Intersection of Rights and Individualized Care

Care Planning

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May 2005
Care Planning – Forum for Individualizing Care

- Quality of Care
- Care Planning
- Quality of Life
- Residents’ Rights
A care plan is the document that guides the delivery of care for each resident.
Care Plan Addresses

Resident’s
• Needs
• Strengths
• Preferences
Individualized Care

The care planning process pulls all of the assessment information together and develops a plan for addressing a resident’s needs in a way that reflects the individual’s preferences and decisions.

The care plan addresses quality of care and quality of life issues in a way that supports residents’ rights.
Elements of a Care Plan

• Needs
• Goals
• Approaches
• Time Frames
• Who is responsible
Care Plans Are Developed

- Within 7 days after assessment is completed
  - (21 days of admission)
- Periodically reviewed and revised after each assessment
  - (at least quarterly)
Care Plans Are Developed By

- Interdisciplinary team including:
  - attending physician
  - an RN with responsibility for the resident
  - other disciplines determined by resident’s needs
- Resident, to the extent practicable
- Resident’s family or legal representative
Care Plan Meetings

Are a forum for

• Discussing issues that involve more than one department,
• Advocating to have the resident’s routines and preferences respected, and
• Accommodating resident participation and decision-making to individualize care.

Are an ideal time for residents to exercise their rights!
Thanks to the Administration on Aging for their support in the development and distribution of this presentation.
The National Long-Term Care Ombudsman Resource Center thanks all ombudsmen who work so diligently on behalf of long-term care residents.