind rules related to programs and services administered by the commission;
- To enter into funding agreements as grants and contracts within the limits of appropriated funds to carry out programs and services for older Idahoans;

“The Idaho Commission on Aging can be at the forefront on collecting related data and leading the way in proposing remedies for those elderly left alone and without resources.”
- V. Watson, ICOA Commission Chair
To conduct public hearings and evaluations to determine the health and social needs of older Idahoans, and determine the public and private resources to meet those needs;

To designate "planning and service areas" and area agencies on aging in accordance with the Older Americans Act and federal regulations. The commission shall review the boundaries of the "planning and service areas" periodically and shall change them as necessary;

To submit a report to the governor and the legislature of its accomplishments and recommendations for improvements of programs and services for older Idahoans;

To administer and perform any other related functions or activities assigned to the commission by the governor.
The ICOA funds statewide projects and localized services. The Commission contracts with six Area Agencies on Aging (AAAs) to provide services in specific areas. These contracts utilize an Intrastate Funding Formula (IFF) to determine monetary allocations. The formula was developed by ICOA in collaboration with the AAAs and was approved by the Administration for Community Living (ACL) as part of the Idaho Senior Services State Plan.

The ICOA provides services to all Idahoans, however, the IFF provides additional funding to those areas where people have the greatest economic and social need. These indicate increased risk for institutional placement which is what the Commission works to reduce.

- Idaho Population: 1.6 million
- Age 60+: 305,607 (13.8%)
- At-Risk
Although services have specific requirements for participation, regional funding for programs is based on “at-risk” factors. These factors make up the variables for IFF and determine the final funding allocations.

<table>
<thead>
<tr>
<th>Planning &amp; Service Area</th>
<th>AAA I</th>
<th>AAA II</th>
<th>AAA III</th>
<th>AAA IV</th>
<th>AAA V</th>
<th>AAA VI</th>
<th>TOTAL</th>
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<tbody>
<tr>
<td>Aged 60+</td>
<td>52,773</td>
<td>25,245</td>
<td>127,236</td>
<td>36,834</td>
<td>29,842</td>
<td>33,677</td>
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<td>1,487</td>
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<td>1,416</td>
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<td>5,061</td>
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<td>961</td>
<td>4,269</td>
<td>815</td>
<td>1,307</td>
<td>710</td>
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<tr>
<td>60+ Hispanic</td>
<td>887</td>
<td>279</td>
<td>6,204</td>
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<td>1,400</td>
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<td>Aged 85+</td>
<td>3,826</td>
<td>2,178</td>
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<td>3,392</td>
<td>2,487</td>
<td>3,027</td>
<td>25,556</td>
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<tr>
<td>Weighted (At Risk) Population</td>
<td>53,412</td>
<td>27,185</td>
<td>113,239</td>
<td>48,647</td>
<td>36,969</td>
<td>33,894</td>
<td>313,346</td>
</tr>
</tbody>
</table>

|                | 17.05%| 8.68%  | 36.14%  | 15.53% | 11.80% | 10.82% | 100% |

- Middle-old (75+) 89,312
- Oldest-old (85+) 25,556
- Non-Hispanic 9,551
- Hispanic 12,585
The Commission manages statewide programs. Regional programs are managed by the AAAs with allocated funds based on the IFF.

- Older Americans Act (Federal) $8,029,118
- Idaho Senior Services Act (State) $4,531,000

\[ \text{ICOA Expenditures} = \text{Older Americans Act} + \text{Idaho Senior Services Act} \]

\[ \text{ICOA Expenditures} = $12,560,118 \]

Includes independent living & advocacy for assisted & skilled care
Commission Programs Promote Aging in Place

The primary purpose is to assist seniors and people with disabilities to avoid institutionalization and remain as independent as possible in their homes and communities of choice. Sometimes, aging in place is not possible. In those cases, ICOA funds support advocacy for the rights of seniors who reside in assisted living or skilled nursing facilities.

ICOA Statewide Project Expenditures $3,176,712

AAA Local Project Expenditures $9,383,405

AAA I
SFY17 Expenditures: $1,572,850

AAA II
SFY17 Expenditures: $887,019

AAA III
SFY17 Expenditures: $3,233,241

AAA IV
SFY17 Expenditures: $1,469,007

AAA V
SFY17 Expenditures: $1,147,651

AAA VI
SFY17 Expenditures: $1,073,636
Aging in Place Saves Idaho Dollars

- ICOA receives funding from both the Federal and State governments
- Funds are prioritized to help aging Idahoans most at-risk to avoid unnecessary placement in a skilled nursing facility
- ICOA carefully assesses, plans, and evaluates programs to ensure wise spending
- By assisting people to stay in their communities, a significant amount of money is saved, both by families and taxpayers who fund Medicaid spending

Average annual costs for either assisted living or skilled nursing facilities are significant. Whether paid by Medicaid or private funds, these services cost Idaho families and taxpayers money. If people are not able to live independently, assisted living or skilled nursing facilities are the only other choices.
Unassisted performance of ADLs is a clear criteria for living independently. Even so, services can assist when a person lacks the capacity to fully maintain their homes or health. Supportive services provide a resource when a person may require partial or temporary assistance. This includes help with meals, household chores and respite for caregivers.

**HOME DELIVERED MEALS**

- Homebound seniors
- Provides at least one meal per day, at least five days per week
- Costs include food, preparation, delivery, dietician services, and AAA program management

The per meal cost remains reasonable due in no small part to Idaho’s senior centers, other meal sites, and numerous volunteers who ensure homebound seniors receive the meals they need.

**$584 per homebound senior per year**

SFY17 $2,224,785
Homemaker

- Offers assistance with tasks such as housekeeping, meal planning, meal preparation, essential shopping, personal errands, banking, bill paying & medication management
- No charge if under poverty level, otherwise an income-based cost-share

53,921 hours

1,404 clients

Doing the Math

$16.11/hour

$618.80 /client/year

3.2 hours/client/month

67% 76% 33% 30%

2+ADLs Alone Poverty Rural

Factors for “at-risk” independent adults

USD 868,790

SFY17
RESPITE

♦ Provides brief periods of relief to a full-time caregiver

♦ Person under care must have physical or cognitive impairment & require 24-hour care or supervision

♦ AAAs contract services through qualified providers

The ability to stay in one’s own home relies on the ability to ensure proper health and safety of the individual requiring care. Basic needs including food and personal care are primary but other basic tasks are also required. In some cases, the health of a caregiver must also be considered. Home delivered meals, homemaker services and respite for caregivers provide a safe, healthy environment for everyone involved. Without these services, independence would likely be lost.

ICOA COMBINED COST ($2,661) IS 80% & 96.7% LESS THAN MEDICAID’S ASSISTED LIVING ($13,505) & SKILLED NURSING ($80,000) COSTS
ICOA works collaboratively with the AAAs and select partners to provide proactive services for Idaho seniors. While prevention is preferable, some services must focus on crisis intervention when negative outcomes are imminent. These services further protect vulnerable adults’ physical safety and wellbeing.

**ADULT PROTECTION**

- Adults age 18+
- Physical, cognitive or other serious impairment
- Investigates allegations of abuse, neglect, self-neglect & exploitation
- Arranges for emergency or supportive services
- Presents training for professionals to enable proper referrals for their clients

2,885 allegations
507 substantiated

Doing the Math
$273/allegation

SFY17

$787,091

**ADULT PROTECTION SYSTEM MODIFICATION AND ENHANCEMENT PROJECT**

- Competitive two-year grant
- Strengthens statewide AP system
- Develops innovation & improvement in practice, service & reporting
- Builds system to collect in-depth, specific victim & perpetrator demographics
- Designs formal AP training program to advance workforce skills & knowledge
- Generates effective interventions

SFY17

$27,646
**Idaho Lifespan Respite**
- Competitive three-year grant
- Developed plan to expand, enhance & improved statewide access to respite service
- Improved understanding of caregiver needs
- Identified gaps in Idaho service offerings
- Funded emergency respite project to address caregiver crisis situations

Although this grant ended this year, the work was supported by Idaho House Concurrent Resolution 24 in state legislative session 2015 and Resolution 3 in 2016. Due to the support provided by these resolutions, ICOA and the Idaho Caregiver Alliance are moving forward with implementing Idaho’s Lifespan Family Caregiver Action Plan. In addition, ICOA built on this work through an award of an additional three-year grant, advancing Idaho’s Lifespan Respite System.

**Model Approaches to Statewide Legal Service Delivery System**
- Competitive grant in partnership with Idaho Legal Aid
- Provided reliable legal assistance including long-term care planning
- Impacted senior safety & security
- Funded Senior Legal Hotline & Senior Legal Guidebook (available online)
- Developed senior interactive legal forms (www.idaholegalaid.org)
- Trained attorneys on Medicaid during long-term care
- Implemented uniform legal data collection & reporting system
- Funded senior legal clinics & “simple will” education events

<table>
<thead>
<tr>
<th>Strategic Grants Extend Influence</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Idaho Lifespan Respite</strong></td>
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<tr>
<td>- Competitive three-year grant</td>
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<tr>
<td><strong>SFY17</strong> $56,649</td>
</tr>
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</table>

| **Model Approaches to Statewide Legal Service Delivery System** |
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| - Implemented uniform legal data collection & reporting system |
| - Funded senior legal clinics & “simple will” education events |
| **SFY17** $92,717                |
ACCESS TO INFORMATION ENABLES SELF-ADVOCACY

INFORMATION AND ASSISTANCE (I&A)

- Promotes ability to make informed choices
- Ensures access to reliable resources through assessment, referral & follow-up
- Determines eligibility, registers clients & sets up services
- Provided directly by AAAs

While providing information seems simple, the range of topics and services vary widely. They include but are not limited to transportation, nutrition, health, socialization, employment, in-home services, legal assistance, adult protection, and advocacy through the Ombudsman program.

THE AGING AND DISABILITY RESOURCE CENTER/NO WRONG DOOR (NWD)

- Competitive, three-year grant in partnership with Health and Welfare, 211 CareLine, Disability Agencies & AAAs
- Developed strategic plan to streamline access to long-term care services
- Supports Person Centered Counseling (PCC) to support informed choices

29,559 contacts
5,520 clients
$1,063,768

$32,388
TRANSPORTATION

- To/from community facilities for purpose of applying for/receiving services
- Reduces isolation
- Promotes independence
- AAAs contract services with public transit providers including senior centers

Doing the Math

$3.63/one-way trip

135,023 trips

SFY17

490,746

LEGAL ASSISTANCE

- Contracted through AAAs to local Idaho Legal Aid
- Assists with income, health care, long-term care, nutrition, housing, utilities, protective services, defense of guardianship, abuse, neglect & age discrimination

978 hours

432 cases

Most Common Cases

Health care (151)
Long-term care (106)
Income (84)
Housing (72)

SFY17

106,479
DISEASE PREVENTION & HEALTH PROMOTION
♦ Includes seniors, spouses & families
♦ Provides health-related information, services & activities
♦ AAAs provide service directly or select one or more providers

<table>
<thead>
<tr>
<th>AAA I</th>
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<th>AAA V</th>
<th>AAA VI</th>
</tr>
</thead>
</table>
| • Care Transitions Intervention
  • Powerful Tools for Caregivers | • Self-Management Programs
  • Diabetes (DSMP)
  • Chronic Pain (CPSMP)
  • Rosalynn Carter Institute (Resources Enhancing Alzheimer’s Caregiver Health) | • DSMP
  • Exploring feasibility for Care Transitions Intervention | • Over 60 & Getting Fit class | • Chronic Disease Self-Management Program (CDSMP)
  • DSMP
  • Powerful Tools for Caregivers | • CDSMP
  • DSMP |

MEDICARE IMPROVEMENTS FOR PATIENTS AND PROVIDERS ACT (MIPPA)
♦ In collaboration with Idaho Department of Insurance, Senior Health Insurance Benefits Advisors (SHIBA) program
♦ Assists low income Medicare beneficiaries
♦ Educates about Medicare Savings Program (MSP) & Low-Income Subsidies (LIS)
♦ MSP & LIS reduces medication & Medicare costs
♦ Encourages participation & renewal of Part D medication plan
♦ Teaches prevention & wellness benefits

The program develops partnerships with pharmacies, churches, and non-profit organizations statewide. ICOA directly manages this grant and provides additional funding to the AAAs to provide outreach and training to local host agencies.
**Financial Confidence Provides Sense of Security**

**Senior Community Service Employment Program (SCSEP)**
- Seniors needing to re-enter workforce
- Provides training to enhance employability
- Work in exchange for on-the-job training
- Funding direct to ICOA

ICOA contracts with Experience Works. The program provides a minimum income while participants gain skills and experience. Host agencies provide training. After completion, Experience Works assists participants to gain regular employment.

**Senior Medicare Patrol (SMP)**
- Educates seniors about Medicare fraud
- Teaches beneficiaries to detect, report & prevent health care fraud
- Provides significant training for SMP staff & volunteers

**SFY17**

- **$405,211**
- **39,640 hours**
- **64 participants**
- **327 group presentations**
- **156 community events**
- **998 counseling sessions**
- **2 statewide Scam Jams**
- **$272,102**
Food Programs Provide Sustenance

**Congregate Meals**
- Served primarily at senior centers
- May offer concurrent events like health programs & educational presentations
- Provides socialization
- AAAs contract directly with senior centers & other meal sites

The congregate meal program requires strong community networking. Relationships fostered by the program are beneficial to the community as a whole. The program relies heavily on efforts by meal sites and their volunteers. Socialization plays a vital role in successful aging for Idaho communities.

**Nutrition Services Incentive Program (NSIP)**
- Provides incentive funding for meal sites
- Focused on domestic commodities

### Doing the Math
- **Client Meals**: 465,345
- **Visitor Meals**: 32,185
- **Clients**: 13,436

\[
\text{Average Cost per Meal} = \frac{\text{Total Cost}}{\text{Total Meals}} = \frac{1,749,729}{465,345 + 32,185} = 3.52
\]

\[
\text{Total Cost} = 3.52 \times (465,345 + 32,185) = 1,749,729
\]

**Nutrition Services Incentive Program (NSIP)**
- **SFY17**: 1,749,729

---

```
465,345 client meals
32,185 visitor meals
13,436 clients

Doing the Math
$3.52/meal

SFY17
$1,749,729
```
Commodity Supplemental Food Program (CSFP)

- Low-income seniors
- Provides nutritious monthly USDA food boxes
- Includes nutrition information & recipes
- ICOA partners directly with the Idaho Foodbank who distributes boxes

26,400 food boxes

2,200 clients

Food Can Be Scarce
In 2017, 234 Idaho seniors were on a wait list to receive monthly CSFP food boxes

$168,467
Ombudsman Advocates for Those Who Can’t

The Long-term Care Ombudsman program was created out of growing reports about the mistreatment of nursing home residents in the late 1960’s and early 70’s, which motivated President Nixon to sign a Presidential Directive in 1971. The program was developed to improve the quality of care in America’s nursing homes by addressing abuse and neglect of the residents.

In 1972, Idaho was among the first five states to establish an Ombudsman program. Charged with advocating for the rights of residents, local programs were established in Idaho’s six Area Agencies on Aging (AAAs) and today serve the residents in each of Idaho’s 79 nursing homes and 279 assisted living facilities.

In SFY17, fifty-two volunteers assisted the ten local Ombudsmen in providing over 3,100 unannounced facility visits, along with providing Ombudsman services and resources to the residents. In addition, the local Ombudsmen investigated a total of 1,074 complaints (311 in skilled nursing and 763 in assisted living facilities). Out of the 133 complaint categories, Idaho’s regions experience different types of issues when it comes to elder abuse and neglect.

The local Ombudsmen also provide education and training on aging and long-term care issues, and provided 62 training sessions to facility staff and 22 presentations in the community. There were 1,944 one-on-one consultations provided to facility managers, staff and to the public on needs ranging from alternatives to institutional care, how to select a facility, resident rights, and understanding Medicaid and Medicare. In SFY17, $647,369 was expended to advocate for those residents who were not able to maintain their independence in their own homes.
79 skilled nursing facilities (SNF)

279 assisted living (AL)

11 Ombudsmen
52 volunteers

62 training sessions
22 presentations
1,944 consultations

3,100 unannounced facility visits
1,074 complaints filed
763 in ALs, 311 in SNFs

Top 5 Complaints
1. Care
2. Autonomy, Choice, Rights & Privacy
3. Environment
4. Dietary
5. Admission, Discharge & Eviction

SFY17 $647,369
## Statewide Direct Managed Programs

### Idaho Commission on Aging Expenditures—SFY17

<table>
<thead>
<tr>
<th>Program</th>
<th>Federal</th>
<th>State</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Idaho Commission on Aging Operating</td>
<td>$586,994</td>
<td>$502,653</td>
<td>$1,089,647</td>
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<tr>
<td>Idaho Lifespan Respite Program</td>
<td>$56,649</td>
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<tr>
<td>Model Approaches to Statewide Legal Services</td>
<td>$92,717</td>
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<tr>
<td>Senior Medicare Patrol (SMP)</td>
<td>$272,102</td>
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<tr>
<td>Medicare Improvements for Patents &amp; Provider Act</td>
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<tr>
<td>Senior Community Services Employment Program (SCSEP)</td>
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<tr>
<td>Adult Protection System Modification Enhancements</td>
<td>$3,592</td>
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<tr>
<td>State Ombudsman</td>
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<td>Elder Abuse Prevention Title VII</td>
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<tr>
<td>Nutrition Services Incentive Program (NSIP)</td>
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<td>Commodity Supplemental Food Program</td>
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<td>Aging &amp; Disability Resource Center (ADRC)</td>
<td>$32,388</td>
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</table>

**Total Other Grants/Programs Expenditures**: $2,606,954 ($569,758) $3,176,712

### Community Based Area Agency on Aging

<table>
<thead>
<tr>
<th>Program</th>
<th>Federal</th>
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<tr>
<td>Home Delivered Meals</td>
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<tr>
<td>Homemaker</td>
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<td>Respite</td>
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<td>Family Caregiver Counseling</td>
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<td>Disease Prevention and Health Promotion</td>
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<tr>
<td>Congregate Meals</td>
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<tr>
<td>Legal Assistance</td>
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</tr>
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**Total AAA Expenditures**: $5,422,164 ($3,961,242) $9,383,405

**Total FY 2017 Expenditures**: $8,029,118 ($4,531,000) $12,560,118
## Funding Allocations & Expenditures

### Area Agencies on Aging—SFY17

<table>
<thead>
<tr>
<th>Allocation</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Older Americans Act Federal Fund Allocation</td>
<td>$5,383,400</td>
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<tr>
<td>Total State General Fund Allocation</td>
<td>$3,977,100</td>
</tr>
<tr>
<td>Total Funds</td>
<td>$9,360,500</td>
</tr>
</tbody>
</table>

### State Fiscal Year 2017 Interstate Funding Formula Allocations vs. Expenditures

<table>
<thead>
<tr>
<th>Area</th>
<th>Base Allocation</th>
<th>Weighted &quot;At Risk&quot; Percentage</th>
<th>Weighted Fund Allocation</th>
<th>Total SFY17 Funds Allocated</th>
<th>Total SFY17 Actual Expenditures</th>
</tr>
</thead>
<tbody>
<tr>
<td>Area I</td>
<td>$156,008</td>
<td>17.10%</td>
<td>$1,436,002</td>
<td>$1,592,010</td>
<td>$1,572,850</td>
</tr>
<tr>
<td>Area II</td>
<td>$156,008</td>
<td>8.70%</td>
<td>$730,880</td>
<td>$886,888</td>
<td>$887,019</td>
</tr>
<tr>
<td>Area III</td>
<td>$156,008</td>
<td>36.10%</td>
<td>$3,044,479</td>
<td>$3,200,487</td>
<td>$3,233,241</td>
</tr>
<tr>
<td>Area IV</td>
<td>$156,008</td>
<td>15.50%</td>
<td>$1,307,904</td>
<td>$1,463,912</td>
<td>$1,469,007</td>
</tr>
<tr>
<td>Area V</td>
<td>$156,008</td>
<td>11.80%</td>
<td>$993,937</td>
<td>$1,149,945</td>
<td>$1,147,651</td>
</tr>
<tr>
<td>Area VI</td>
<td>$156,008</td>
<td>10.80%</td>
<td>$911,249</td>
<td>$1,067,257</td>
<td>$1,073,636</td>
</tr>
<tr>
<td>Total</td>
<td>$936,050</td>
<td>100.00%</td>
<td>$8,424,450</td>
<td>$9,360,500</td>
<td>*$9,383,405</td>
</tr>
</tbody>
</table>

*Actual expenditures are greater than allocation because of federal carryover funds from the previous year*

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"How the entire system works and helps our aging population at the local level [is] immense and very positive."

- L. Elfering, ICOA Commissioner
The totality of aging issues can seem immense. Considering only acute needs is daunting, much less contemplating proactive efforts that will facilitate successful aging in the future. This is compounded when most people don’t think of themselves as aging, much less “elderly” until an illness, injury or incapacity occurs. The Idaho Commission on Aging believes that proactive efforts and informed life choices can determine how well we age. With that in mind, ICOA has identified strategic priorities from the vast array of possible aging issues.

ICOA successfully implemented and administered services throughout the state in 2017. The benchmarks collected for service expenses and unit data will be utilized throughout the next fiscal year to improve cost efficiencies and service effectiveness. By looking at the cost, usage and service quality, ICOA will work with the Area Agencies on Aging to create service and cost levels that best assist seniors and people with disabilities through our strategic focus.
## New Grants in SFY 2018

<table>
<thead>
<tr>
<th>Idaho’s Dementia-Capable Service System</th>
<th>Lifespan Respite Care Integration &amp; Sustainability</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>$649,093 grant</strong></td>
<td><strong>$245,786 grant</strong></td>
</tr>
<tr>
<td>✦ Training protocols that reflect the needs of clients, caregivers, providers &amp; staff</td>
<td>✦ Increase the number of caregivers accessing respite information &amp; arranging respite services</td>
</tr>
<tr>
<td>✦ Provider &amp; staff knowledge, skills &amp; attitudes about dementia</td>
<td>✦ Increase respite options for family caregivers</td>
</tr>
<tr>
<td>✦ Access to online dementia-capable resources</td>
<td>✦ Expanded access to information through health care providers &amp; Critical Access Hospitals</td>
</tr>
<tr>
<td>✦ Awareness of brain health</td>
<td>✦ Increase number &amp; type of agencies providing caregiver respite information</td>
</tr>
<tr>
<td>✦ Importance of diagnosis</td>
<td></td>
</tr>
<tr>
<td>✦ Community resources</td>
<td></td>
</tr>
<tr>
<td>✦ Caregiver knowledge, satisfaction, &amp; self-efficacy</td>
<td></td>
</tr>
<tr>
<td>✦ Knowledge of consumer-directed respite</td>
<td></td>
</tr>
<tr>
<td>✦ Confidence to manage a consumer-directed program</td>
<td></td>
</tr>
</tbody>
</table>

The ICOA is requesting a $50,000 one-time allocation to identify innovative Adult Protection Service (APS) approaches. Funds will provide for revised state policies, legislative solutions, and an functional path to a multi-disciplinary approach. Evaluation and design will include methodologies for early prevention and crisis intervention as well as short-term alternative community placement, and a state AP registry feasibility analysis.
The ICOA Board of Commissioners, appointed by the Governor, brings varied professional experience, personal understanding and priority of issues facing older Idahoans. Seven Commissioners are selected with a single “at-large”, plus one from each of the service areas. This provides breadth in geographic and demographic representation, but the Board operates on behalf of all Idahoans. The Commissioners meet quarterly and assist ICOA to focus efforts and refine results.

DR. VICTOR B. WATSON, COMMISSION CHAIR

- Higher education (leadership & management)
- Experience with long-term care & caregiver needs, reliance on state resources
- Resource awareness & education
- Impact on limited resources due to growing elderly population & resulting increased potential for negative outcomes

AREA I - CHRIS MAGERA, LCSW

- Care Transition Services (Kootenai Health)
- Aging from a healthcare perspective
- Address obstacles & opportunities for seniors & their families

AREA II—DAVID PANKEY

- U.S. Army veteran, Health Insurance (Regence BlueShield, Underwriting)
- Hardship & obstacles of family caregivers managing Alzheimer’s
- Understand, address & provide value to support Idahoans as they age
**Area III—Lorraine Elfering, Vice-Chair**
- Law enforcement - 911 Center (Project management, grants)
- Family experiences, 911 calls from elderly & senior center volunteering
- Staying healthy, active & independent
- Education & proactive action

**Area IV—David Maestas**
- Owner (3 Springs Vineyard)
- Caregiver for parents, senior center volunteer (Gooding)
- Community-based medical relationships

**Area V—Sharon Sturm**
- Indigent & Veteran Services (Bingham County)
- Ensuring all residents in need are recognized & efficiently directed to proper resource
- Experience with adult protection, law enforcement, hospitals & service agencies

**Area VI—Mark Brown**
- Cares for & interfaces with the elderly on a daily basis
- Bring a younger perspective to aging issues
- Improve community awareness of elderly issues & state services through effective communication

**Judy B. Taylor, RN/MSN ICOA Administrator**
- Idaho State Board of Nursing
- Rehabilitation expert (ID Elks)
- Strategic healthcare leader
- Family empowerment
- Primary prevention
- Change via education & influence
ICOA EMPOWERS IDAHO SENIORS TO AGE SUCCESSFULLY

Judy B. Taylor, Administrator
341 W Washington, 3rd Floor
Boise ID 83702

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@IdahoCommissiononAging
@commissionAging
www.aging.idaho.gov

AAAS PUT LEGS TO ICOA PROGRAMS

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North Idaho College
Director Dan English
2120 N Lakewood Dr, Ste B
Coeur d'Alene ID 83814
208.667.3179  800.786.5536

South Central — Area IV
College of Southern Idaho
Director Suzanne McCampbell
315 Falls Ave
Twin Falls ID 83303
208.736.2122  800.574.8656

East — Area VI
Eastern Idaho Community Action Partnership
Director Morgan Nield
935 Lincoln Rd
Idaho Falls ID 83405
208.522.5391  800.632.4813

Southwest — Area III
Area 3 Senior Services Agency
Director Raul Enriquez
701 S. Allen Suite 100
Meridian ID 83642
208.898.7060  844.850.2883

North Central — Area II
Community Action Partnership
Director Jenny Zorens
124 New 6th St
Lewiston ID 83501
208.743.5580  800.877.3206

Southeast — Area V
Southeast Idaho Council of Governments
Director Mike Hirschi
214 E.Center
Pocatello ID 83201
208.233.4032  800.526.8129