

# National Ombudsman Reporting System (NORS) Training Online Course Launch

Introduction for Ombudsmen

### Welcome

- This webinar is being recorded.
- Use the Q&A feature for questions for the speakers.
- Use the chat feature to submit comments or respond to questions from speakers or other attendees.
- Please complete the evaluation questionnaire when the webinar is over.
- Links to resources will be posted in the chat box and will be posted to the NORC website ltcombudsman.org.

# Speakers



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# Federal Perspective

Beverley Laubert, National Ombudsman Program Coordinator, Administration for Community Living (ACL)

### **NORS Tables Modifications**

- ▶ Table 1
  - ► <u>Complaint Disposition</u>. Revised Examples and Reporting Tips. **Use 2 for** *no action needed* **when the resident dies before a final outcome has been obtained and there is no resident representative to determine resolution.**
- ▶ Table 2
  - ▶ <u>F01 Accidents and Falls</u>. Revised Examples and Reporting Tips. A resident **who uses a wheelchair independently** catches a finger in wheelchair spoke and fractures a finger; resident falls while getting out of bed; pinches hand in doorjamb and sustains a skin tear.
  - ▶ 101 Environment. Revised Definition and Examples and Reporting Tips.
    - ▶ Definition: The building environment including **safety hazards**, room or water temperature is too hot or cold or ventilation is inadequate.
    - ► Examples and Reporting Tips: Use for cigarette smoke or **other odors**; noise; **hazards such as cleaning supplies improperly stored**, and similar problems.

### **NORS Tables Modifications**

### ▶ Table 3

- ▶ <u>Part D: Staff and Volunteer Data</u> Elements description revised. All staff counts are as of September 30 and volunteer counts include volunteers who were program representatives at any time during the fiscal year.
- Resident council participation (NFs and RCCs) definition revised. Total number of instances of attendance at resident councils, including meeting with council leadership and training of resident councils or resident groups at nursing facilities by representatives of the Office.
- Family council participation (NFs and RCCs) definition revised. Total number of instances of attendance at family councils, including meeting with council leadership and training of family councils or family groups at nursing facilities by representatives of the Office.
- Community Education. Examples and Reporting Tips revised. Newsletters and other forms of media that impart information about long-term care or the Ombudsman program may be counted as community education.

### NORS Requirements vs Program Practices

### **NORS Requirements**

- Defines activities (e.g., case, complaint, complaint codes)
- Describes how to count activities (e.g., visits, I&A)
- ▶ Goal to standardize reporting across the country (e.g., how to report a complaint, how to count a visit – not conduct a visit)

## State Program Policies and Procedures

- Establishes state program practices (e.g., what is a "quality" visit)
- Sets program standards (e.g., requires frequency of visits, establishes timeframes for responding to complaints)

# NORS Training Overview

- ► The written and online NORS trainings have been reviewed for consistency and are up to-date (based on the modified ACL NORS Tables).
- ▶ The codes, definitions, examples and reporting tips, are from the NORS Tables.
- ▶ NORS and Certification trainings were both built in RISE and use the same Learning Management System (LMS), Talent LMS.
- ▶ The online course is available for free and may be accessed anytime.
- ▶ Thank you to our reviewers from the following states: Arizona, Colorado, Illinois, Iowa, South Dakota.

### **NORS Materials**

https://ltcombudsman.org/omb\_support/nors

### **UPDATED**

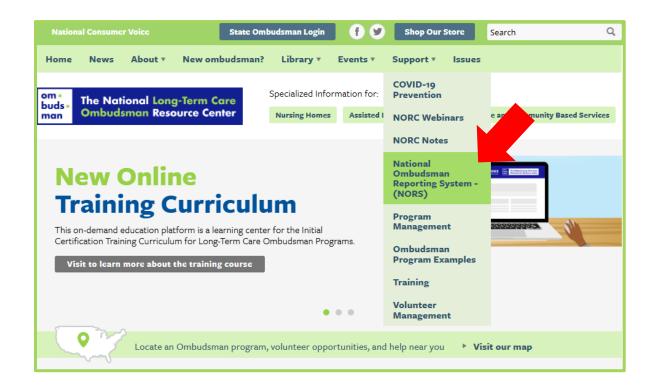
- ✓ Modified ACL NORS Tables
- ✓ Revised Part 1 4 training materials
- ✓ Revised NORS FAQs

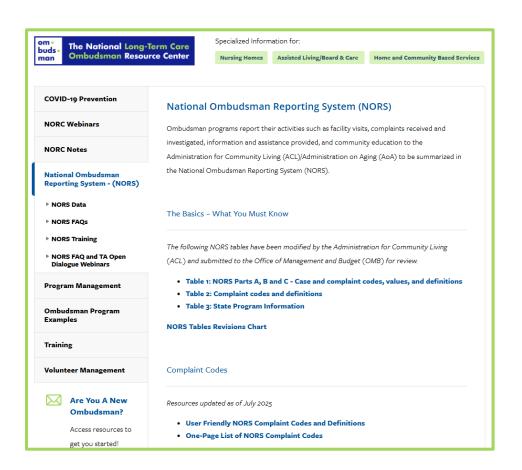
### **NEW**

- ✓ Side by side chart highlighting ACL NORS Tables modifications
- ✓ Decision Trees
  - ✓ Is it a Visit?
  - ✓ I&A or Complaint?

### Accessing NORS materials

https://ltcombudsman.org





### NORS Training Parts 1 – 4

### Part 1 - Case, Complaint, Complainant AND Information and Assistance

- NORS Training Part 1: Basic Principles
- NORS Training Part 1: Quiz
- NORS Training Part 1: Quiz Answer Sheet

### Part 2 - Complaint Coding

- NORS Training Part 2: Complaint Coding Basic Principles
- NORS Training Part 2: Complaint Coding Quiz
- NORS Training Part 2: Complaint Coding Quiz Answer Sheet
- NORS Training Part 2: Complaint Coding Beyond the Basics Quiz
- NORS Training Part 2: Complaint Coding Beyond the Basics Quiz Answer Sheet

### Part 3 - Verification, Disposition, Referral, and Closing Cases

- NORS Training Part 3: Verification, Disposition, Referral, and Closing Cases Basic Principles
- NORS Training Part 3: Verification, Disposition, Referral, and Closing Cases Quiz
- NORS Training Part 3: Verification, Disposition, Referral, and Closing Cases Quiz Answer Sheet

### Part 4 - Ombudsman Program Activities

- NORS Training Part 4: Ombudsman Program Activities Basic Principles
- NORS Training Part 4: Ombudsman Program Activities Quiz
- NORS Training Part 4: Ombudsman Program Activities Quiz Answer Sheet

### **Additional Training Materials**

- . Is it a Visit? Decision Tree
- Is it a Complaint or Information & Assistance (I&A)? Decision Tree
- Case Notes Checklist



### Revised Frequently Asked Questions (FAQs)

- My program emails a monthly newsletter to our listserv which includes residents, family members, and our volunteers. Does this newsletter count as community education?
- ► How do I determine the disposition code if the resident dies during the investigation?
- How do I document when I provide training about Residents' Rights (or another topic) to a group of residents in a nursing facility that is not during an official Resident Council meeting?
- ► How do I document the receipt of notifications of facility closure?

### **NORS FAQs**



This page contains answers to frequently asked questions (FAQs) regarding the National Ombudsman Reporting System (NORS). The answers were developed with input from Ombudsmen and program representatives and in coordination with the Administration on Aging/Administration for Community Living (ACL).

If you have questions to suggest for additional FAQs, please email ombudcenter@theconsumervoice.org.

### Abuse, Neglect, and Exploitation

Q - My state requires entities to send copies of alleged abuse or incident reports to my program. Upon receipt, do I automatically document those reports as complaints?

A – No. Receiving a copy of alleged abuse or incident report does not automatically count as a complaint. Examples include, but are not limited to, a state requiring long-term care facilities to send copies of incident reports to the Ombudsman program and/or a state requiring Adult Protective Services (APS) to send copies of their reports or referrals to the Ombudsman program.

In these examples, the facilities and/or APS are complying with a state requirement to send copies of these reports to your program. They are not acting as a complainant and reporting a complaint on behalf of a resident seeking Ombudsman program assistance, rather they are sharing information with your program per state requirements.

As the head of the Office of the State Long-Term Care Ombudsman, the State Long-Term Care Ombudsman (Ombudsman) is responsible for developing policies and procedures for the statewide program.

The State Long-Term Care Ombudsman Programs Final Rule (<u>Final Rule</u>) contains provisions related to complaint processing responsibilities, including developing policies and procedures that establish "standards to assure prompt response to complaints by the Office and/or local Ombudsman entities which prioritize abuse, neglect, exploitation and time-sensitive complaints." The Final Rule states when establishing standards to consider the severity of the risk to the resident, the imminence of the threat of harm to the resident, and the opportunity for mitigating harm to the resident by providing services of the Ombudsman program in response to a complaint [§1324.11 (e)(1)(v)].

Therefore, the Ombudsman determines program priorities and how and when to respond to these reports.

If your program responds to facility incident reports or APS reports, to ensure your work is residentdirected, do not determine how to document your work related to the incident report unless and until you speak with the involved resident (or their representative, when appropriate).

For exampl

- If you follow-up with the resident identified in the report and provide information about residents'
  rights and options, but the resident does not have a complaint or want further assistance, you
  would document that interaction as an instance of information and assistance.
- If you follow-up with the resident identified in the report and the resident wants your assistance with a complaint, you would open a case with a complaint (or complaints) and document your work related to that case accordingly.

1 | July 2025

### **Modified ACL Tables**

### Table 1

Table 2

Administration for Community Living/Administration on Aging- Office of Long-Term Care Ombudsman Programs

National Ombudsman Reporting System (NORS)

OMB Control Number 0985-0005

Table 1: NORS Parts A, B and C - Case and complaint codes, values and definitions

### Table 1: Part A-Case Data Components

Each case must contain a complainant, complaint code (s), a setting, verification, resolution, and information regarding whether a complaint was referred to another agency or if no referral was made. Case and complaint data reported is only for those cases and complaints that were closed within the fiscal year.

Element Number	Data Element	Definition	Quantifier	Туре	Codes and Values	Examples and Reporting Tips
CA-01	Case Number	The unique identifier used for each case.	Single	Alpha- numeric	Not Applicable (NA ) (not a coded element)	This is auto-created by the state software program.
CA-02	Date Case Opened	Month, day, and year that the case was opened.	Single	Date	NA (not a coded element)	Each case must have a minimum of one complaint.  Each case must have only one case open date.  The case opened date must be on or before the case closed date.
CA-03	Date Case Closed	Month, day, and year that the case was closed.	Single	Date	NA (not a coded element)	The year of case closure must be in the associated reporting period.  Each case must have only one case closed date.  The case closed date must be on or after the case open date.

Administration for Community Living/Administration on Aging- Office of Long-Term Care Ombudsman Programs

National Ombudsman Reporting System (NORS) Table 2: Complaint codes and definitions OMB Control Number 0985-0005

<u>Complaint:</u> an expression of dissatisfaction or concern brought to, or initiated by, the Ombudsman program which requires Ombudsman program investigation and resolution on behalf of one or more residents of a long-term care facility.

### Abuse, Gross Neglect, Exploitation (Code A)

Use this section for serious complaints of willful mistreatment of residents by facility staff, resident representative/ family/friend, other residents or an outside individual. Indicate who appears to be the cause of the abuse, neglect or exploitation: (1) Facility staff, (2) another resident (3) resident representative, family, friend or (99) other.

Label	Code	Definition	<b>Examples and Reporting Tips</b>
Abuse: physical	A01	The intentional use of physical force that results in acute or chronic illness, bodily injury, physical pain, functional impairment, distress, or death.	Includes hitting, slapping, and pinching, kicking, etc. and/or controlling behavior through corporal punishment.
Abuse: sexual	A02	Forced and/or unwanted sexual interaction (touching and non-touching acts) of any kind.	includes, but not limited to unwanted or inappropriate touching, sexual coercion, sexually explicit photographing, and sexual harassment. Sexual harassment includes any form of unwanted sexual attention (e.g., sexual advances, suggestions, requests or threats) that is deemed inappropriate, offensive, intimidating or humiliating. Harassment includes contact and non-contact acts.

### Table 3

Administration for Community Living/Administration on Aging- Office of Long-Term Care Ombudsman Programs

National Ombudsman Reporting System (NORS) Table 3: State Program Information OMB Control Number 0985-0005

### State Program Data Elements

States will submit a wide range of elements describing their statewide Ombudsman program grouped into a range of categories. Each of these sets of elements is presented in the subsections below.

### Part A-Complaint Example

States will submit complaint example data that provide narrative description and disposition information regarding two to three closed complaints during the reporting period.

Composite Data Element	Element Description	Quantifier	Туре	Codes and Values	Examples and Reporting Tips
Complaint Example	Provides information regarding two to three complaints during the reporting period.	Multiple	Composite data element subsuming element numbers S01-S06	Not Applicable (NA) (not a coded element)	Selection of complaint examples is at the State Ombudsman's discretion.

### Elements included for each case example

Element Number	Data Element	Element Definition	Quantifier	Туре	Codes and Values	Examples and Reporting Tips
S-01	Facility or Setting	Type of Facility or setting for the complaint.	Single per complaint example	Alphanumeric	See Table 1, CA-04	Select one example from a nursing facility, and one from a residential care community facility. A third example is optional.
S-02	Description	Narrative of the problem.	Single per complaint example	Alphanumeric	NA (not a coded element)	Maximum length of 3,400 characters (about 500 words).
S-03	Complaint code	See Table 1, CD 03 for complaint definition.	Single per complaint example	Alphanumeric	See Table 1, CD 04 and Table 2	Select the complaint code associated with each complaint example.

### NEW - NORS Tables Revisions Chart

### **NORS Tables Revisions**



This chart provides an overview of the revisions from the previous National Ombudsman Reporting Systems (NORS) tables (expired October 31, 2024) and the new tables. Bold font added to emphasize the new language.

Table 1						
Element Number/Data Element	Summary	Expired Table	New Table			
CD-08 Complaint Disposition	Revised "Examples and Reporting Tips" to include how to code disposition when a resident dies.	Each complaint can have only one disposition code.	Each complaint can have only one disposition code.  Use 2 for no action needed when the resident dies before a final outcome has been obtained and there is no resident representative to determine resolution.			
Table 2						
Element Number/Data Element	Summary	Expired Table	New Table			
F01 Accidents and Falls	Revised language in "Examples and Reporting Tips" from "resident who self- propels" to "resident who uses a wheelchair independently."	Example: A resident who self-propels catches a finger in wheelchair spoke and fractures a finger; resident falls while getting out of bed; pinches hand in doorjamb and sustains a skin tear. Use A05 (Gross neglect) if this is a repeated problem which facility staff fail to address.	Example: A resident who <b>uses a wheelchair independently</b> catches a finger in wheelchair spoke and fractures a finger; resident falls while getting out of bed; pinches hand in doorjamb and sustains a skin tear.			

### NEW - Complaint or I&A?

### Is It a Complaint or Information & Assistance (I&A)?

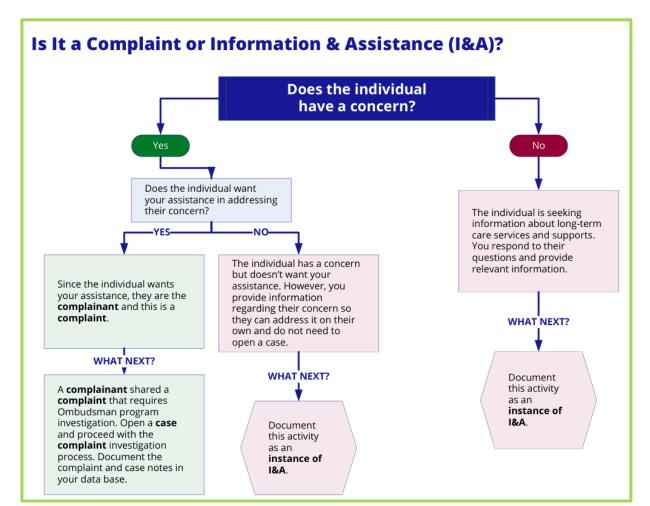


Use this decision tree to help you determine if your work counts as a complaint or information & assistance. This is based on <u>National Ombudsman Reporting System (NORS) definitions</u>. Follow your state policies and procedures for additional guidance.

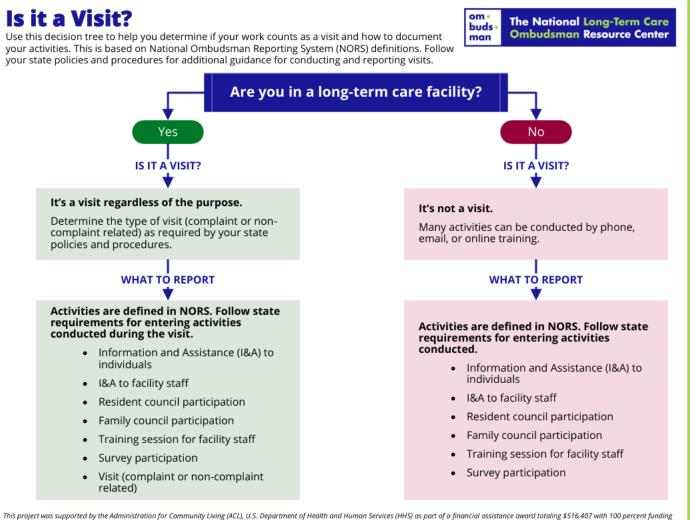
### **NORS Definitions and Reminders**

- A complaint is an expression of dissatisfaction or concern brought to, or initiated by, the Long-Term Care Ombudsman program (LTCOP) which requires Ombudsman program investigation and resolution on behalf of one or more residents of a long-term care facility.
- An instance of information & assistance (I&A) is providing information to an individual or facility staff about issues impacting residents and/or sharing information about accessing services without opening a case and working to resolve a complaint.
- A **complainant** is an individual who requests Ombudsman program complaint investigation services regarding one or more complaints made by, or on behalf of, residents.
- A case is comprised of a complainant, complaint code(s), a perpetrator for A-Abuse/Neglect and Exploitation codes, a setting, verification, resolution, and information regarding whether a complaint was referred to another agency.
- Information & assistance may be provided in a variety of ways, including by phone, email, or inperson.

This project was supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$516,407 with 100 percent funding by ACL/HHS. The contents are those of the outhor(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS or the U.S. Government.



### NEW - Is it a Visit?



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## Revised – Quality Visit Guide

Downloadable: NORC Guide: Making the Most of Your Facility Visits

For purchase: Making the Most of Your Facility Visits Pocket Guide (Set of 50) - The Consumer Voice



### Observation

Observation involves using all senses to understand, evaluate, and obtain information during facility visits and complaint intake, investigation, and resolution. During your visit, use your senses to observe the following.



### Environmen

- . Does the facility look like an institution or a home?
- · Are call lights blinking or on for extended periods of time?
- · Are staff talking or texting on their phones while on duty? · Is equipment broken? Are there hazardous areas
- accessible to residents? · Are Ombudsman program posters displayed in areas
- and positions easily accessible to residents? Do residents have access to outside space?
- · Do staff smile at residents?
- · Do staff wear name badges?
- · Can residents easily navigate through hallways and common areas?
- · Does the food look appetizing?

### **Resident Rooms**

- · Are residents' rooms furnished with their own belongings?
- · Do residents have access to their water pitcher and cup?
- · Are food trays left out with uneaten or spoiled products? · Is trash overflowing?

### Resident Appearance

- · Are residents groomed?
- · Do residents have clean hair, faces, hands, and fingernails?
- · Are residents dressed as they want to be for the time of day, temperature, and season?
- · Are they in clothes that fit?
- · Are their clothes stained or do they have food particles
- · Are residents wearing hospital gowns?
- · Are residents covered for privacy?

### Resident Activities

- · Is the activities calendar posted and followed?
- · Is the menu posted and followed? · Are residents participating in group activities?
- · Are any residents doing independent activities?
- · Are all or many residents in bed?
- · Are several residents sleeping in their wheelchairs?
- · Are many residents "parked" near the nurses' station?

### Sound

- · Is music throughout the building too loud or too soft?
- · Is the music selection based on residents' or staff preference?
- · Does the intercom system disturb
- · Is personal information being shared broadly (e.g., you hear "Mrs. Smith needs help in the bathroom" over the
- · Are residents yelling out without staff response?
- . Do staff knock on residents' doors and get permission to enter their room?
- · Do staff call residents by their name?
- · Do staff talk pleasantly and respectfully with residents?
- · Are staff speaking to residents in a loud, demanding voice or in a
- dismissive manner? · Are staff talking to each other, but ignoring residents?
- · Are staff discussing or complaining about residents in front of others?



### Smell

- · Is there a strong urine, feces, disinfectant, or chemical odor?
- · Do residents smell unclean?
- · Does the food smell appetizing?
- · Are air fresheners or other scents used to mask unpleasant odors?



### Feel

- · Is the building or are the rooms too hot or too cold for residents?
- · Are the floors slippery or sticky?
- · Are the chairs or tables sticky or gritty?

### **Warning Signs and Red** Flags of Potential Abuse, Neglect, and/or Exploitation

It is important to be aware of warning signs and red flags of potential abuse, neglect, warning signs or red flags, follow your program's policies and procedures and the Ombudsman program complaint-handling process, including whether and how to report. Always remember that consent is needed.

### **Warning Signs**

- Facility appears understaffed (e.g., call lights not answered promptly or turned off without care being provided).
- Residents' rights are not respected
- (e.g., no choices in daily routine). Quality of food declines (e.g., fewer
- meal options, less food served). High staff turnover, staff not familiar
- with residents. Residents appear bored, less active,
- not engaged with others or activities. Residents and/or family members say
- concerns have not been resolved. Facility is uncomfortable (e.g., not clean,
- has an odor, too cold/hot, too noisy).
- Medication errors. Frequent lack of supplies and broken equipment.

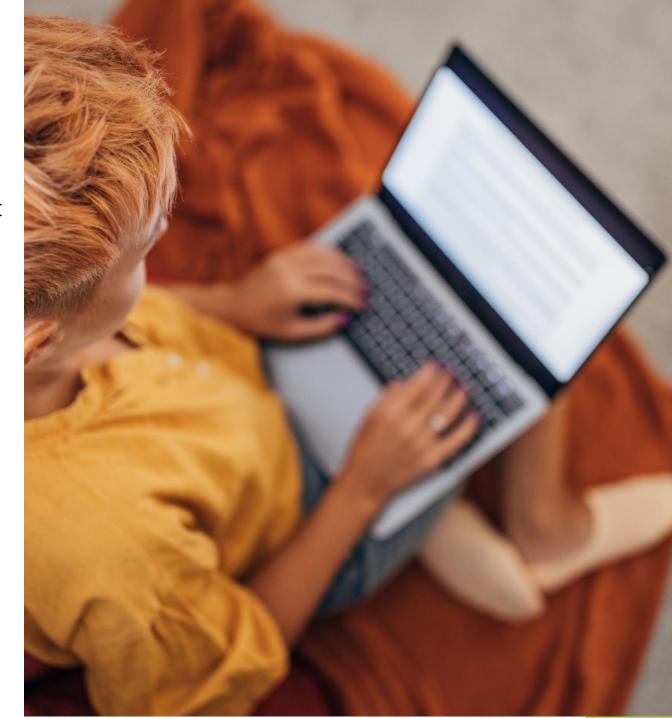
### **Red Flags**

- Significant, sudden change in resident behavior (e.g., withdrawn, fearful, lack of appetite).
- Dramatic physical changes (e.g., weight loss, decline in mobility).
- Unexplained injuries (e.g., bruising). Residents are physically restrained and/or appear to be overmedicated
- (e.g., slumped in wheelchairs). Severe lack of staff (e.g., long delays or no response to call lights, frequent falls, lack of assistance to use the restroom).
- Residents appear unclean, have odors. Staff disregard residents and their
- Complaints are ignored. Missing personal items or funds.

# Tips

- ▶ The course may be used:
  - ▶ as a state's sole NORS training source. State specific information will be provided by OSLTCO (e.g., state data system, policies and procedures, documentation requirements).
  - ▶ for annual continuing education.
  - ▶ for quality assurance. If a representative needs a refresher on a specific aspect of NORS documentation, they can take one part (or more) of the course.

- Access the course by going to our NORS page and clicking the green button. Once you create an account, you will receive a confirmation email.
- Click Course Catalog to view all courses.
- ► There are 4 parts to the NORS course and each part has its own certificate.
- Once you complete the course quiz at the end of each part you will receive a certificate (you can immediately download it and it will be emailed to you).
- ▶ You must receive an 80% or higher on the quiz to receive your certificate.
- Your State Ombudsman can log in and see reports of your progress and quiz results for each course.
- Receiving a certificate does not mean you are certified. Your State Ombudsman will provide policies around taking the course.



# Questions?

### Virtual Office Hour

July 30, 2025, 2 – 3 ET

- More time to discuss NORS
- Register!



### For Your Consideration...

- ▶ Now that we have the NORS online course, will you use the NORS training materials? If so,
  - ▶ Fillable PDFs for the Quizzes?
  - ▶ PPTs?
- ▶ If we made more decision trees, what topic would you like addressed?

### **Contact Information**



- Questions about how to use the platform:
  - ► Katie O'Hearn | <u>kohearn@theconsumervoice.org</u>

- Questions about NORS documentation and requests for training:
  - ► Amity Overall-Laib | <u>aoveralllaib@theconsumervoice.org</u>
  - ▶ Maria Greene | mgreene@theconsumervoice.org



### Connect with us!

- Itcombudsman.org
- ombudcenter@theconsumervoice.org
- The National LTC Ombudsman Resource Center
- @LTCombudcenter