# **Definition**

An unbefriended elder, also called an adult orphan, is an older adult with no identified family or friends to assist in medical decision-making.

# **Philosophy**

Volunteers of America–Minnesota Protective Services balances respect for self-determination with concerns for safety, and honors an older person's rights, values and lifestyle.

#### **Fees**

This project is supported, in part, by a Community Service/Community Services Development grant from the Minnesota Department of Human Services and a grant from the Stevens Square Foundation. There are no fees for participating in this project. Donations are welcome.

### **Contact Information**

#### **Senior Services**

2021 East Hennepin Suite 200 Minneapolis, MN 55413 612-331-4063

#### **Referral Contact**

Mary Bornong, LISW mbornong@voamn.org 612-617-7815

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The mission of Volunteers of America
–Minnesota is to provide opportunities
which will make a significant, lasting impact
in the lives of our program participants,
and to elicit community support for our
program participants.

# **Unbefriended Elders:**

**Matching Values with Decisions** 



Supporting the Rights and Choices of Unbefriended Older Adults at Risk of Incapacity

A Protective Services Program for proactive involvement with older adults prior to incapacity or medical crisis

# **About this project**

Volunteers of America–Minnesota has embarked on a new project to support the rights and choices of unbefriended elders/adult orphans at risk of incapacity. The project, Unbefriended Elders: Matching Values with Decisions, is aimed at proactive involvement with these seniors prior to incapacitation or a medical crisis.

Due to lack of a family member or friend to serve as a surrogate decision-maker, when unbefriended elders/adult orphans experience a medical crisis or develop cognitive impairment and are unable to state their wishes regarding care, they are at risk of:

- Medical treatment that is not consistent with their values and preferences;
- Over or under treatment when admitted to medical or care settings;
- Unnecessary guardianship.

Through this project, Volunteers of America–Minnesota will support adult orphans through intensive work with participants.

Project activities include:

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- Locating family members who have lost touch and seek reconnection;
- Facilitating communication between partici pants and their primary care; physicians/ practitioners to ensure medical wishes are known, discussed and documented;
- Working with the participant to identify a surrogate decision-maker when possible;
- Facilitating and distributing completed Health Care Directives to health care and other professionals.

## **Referral Criteria**

- 1) Lives in Anoka, Hennepin, Ramsey or Washington Counties
- 2) Age 65+
- 3) No emergency contact/responsible party known

#### And

- 4) One or more of these criteria:
- No written Health Care Directive
- No verbal health care instructions
- At risk of guardianship



Contact Mary Bornong, LISW with questions or to refer a client: 612-617-7815 or mbornong@voamn.org

