

# SUCCESSFUL AGING:



REFLECTING ON THE PAST  
SHAPING THE FUTURE

## ANNUAL REPORT IDAHO COMMISSION ON AGING State Fiscal Year 2017 (SFY17)



C.L. "Butch" Otter, Governor



# ICOA IMPROVES LIVES THROUGH VISION & MISSION

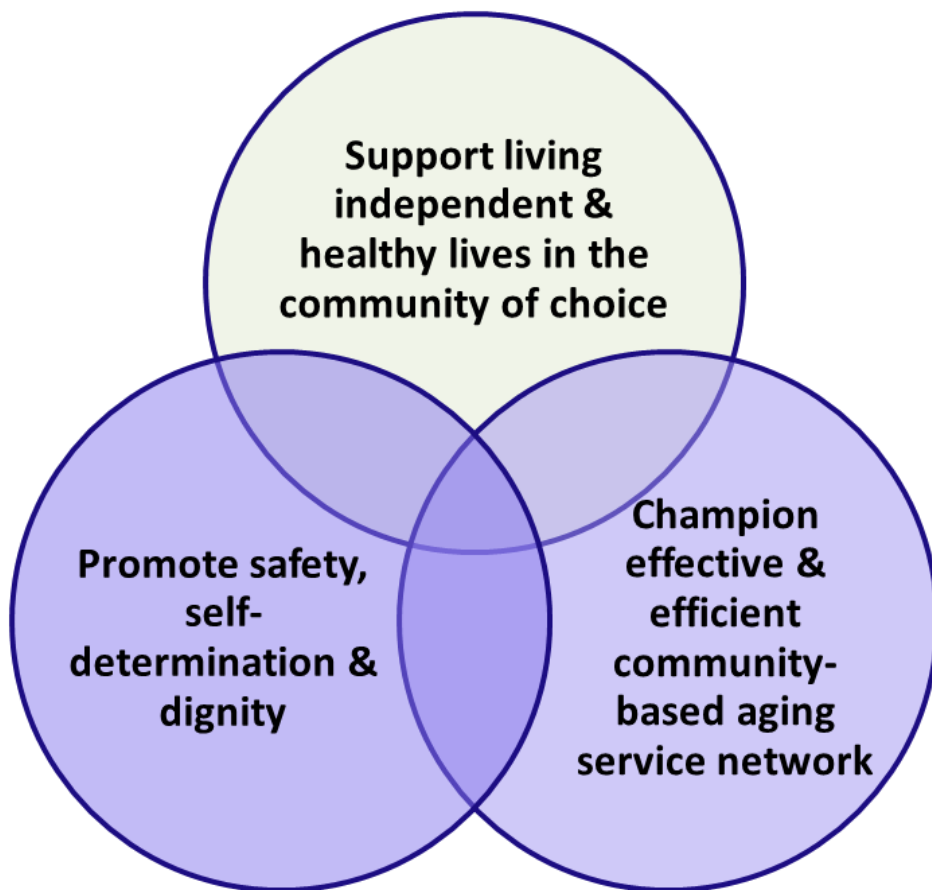
◆ Commission Assists Idahoans to Age Successfully.....	2
◆ Idaho Code Authorizes Aging Services .....	3
◆ Legislation Identifies Responsibilities .....	4
◆ Funding Formula Determines Allocation.....	6
◆ Federal & State Funding Drives Results.....	8
◆ Commission Programs Promote Aging in Place .....	9
◆ Aging in Place Saves Idaho Dollars.....	10
◆ Supportive Services Bridge the Gap .....	11
◆ Crisis Intervention Supports Safety.....	14
◆ Strategic Grants Extend Influence .....	15
◆ Access to Information Enables Self-Advocacy .....	16
◆ Financial Confidence Provides Sense of Security.....	19
◆ Food Programs Provide Sustenance .....	20
◆ Ombudsman Advocates for Those Who Can't.....	22
◆ ICOA & AAA Allocations & Expenditures.....	24
◆ Focus on Future Shapes Successful Aging in Idaho .....	26
◆ New Endeavors Enrich Future of Aging in Idaho.....	27
◆ Commissioners Focus Efforts, Refine Results .....	28

RESPECTFULLY SUBMITTED TO THE GOVERNOR BY JUDY B. TAYLOR, ICOA ADMINISTRATOR

## COMMISSION ASSISTS IDAHOANS TO AGE SUCCESSFULLY

As we age tasks like bathing, dressing, and walking may become more difficult. Activities like shopping, cleaning, keeping track of finances and medicines may also become challenging. Because older Idahoans may not be capable of independently performing these activities of daily living, ICOA has targeted programs to help people safely stay at home, and active in their communities.

This report reflects progress of ICOA priorities that benefit Idaho's aging population through facilitating programs and services.



## IDAHO CODE AUTHORIZES AGING SERVICES

In 1968, Governor Don Samuelson designated the Idaho Commission on Aging (ICOA) to address aging issues (67-5003). Additionally, as identified in Idaho Code Title 67-5005, the legislature:

“recognizes the need to provide basic necessities to its older people in their later years and particularly in providing efficient community services, including access to transportation, adequate nutrition, in-home services, and adult day care, designed to permit its older people to remain independent and to be able to avoid institutionalization; and that these services be provided in a coordinated manner and be readily available when needed and accessible to all older people.”

From these authorizations provided in Idaho Code, ICOA continues to provide services to promote aging successfully to Idahoans, guided by our Vision and Mission.

### VISION

To provide an informative,  
visible, reliable & easily  
accessible support system  
for aging Idahoans

### MISSION

To lead system creation &  
network coordination to  
support Idaho’s aging  
population

“I am humbled to be part of an organization with  
such a great mission and to see how appreciative  
those are who receive the services.”

- D. Pankey, ICOA Commissioner

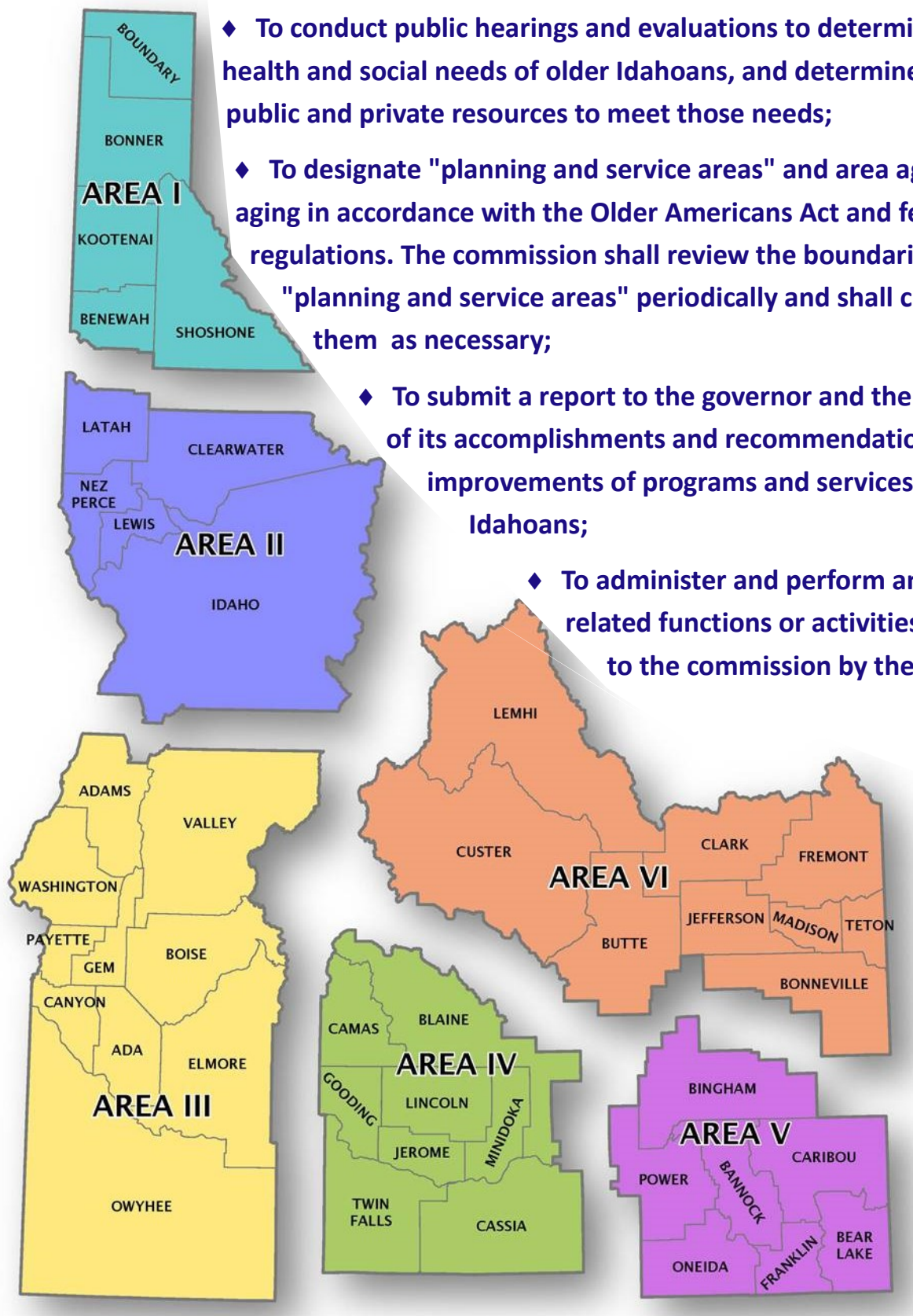
## LEGISLATION IDENTIFIES RESPONSIBILITIES

The vision and mission that drive ICOA reflect the gubernatorial and legislative charter defined in Idaho code. Title 67-5003 also designates specific responsibilities for the Commission including:

- ◆ To serve as an advocate within state government and the community for older Idahoans;
- ◆ To serve as an advisory body regarding state legislative issues affecting older Idahoans;
- ◆ To promulgate, adopt, amend and rescind rules related to programs and services administered by the commission;
- ◆ To enter into funding agreements as grants and contracts within the limits of appropriated funds to carry out programs and services for older Idahoans;

“The Idaho Commission on Aging can be at the forefront on collecting related data and leading the way in proposing remedies for those elderly left alone and without resources.”

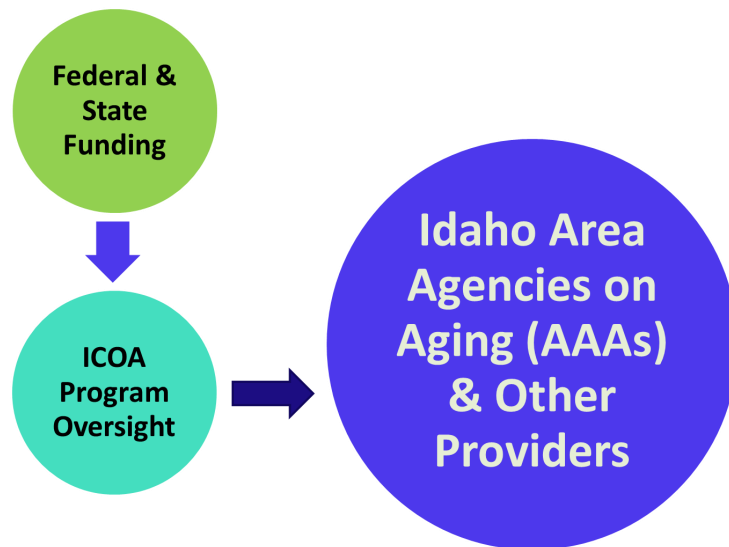
- V. Watson, ICOA Commission Chair



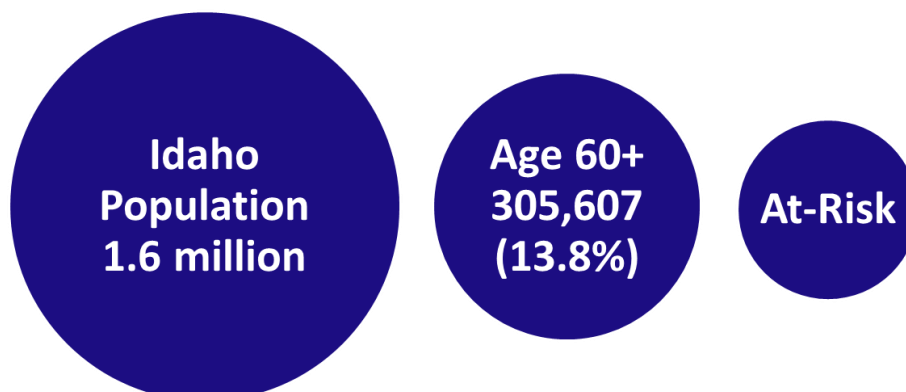
- ◆ To conduct public hearings and evaluations to determine the health and social needs of older Idahoans, and determine the public and private resources to meet those needs;
- ◆ To designate "planning and service areas" and area agencies on aging in accordance with the Older Americans Act and federal regulations. The commission shall review the boundaries of the "planning and service areas" periodically and shall change them as necessary;
- ◆ To submit a report to the governor and the legislature of its accomplishments and recommendations for improvements of programs and services for older Idahoans;
- ◆ To administer and perform any other related functions or activities assigned to the commission by the governor.

## FUNDING FORMULA DETERMINES ALLOCATION

The ICOA funds statewide projects and localized services. The Commission contracts with six Area Agencies on Aging (AAAs) to provide services in specific areas. These contracts utilize an Intrastate Funding Formula (IFF) to determine monetary allocations. The formula was developed by ICOA in collaboration with the AAAs and was approved by the Administration for Community Living (ACL) as part of the Idaho Senior Services State Plan.

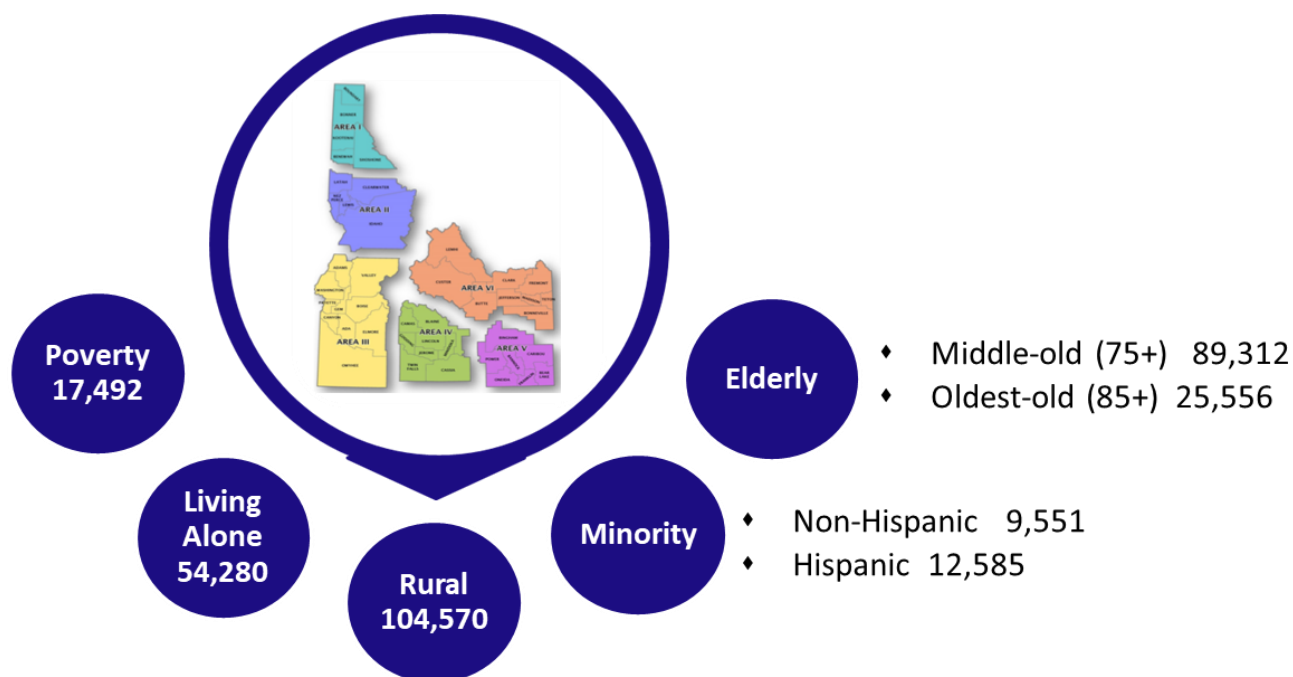


The ICOA provides services to all Idahoans, however, the IFF provides additional funding to those areas where people have the greatest economic and social need. These indicate increased risk for institutional placement which is what the Commission works to reduce.





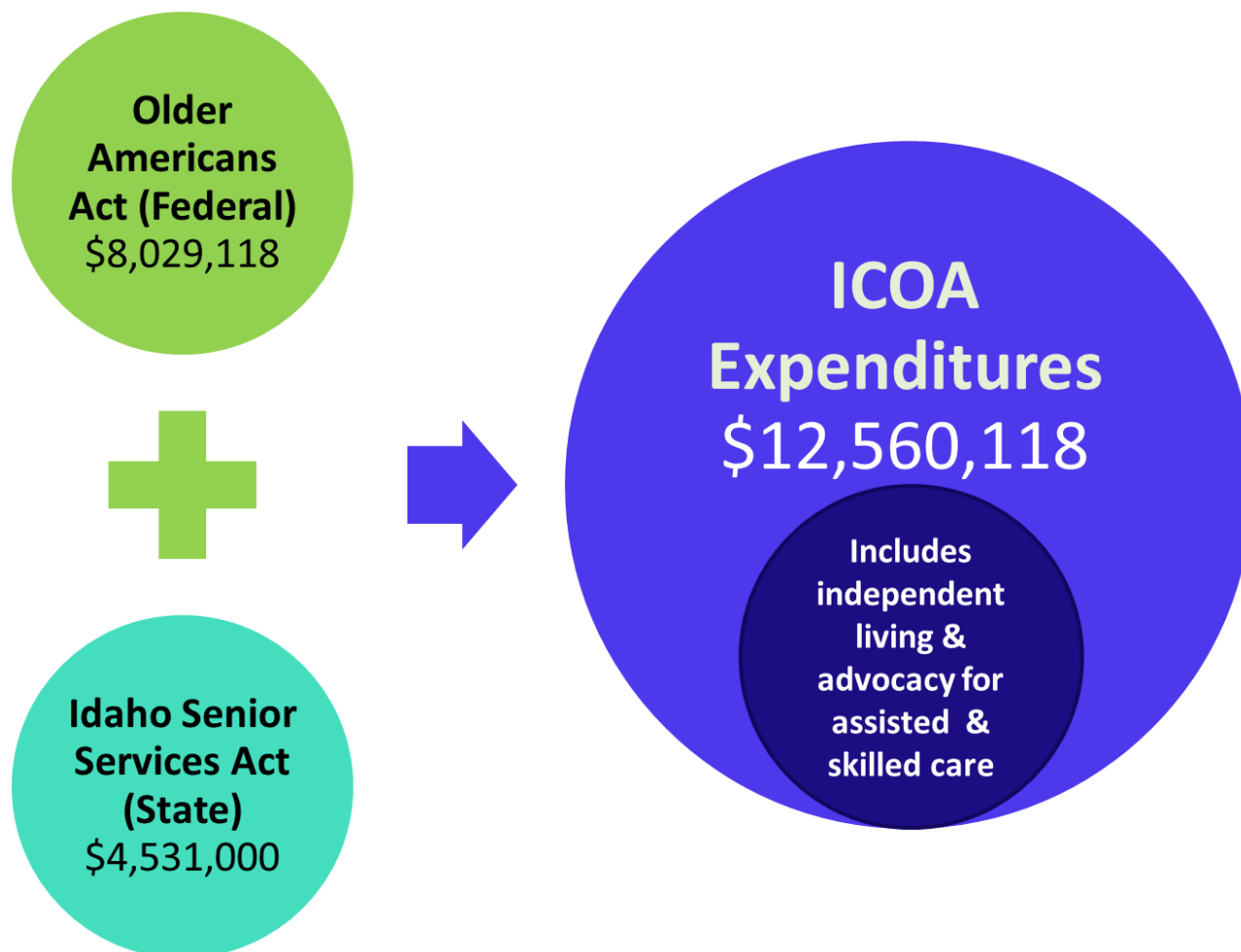
Although services have specific requirements for participation, regional funding for programs is based on “at-risk” factors. These factors make up the variables for IFF and determine the final funding allocations.



Planning & Service Area	AAA I	AAA II	AAA III	AAA IV	AAA V	AAA VI	TOTAL
Aged 60+	52,773	25,245	127,236	36,834	29,842	33,677	305,607
65+ in Poverty	2,970	1,487	7,621	2,568	1,416	1,430	17,492
65+ Living Alone	8,807	5,061	23,163	6,776	5,432	5,041	54,280
60+ Racial Minority	1,489	961	4,269	815	1,307	710	9,551
60+ Hispanic	887	279	6,204	2,671	1,400	1,144	12,585
60+ Living Rural	20,647	9,179	25,218	21,047	15,748	12,731	104,570
Aged 75+	14,786	8,040	36,117	11,378	9,179	9,811	89,312
Aged 85+	3,826	2,178	10,646	3,392	2,487	3,027	25,556
Weighted (At Risk) Population	53,412	27,185	113,239	48,647	36,969	33,894	313,346
	17.05%	8.68%	36.14%	15.53%	11.80%	10.82%	100%

## FEDERAL & STATE FUNDING DRIVES RESULTS

The Commission manages statewide programs. Regional programs are managed by the AAAs with allocated funds based on the IFF.

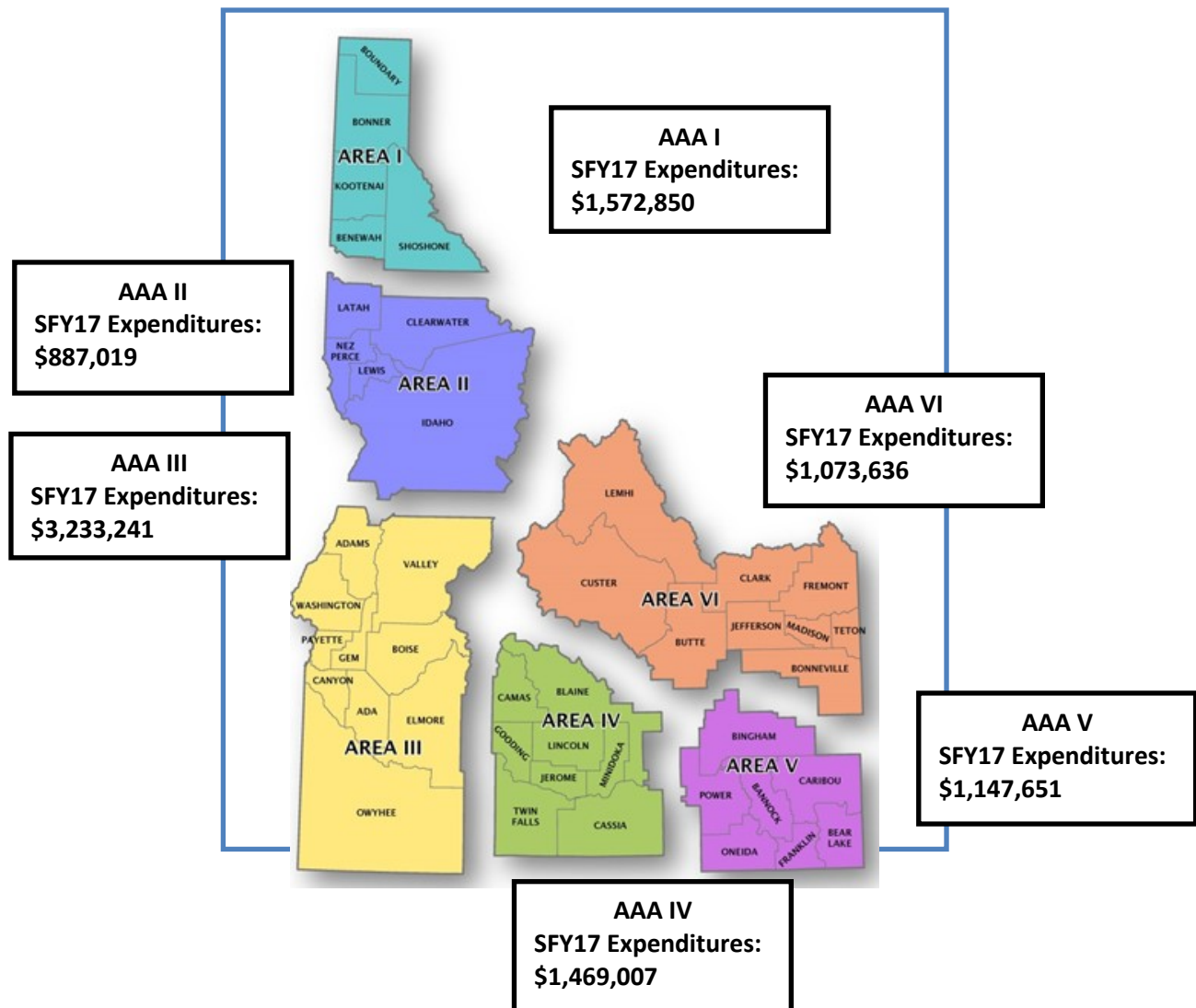


# COMMISSION PROGRAMS PROMOTE AGING IN PLACE

The primary purpose is to assist seniors and people with disabilities to avoid institutionalization and remain as independent as possible in their homes and communities of choice. Sometimes, aging in place is not possible. In those cases, ICOA funds support advocacy for the rights of seniors who reside in assisted living or skilled nursing facilities.

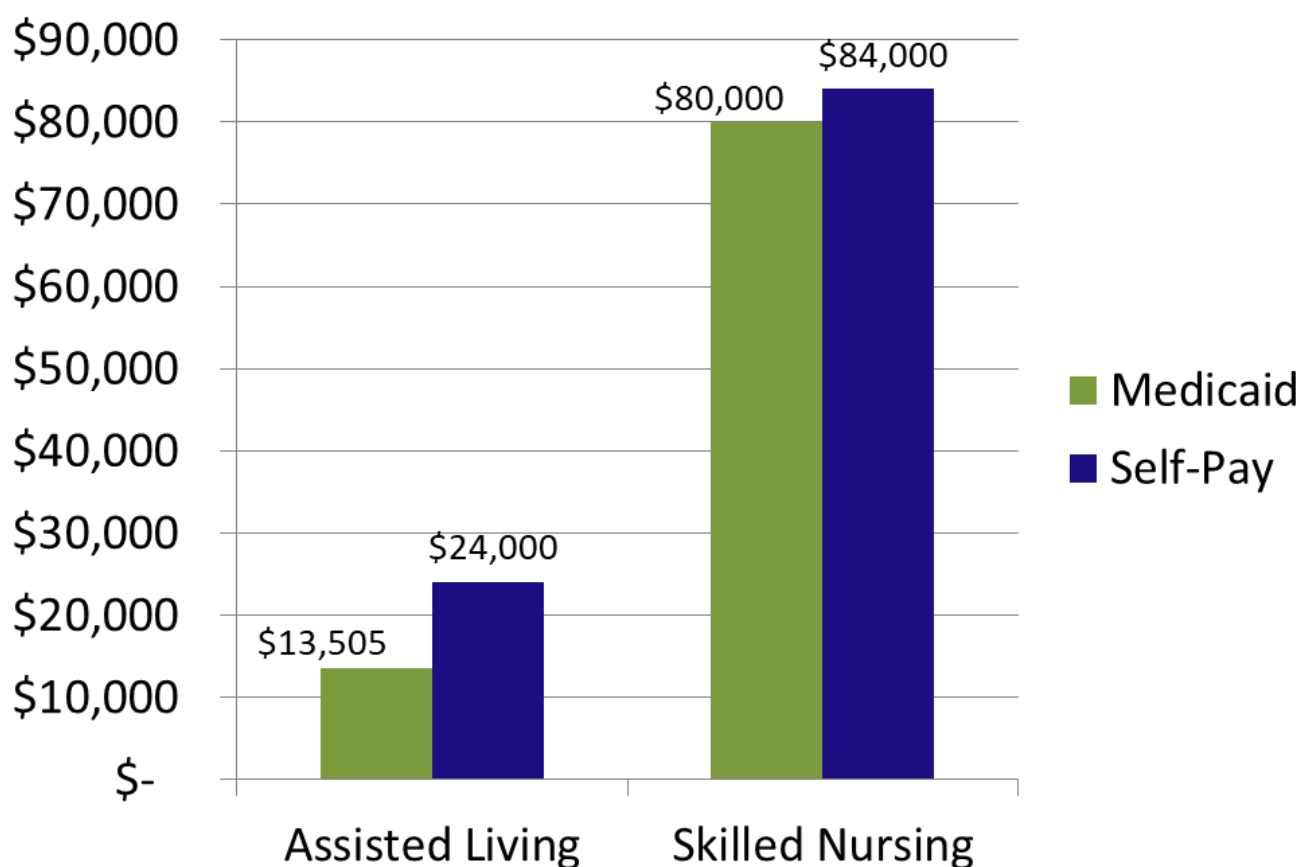
**ICOA STATEWIDE PROJECT  
EXPENDITURES \$3,176,712**

**AAA LOCAL PROJECT EXPENDITURES \$9,383,405**



## AGING IN PLACE SAVES IDAHO DOLLARS

- ◆ ICOA receives funding from both the Federal and State governments
- ◆ Funds are prioritized to help aging Idahoans most at-risk to avoid unnecessary placement in a skilled nursing facility
- ◆ ICOA carefully assesses, plans, and evaluates programs to ensure wise spending
- ◆ By assisting people to stay in their communities, a significant amount of money is saved, both by families and taxpayers who fund Medicaid spending



Average annual costs for either assisted living or skilled nursing facilities are significant. Whether paid by Medicaid or private funds, these services cost Idaho families and taxpayers money. If people are not able to live independently, assisted living or skilled nursing facilities are the only other choices.

## SUPPORTIVE SERVICES BRIDGE THE GAP

Unassisted performance of ADLs is a clear criteria for living independently. Even so, services can assist when a person lacks the capacity to fully maintain their homes or health. Supportive services provide a resource when a person may require partial or temporary assistance. This includes help with meals, household chores and respite for caregivers.

### HOME DELIVERED MEALS

- ◆ Homebound seniors
- ◆ Provides at least one meal per day, at least five days per week
- ◆ Costs include food, preparation, delivery, dietician services, and AAA program management

The per meal cost remains reasonable due in no small part to Idaho's senior centers, other meal sites, and numerous volunteers who ensure homebound seniors receive the meals they need.



**\$584** per homebound  
senior per year



SFY17

**2,224,785**

## HOMEMAKER

- ◆ Offers assistance with tasks such as housekeeping, meal planning, meal preparation, essential shopping, personal errands, banking, bill paying & medication management
- ◆ No charge if under poverty level, otherwise an income-based cost-share



**53,921** hours



**1,404** clients

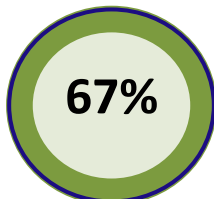
SFY17  
**\$ 868,790**

**Doing the Math**

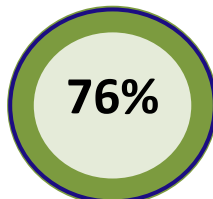
**\$16.11/hour**

**\$618.80 /client/year**

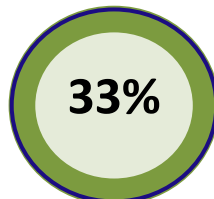
**3.2 hours/client/month**



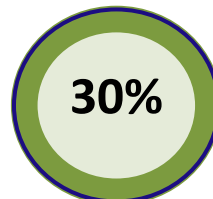
2+ADLs



Alone



Poverty

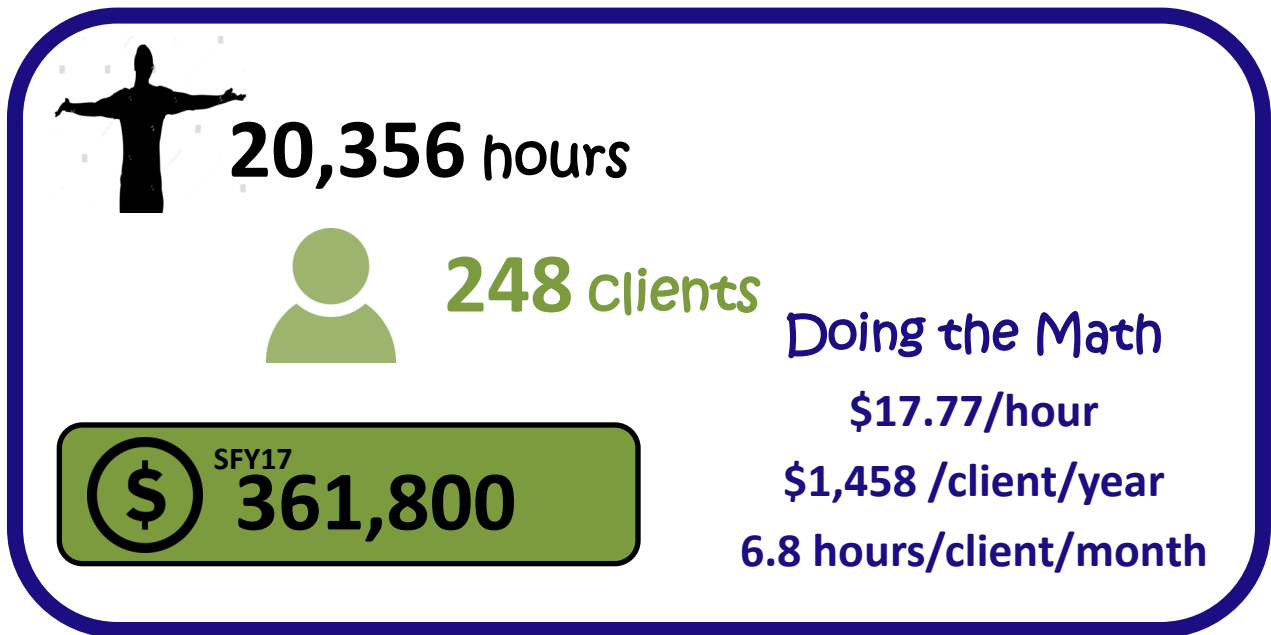


Rural

Factors for "at-risk" independent adults

## RESPITE

- ◆ Provides brief periods of relief to a full-time caregiver
- ◆ Person under care must have physical or cognitive impairment & require 24-hour care or supervision
- ◆ AAAs contract services through qualified providers



The ability to stay in one's own home relies on the ability to ensure proper health and safety of the individual requiring care. Basic needs including food and personal care are primary but other basic tasks are also required. In some cases, the health of a caregiver must also be considered. Home delivered meals, homemaker services and respite for caregivers provide a safe, healthy environment for everyone involved. Without these services, independence would likely be lost.

**ICOA COMBINED COST (\$2,661) IS  
80% & 96.7% LESS  
THAN MEDICAID'S  
ASSISTED LIVING (\$13,505) &  
SKILLED NURSING (\$80,000) COSTS**

## CRISIS INTERVENTION SUPPORTS SAFETY

ICOA works collaboratively with the AAAs and select partners to provide proactive services for Idaho seniors. While prevention is preferable, some services must focus on crisis intervention when negative outcomes are imminent. These services further protect vulnerable adults' physical safety and wellbeing.

### ADULT PROTECTION

- ◆ Adults age 18+
- ◆ Physical, cognitive or other serious impairment
- ◆ Investigates allegations of abuse, neglect, self-neglect & exploitation
- ◆ Arranges for emergency or supportive services
- ◆ Presents training for professionals to enable proper referrals for their clients

**2,885** allegations

**507** substantiated

Doing the Math  
\$273/allegation



SFY17

**787,091**

### ADULT PROTECTION SYSTEM MODIFICATION AND ENHANCEMENT PROJECT

- ◆ Competitive two-year grant
- ◆ Strengthens statewide AP system
- ◆ Develops innovation & improvement in practice, service & reporting
- ◆ Builds system to collect in-depth, specific victim & perpetrator demographics
- ◆ Designs formal AP training program to advance workforce skills & knowledge
- ◆ Generates effective interventions



SFY17

**27,646**



## STRATEGIC GRANTS EXTEND INFLUENCE

### IDAHO LIFESPAN RESPITE

- ◆ Competitive three-year grant
- ◆ Developed plan to expand, enhance & improved statewide access to respite service
- ◆ Improved understanding of caregiver needs
- ◆ Identified gaps in Idaho service offerings
- ◆ Funded emergency respite project to address caregiver crisis situations

 <sup>SFY17</sup> 56,649

Although this grant ended this year, the work was supported by Idaho House Concurrent Resolution 24 in state legislative session 2015 and Resolution 3 in 2016. Due to the support provided by these resolutions, ICOA and the Idaho Caregiver Alliance are moving forward with implementing Idaho's Lifespan Family Caregiver Action Plan. In addition, ICOA built on this work through an award of an additional three-year grant, advancing Idaho's Lifespan Respite System.

### MODEL APPROACHES TO STATEWIDE LEGAL SERVICE DELIVERY SYSTEM

- ◆ Competitive grant in partnership with Idaho Legal Aid
- ◆ Provided reliable legal assistance including long-term care planning
- ◆ Impacted senior safety & security
- ◆ Funded Senior Legal Hotline & Senior Legal Guidebook (available online)
- ◆ Developed senior interactive legal forms ([www.idaholegalaid.org](http://www.idaholegalaid.org))
- ◆ Trained attorneys on Medicaid during long-term care
- ◆ Implemented uniform legal data collection & reporting system
- ◆ Funded senior legal clinics & "simple will" education events

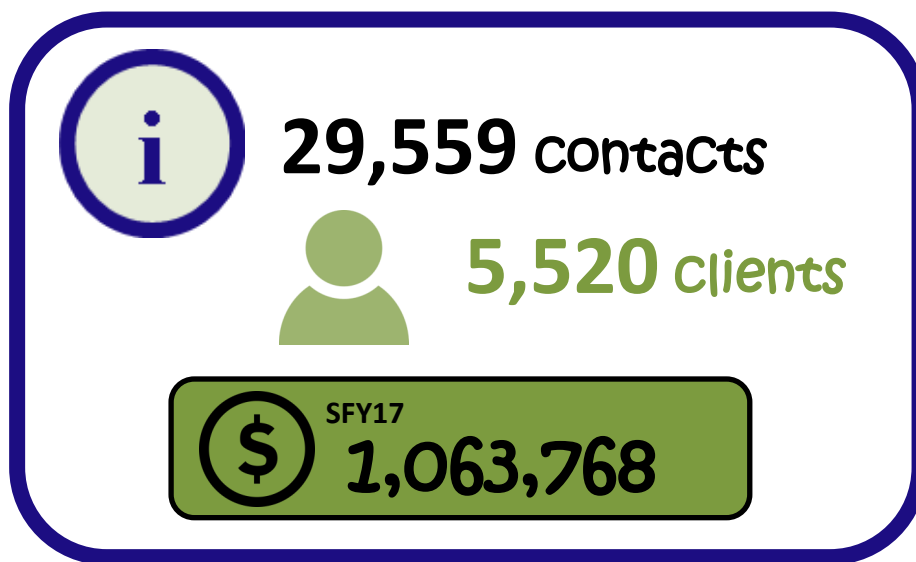
 <sup>SFY17</sup> 92,717

## ACCESS TO INFORMATION ENABLES SELF-ADVOCACY

### INFORMATION AND ASSISTANCE (I&A)

- ◆ Promotes ability to make informed choices
- ◆ Ensures access to reliable resources through assessment, referral & follow-up
- ◆ Determines eligibility, registers clients & sets up services
- ◆ Provided directly by AAAs

While providing information seems simple, the range of topics and services vary widely. They include but are not limited to transportation, nutrition, health, socialization, employment, in-home services, legal assistance, adult protection, and advocacy through the Ombudsman program.



### THE AGING AND DISABILITY RESOURCE CENTER/NO WRONG DOOR (NWD)

- ◆ Competitive, three-year grant in partnership with Health and Welfare, 211 CareLine, Disability Agencies & AAAs
- ◆ Developed strategic plan to streamline access to long-term care services
- ◆ Supports Person Centered Counseling (PCC) to support informed choices



## TRANSPORTATION

- ◆ To/from community facilities for purpose of applying for/receiving services
- ◆ Reduces isolation
- ◆ Promotes independence
- ◆ AAAs contract services with public transit providers including senior centers



**135,023 trips**



SFY17

**490,746**

**Doing the Math**

**\$3.63/one-way trip**



**978 hours**

**432 cases**

### Most Common Cases

Health care (151)

Long-term care (106)

Income (84)

Housing (72)



SFY17

**106,479**


## LEGAL ASSISTANCE

- ◆ Contracted through AAAs to local Idaho Legal Aid
- ◆ Assists with income, health care, long-term care, nutrition, housing, utilities, protective services, defense of guardianship, abuse, neglect & age discrimination

## DISEASE PREVENTION & HEALTH PROMOTION

- ◆ Includes seniors, spouses & families
- ◆ Provides health-related information, services & activities
- ◆ AAAs provide service directly or select one or more providers

AAA I	AAA II	AAA III	AAA IV	AAA V	AAA VI
<ul style="list-style-type: none"><li>• Care Transitions Intervention</li><li>• Powerful Tools for Caregivers</li></ul>	<ul style="list-style-type: none"><li>• Self-Management Programs</li><li>• Diabetes (DSMP)</li><li>• Chronic Pain (CPSMP)</li><li>• Rosalynn Carter Institute (Resources Enhancing Alzheimer's Caregiver Health)</li></ul>	<ul style="list-style-type: none"><li>• DSMP</li><li>• Exploring feasibility for Care Transitions Intervention</li></ul>	<ul style="list-style-type: none"><li>• Over 60 &amp; Getting Fit class</li></ul>	<ul style="list-style-type: none"><li>• Chronic Disease Self-Management Program (CDSMP)</li><li>• DSMP</li><li>• Powerful Tools for Caregivers</li></ul>	<ul style="list-style-type: none"><li>• CDSMP</li><li>• DSMP</li></ul>



## MEDICARE IMPROVEMENTS FOR PATIENTS AND PROVIDERS ACT (MIPPA)

- ◆ In collaboration with Idaho Department of Insurance, Senior Health Insurance Benefits Advisors (SHIBA) program
- ◆ Assists low income Medicare beneficiaries
- ◆ Educates about Medicare Savings Program (MSP) & Low-Income Subsidies (LIS)
- ◆ MSP & LIS reduces medication & Medicare costs
- ◆ Encourages participation & renewal of Part D medication plan
- ◆ Teaches prevention & wellness benefits

The program develops partnerships with pharmacies, churches, and non-profit organizations statewide. ICOA directly manages this grant and provides additional funding to the AAAs to provide outreach and training to local host agencies.



## FINANCIAL CONFIDENCE PROVIDES SENSE OF SECURITY



### SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)

- ◆ Seniors needing to re-enter workforce
- ◆ Provides training to enhance employability
- ◆ Work in exchange for on-the-job training
- ◆ Funding direct to ICOA

ICOA contracts with Experience Works. The program provides a minimum income while participants gain skills and experience. Host agencies provide training. After completion, Experience Works assists participants to gain regular employment

### SENIOR MEDICARE PATROL (SMP)

- ◆ Educates seniors about Medicare fraud
- ◆ Teaches beneficiaries to detect, report & prevent health care fraud
- ◆ Provides significant training for SMP staff & volunteers

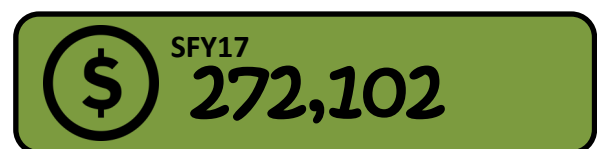


327 group presentations

156 community events

998 counseling sessions

2 statewide Scam Jams



## FOOD PROGRAMS PROVIDE SUSTENANCE

### CONGREGATE MEALS

- ◆ Served primarily at senior centers
- ◆ May offer concurrent events like health programs & educational presentations
- ◆ Provides socialization
- ◆ AAAs contract directly with senior centers & other meal sites



**465,345** client meals

**32,185** visitor meals



**13,436** clients

Doing the Math

\$3.52/meal



SFY17

**1,749,729**

The congregate meal

program requires strong community networking. Relationships fostered by the program are beneficial to the community as a whole. The program relies heavily on efforts by meal sites and their volunteers. Socialization plays a vital role in successful aging for Idaho communities.

### NUTRITION SERVICES INCENTIVE PROGRAM (NSIP)

- ◆ Provides incentive funding for meal sites
- ◆ Focused on domestic commodities



SFY17

**774,236**

## COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)

- ◆ Low-income seniors
- ◆ Provides nutritious monthly USDA food boxes
- ◆ Includes nutrition information & recipes
- ◆ ICOA partners directly with the Idaho Foodbank who distributes boxes



**26,400** food boxes



**2,200** clients



**Food Can Be Scarce**

In 2017, 234 Idaho seniors were on a wait list to receive monthly CSFP food boxes

## OMBUDSMAN ADVOCATES FOR THOSE WHO CAN'T

The Long-term Care Ombudsman program was created out of growing reports about the mistreatment of nursing home residents in the late 1960's and early 70's, which motivated President Nixon to sign a Presidential Directive in 1971. The program was developed to improve the quality of care in America's nursing homes by addressing abuse and neglect of the residents.

In 1972, Idaho was among the first five states to establish an Ombudsman program. Charged with advocating for the rights of residents, local programs were established in Idaho's six Area Agencies on Aging (AAAs) and today serve the residents in each of Idaho's 79 nursing homes and 279 assisted living facilities.

In SFY17, fifty-two volunteers assisted the ten local Ombudsmen in providing over 3,100 unannounced facility visits, along with providing Ombudsman services and resources to the residents. In addition, the local Ombudsmen investigated a total of 1,074 complaints (311 in skilled nursing and 763 in assisted living facilities). Out of the 133 complaint categories, Idaho's regions experience different types of issues when it comes to elder abuse and neglect.

The local Ombudsmen also provide education and training on aging and long-term care issues, and provided 62 training sessions to facility staff and 22 presentations in the community. There were 1,944 one-on-one consultations provided to facility managers, staff and to the public on needs ranging from alternatives to institutional care, how to select a facility, resident rights, and understanding Medicaid and Medicare. In SFY17, \$647,369 was expended to advocate for those residents who were not able to maintain their independence in their own homes.





**79** skilled nursing facilities (SNF)

**279** assisted living (AL)



**11** Ombudsmen

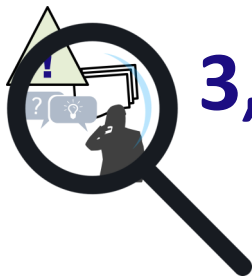
**52** volunteers



**62** training sessions

**22** presentations

**1,944** consultations



**3,100** unannounced facility visits

**1,074** complaints filed

**763** in ALs, **311** in SNFs

**Top 5 Complaints**

1. Care
2. Autonomy, Choice, Rights & Privacy
3. Environment
4. Dietary
5. Admission, Discharge & Eviction



SFY17

**647,369**

# STATEWIDE DIRECT MANAGED PROGRAMS

## IDAHO COMMISSION ON AGING EXPENDITURES—SFY17

	Federal	State	Total
Idaho Commission on Aging Operating	\$586,994	\$502,653	\$1,089,647
Idaho Lifespan Respite Program	\$56,649	\$0	\$56,649
Model Approaches to Statewide Legal Services	\$92,717	\$0	\$92,717
Senior Medicare Patrol (SMP)	\$272,102	\$0	\$272,102
Medicare Improvements for Patents & Provider Act	\$139,640	\$0	\$139,640
Senior Community Services Employment Program (SCSEP)	\$405,211	\$0	\$405,211
Adult Protection System Modification Enhancements	\$3,592	\$24,054	\$27,646
State Ombudsman	\$51,007	\$43,051	\$94,058
Elder Abuse Prevention Title VII	\$23,951	\$0	\$23,951
Nutrition Services Incentive Program (NSIP)	\$774,236	\$0	\$774,236
Commodity Supplemental Food Program	\$168,467	\$0	\$168,467
Aging & Disability Resource Center (ADRC)	\$32,388	\$0	\$32,388
<b>Total Other Grants/Programs Expenditures</b>	<b>\$2,606,954</b>	<b>\$569,758</b>	<b>\$3,176,712</b>
<b>Community Based Area Agency on Aging</b>			
	Federal	State	Total
Area Agency on Aging Operating	\$505,830	\$349,094	\$854,924
Home Delivered Meals	\$1,248,016	\$976,769	\$2,224,785
Homemaker	\$95,351	\$773,440	\$868,790
Respite	\$196,061	\$165,740	\$361,800
Family Caregiver Counseling	\$35,682	\$0	\$35,682
Disease Prevention and Health Promotion	\$92,766	\$0	\$92,766
Congregate Meals	\$1,393,733	\$355,996	\$1,749,729
Information and Assistance	\$1,063,768	\$0	\$1,063,768
Public Information	\$54,308	\$0	\$54,308
Coordination	\$87,715	\$0	\$87,715
State Adult Protection	\$0	\$787,091	\$787,091
Case Management	\$3,252	\$2,349	\$5,600
Ombudsman	\$257,775	\$295,536	\$553,311
Outreach	\$35,291	\$0	\$35,291
Transportation	\$236,178	\$254,568	\$490,746
Chore	\$9,960	\$659	\$10,619
Legal Assistance	\$106,479	\$0	\$106,479
<b>Total AAA Expenditures</b>	<b>\$5,422,164</b>	<b>\$3,961,242</b>	<b>\$9,383,405</b>
<b>Total FY 2017 Expenditures</b>	<b>\$8,029,118</b>	<b>\$4,531,000</b>	<b>\$12,560,118</b>

## FUNDING ALLOCATIONS & EXPENDITURES AREA AGENCIES ON AGING—SFY17

Total Older Americans Act Federal Fund Allocation	\$5,383,400
Total State General Fund Allocation	\$3,977,100
<b>Total Funds</b>	<b>\$9,360,500</b>

### State Fiscal Year 2017 Interstate Funding Formula Allocations vs. Expenditures

	Base Allocation	Weighted "At Risk" Percentage	Weighted Fund Allocation	Total SFY17 Funds Allocated	Total SFY17 Actual Expenditures
Area I	\$156,008	17.10%	\$1,436,002	\$1,592,010	\$1,572,850
Area II	\$156,008	8.70%	\$730,880	\$886,888	\$887,019
Area III	\$156,008	36.10%	\$3,044,479	\$3,200,487	\$3,233,241
Area IV	\$156,008	15.50%	\$1,307,904	\$1,463,912	\$1,469,007
Area V	\$156,008	11.80%	\$993,937	\$1,149,945	\$1,147,651
Area VI	\$156,008	10.80%	\$911,249	\$1,067,257	\$1,073,636
<b>Total</b>	<b>\$936,050</b>	<b>100.00%</b>	<b>\$8,424,450</b>	<b>\$9,360,500</b>	<b>*\$9,383,405</b>

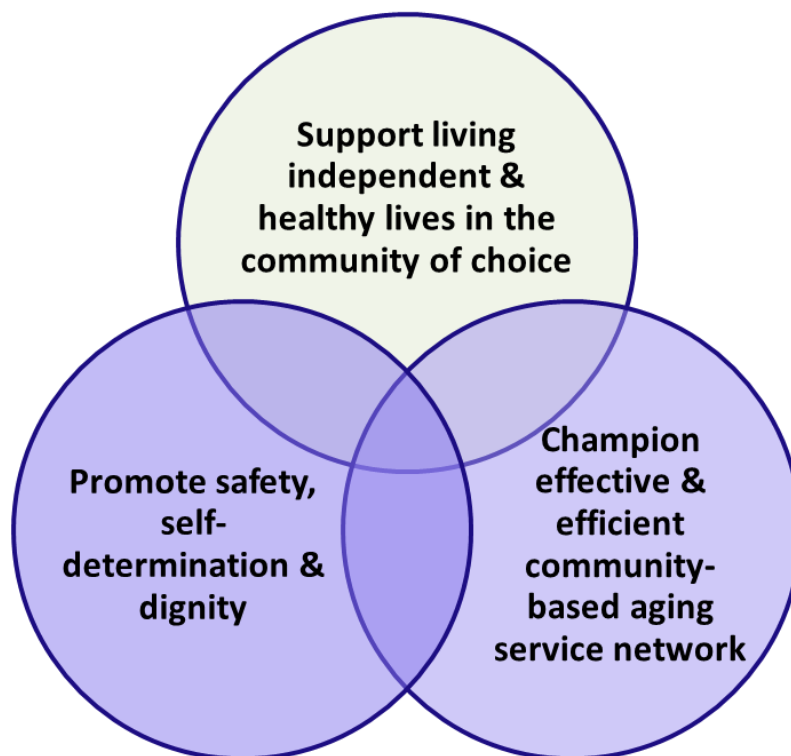
*\*Actual expenditures are greater than allocation  
because of federal carryover funds from the previous year*

“How the entire system works and helps  
our aging population at the local level  
[is] immense and very positive. ”

- L. Elfering , ICOA Commissioner

## FOCUS ON FUTURE SHAPES SUCCESSFUL AGING IN IDAHO

The totality of aging issues can seem immense. Considering only acute needs is daunting, much less contemplating proactive efforts that will facilitate successful aging in the future. This is compounded when most people don't think of themselves as aging, much less "elderly" until an illness, injury or incapacity occurs. The Idaho Commission on Aging believes that proactive efforts and informed life choices can determine how well we age. With that in mind, ICOA has identified strategic priorities from the vast array of possible aging issues.



ICOA successfully implemented and administered services throughout the state in 2017. The benchmarks collected for service expenses and unit data will be utilized throughout the next fiscal year to improve cost efficiencies and service effectiveness. By looking at the cost, usage and service quality, ICOA will work with the Area Agencies on Aging to create service and cost levels that best assist seniors and people with disabilities through our strategic focus.

## NEW ENDEAVORS ENRICH FUTURE OF AGING IN IDAHO

### NEW GRANTS IN SFY 2018

IDAHO'S DEMENTIA-CAPABLE SERVICE SYSTEM	LIFESPAN RESPITE CARE INTEGRATION & SUSTAINABILITY
<b>\$649,093 grant</b>	<b>\$245,786 grant</b>
<ul style="list-style-type: none"> <li>◆ Training protocols that reflect the needs of clients, caregivers, providers &amp; staff</li> <li>◆ Provider &amp; staff knowledge, skills &amp; attitudes about dementia</li> <li>◆ Access to online dementia-capable resources</li> <li>◆ Awareness of brain health</li> <li>◆ Importance of diagnosis</li> <li>◆ Community resources</li> <li>◆ Caregiver knowledge, satisfaction, &amp; self-efficacy</li> <li>◆ Knowledge of consumer-directed respite</li> <li>◆ Confidence to manage a consumer-directed program</li> </ul>	<ul style="list-style-type: none"> <li>◆ Increase the number of caregivers accessing respite information &amp; arranging respite services</li> <li>◆ Increase respite options for family caregivers</li> <li>◆ Expanded access to information through health care providers &amp; Critical Access Hospitals</li> <li>◆ Increase number &amp; type of agencies providing caregiver respite information</li> </ul>

**NEW SFY19  
FUNDING  
REQUEST**

The ICOA is requesting a \$50,000 one-time allocation to identify innovative Adult Protection Service (APS) approaches. Funds will provide for revised state policies, legislative solutions, and an functional path to a multi-disciplinary approach. Evaluation and design will include methodologies for early prevention and crisis intervention as well as short-term alternative community placement, and a state AP registry feasibility analysis.

## COMMISSIONERS FOCUS EFFORTS, REFINE RESULTS

The ICOA Board of Commissioners, appointed by the Governor, brings varied professional experience, personal understanding and priority of issues facing older Idahoans. Seven Commissioners are selected with a single “at-large”, plus one from each of the service areas. This provides breadth in geographic and demographic representation, but the Board operates on behalf of *all* Idahoans. The Commissioners meet quarterly and assist ICOA to focus efforts and refine results.

### DR. VICTOR B. WATSON, COMMISSION CHAIR

- ◆ Higher education (leadership & management)
- ◆ Experience with long-term care & caregiver needs, reliance on state resources
- ◆ Resource awareness & education
- ◆ Impact on limited resources due to growing elderly population & resulting increased potential for negative outcomes

### AREA I - CHRIS MAGERA, LCSW

- ◆ Care Transition Services (Kootenai Health)
- ◆ Aging from a healthcare perspective
- ◆ Address obstacles & opportunities for seniors & their families

### AREA II—DAVID PANKEY

- ◆ U.S. Army veteran, Health Insurance (Regence BlueShield, Underwriting)
- ◆ Hardship & obstacles of family caregivers managing Alzheimer’s
- ◆ Understand, address & provide value to support Idahoans as they age

**AREA III—LORRAINE ELFERING,  
VICE-CHAIR**

- ◆ Law enforcement - 911 Center (Project management, grants)
- ◆ Family experiences, 911 calls from elderly & senior center volunteering
- ◆ Staying healthy, active & independent
- ◆ Education & proactive action

**AREA V— SHARON STURM**

- ◆ Indigent & Veteran Services (Bingham County)
- ◆ Ensuring all residents in need are recognized & efficiently directed to proper resource
- ◆ Experience with adult protection, law enforcement, hospitals & service agencies

**AREA IV—DAVID MAESTAS**

- ◆ Owner (3 Springs Vineyard)
- ◆ Caregiver for parents, senior center volunteer (Gooding)
- ◆ Community-based medical relationships

**AREA VI—MARK BROWN**

- ◆ Cares for & interfaces with the elderly on a daily basis
- ◆ Bring a younger perspective to aging issues
- ◆ Improve community awareness of elderly issues & state services through effective communication

**JUDY B. TAYLOR, RN/MSN  
ICOA ADMINISTRATOR**

- ◆ Idaho State Board of Nursing
- ◆ Rehabilitation expert (ID Elks)
- ◆ Strategic healthcare leader
- ◆ Family empowerment
- ◆ Primary prevention
- ◆ Change via education & influence

# ICOA EMPOWERS IDAHO SENIORS TO AGE SUCCESSFULLY



**Judy B. Taylor, Administrator**  
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**Boise ID 83702**



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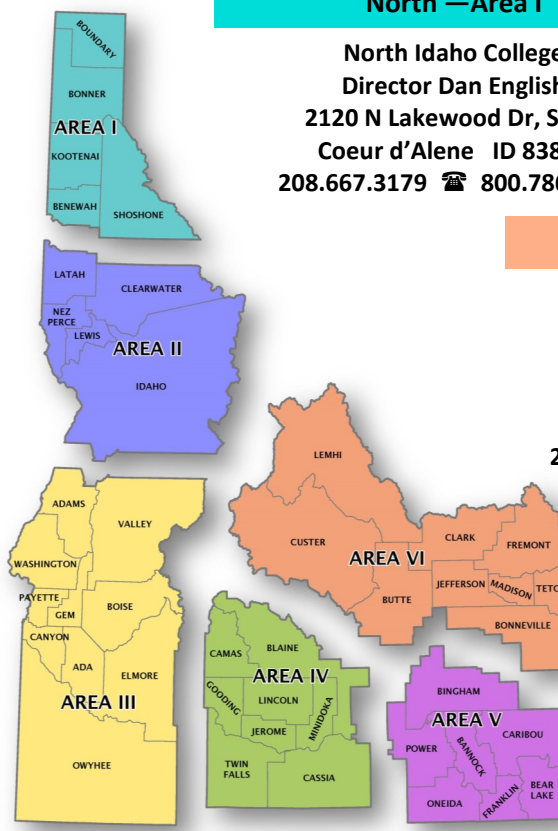
## AAAs PUT LEGS TO ICOA PROGRAMS

### North Central —Area II

**Community Action Partnership**  
**Director Jenny Zorens**  
**124 New 6<sup>th</sup> St**  
**Lewiston ID 83501**  
**208.743.5580 ☎ 800.877.3206**

### Southwest —Area III

**Area 3 Senior Services Agency**  
**Director Raul Enriquez**  
**701 S. Allen Suite 100**  
**Meridian ID 83642**  
**208.898.7060 ☎ 844.850.2883**



### North —Area I

**North Idaho College**  
**Director Dan English**  
**2120 N Lakewood Dr, Ste B**  
**Coeur d'Alene ID 83814**  
**208.667.3179 ☎ 800.786.5536**

### East—Area VI

**Eastern Idaho Community**  
**Action Partnership**  
**Director Morgan Nield**  
**935 Lincoln Rd**  
**Idaho Falls ID 83405**  
**208.522.5391 ☎ 800.632.4813**

### South Central — Area IV

**College of Southern Idaho**  
**Director Suzanne McCampbell**  
**315 Falls Ave**  
**Twin Falls ID 83303**  
**208.736.2122 ☎ 800.574.8656**

### Southeast —Area V

**Southeast Idaho Council of Governments**  
**Director Mike Hirschi**  
**214 E.Center**  
**Pocatello ID 83201**  
**208.233.4032 ☎ 800.526.8129**