## Do you need help with any problems, complaints or questions?

If so, please call toll-free

## Long-Term Care Ombudsman Program

1-800-442-5640

or (603) 271-4375

- Assistance with complaints, problems and concerns
- Information and Resources
- Education Programs



- Protection of residents' civil and human rights
- Quality of Life issues
- Consultation
- More

The Office of Long-Term Care Ombudsman offers free and confidential services to residents, families and staff of long-term care facilities.

New Hampshire Long-Term Care Ombudsman Program
Department of Health and Human Services • Office of the Ombudsman
129 Pleasant Street • Concord, New Hampshire 03301