

# NATIONAL OMBUDSMAN REPORTING SYSTEM (NORS) TRAINING PART III

## Verification, Disposition, Referral, and Closing Cases Quiz

**REMINDER:** Throughout these training materials “Ombudsman” is used as a generic term that may mean the state Ombudsman, a representative of the Office, or the Ombudsman program. Use the NORS tables developed by the Administration for Community Living/Administration on Aging with these training materials when indicated (Table 1: NORS Case and complaint codes, values and definitions; Table 2: NORS Complaint codes and definitions; and Table 3 State Program Information, OMB Control Number 0985-0005). The NORS codes and definitions used in these materials are taken from the ACL tables 1-3 and are not to be modified.

### TIPS

Each person taking the quiz needs to have the NORS complaint codes and definitions available. Use NORS, Table 1: Case and complaint codes, values and definitions for the definitions of the referral agencies, verification, and disposition and NORS, Table 2: Complaint codes and definitions as you answer the quiz questions. Refer to these tables for additional information if questions arise regarding the Part III Quiz answers.

### DIRECTIONS

For each scenario, indicate the following:

- a. The complainant in the case, for example, “resident.”
- b. The complaint code(s).
- c. Whether the complaint(s) is verified.
- d. The disposition.
- e. If a referral is made, to whom?

For purposes of this training, assume that the resident gives consent to investigate if not otherwise indicated.

1. A nursing home resident complains the facility is keeping her money. “They’re ripping me off,” she states emphatically. You talk with the business office manager who tells you that the resident asked to have her own phone. She agreed to pay for the phone out of her Personal Needs Allowance (PNA). She uses the balance of her PNA to have her hair done and purchase a few personal items. You report back to the resident. She forgot that she was paying for the phone out of her PNA. She’s glad you straightened things out. She really likes having the phone because she can keep in touch with her children and her friends.

- a. Complainant? \_\_\_\_\_
- b. Complaint code(s)? \_\_\_\_\_

- c. Is the complaint(s) verified? Yes \_\_\_\_ No \_\_\_\_
- d. Disposition? \_\_\_\_\_
- e. If a referral is made, to whom? \_\_\_\_\_

2. Ms. Douglas’s son complains that the nursing home is refusing to take his mother to the dining room for the lunch. He tells you that he has talked to the facility several times, but when he calls at noon his mother is always in her room eating her meal. You visit Ms. Douglas and explain the call received from her son. She tells you that she likes to eat lunch in her room because it is quiet. It is the only time she gets to be alone. The aides always try to take her to the dining room at noon, but she tells them, “No.” She shares that she eats dinner in the dining room.

- a. Complainant? \_\_\_\_\_
- b. Complaint code(s)? \_\_\_\_\_
- c. Is the complaint(s) verified? Yes \_\_\_\_ No \_\_\_\_
- d. Disposition? \_\_\_\_\_
- e. If a referral is made, to whom? \_\_\_\_\_

3. A resident's daughter complains that her dad is not allowed to have his cat in his room at his residential care community. You visit the resident at the facility and he says that his cat means everything to him, he wants to keep his cat with him in his room. You review the admission agreement and policies and find nothing in writing that limits pets living at the facility. He brought his cat with him when he was admitted months ago and now the administrator is saying that no pets are allowed. You speak to the administrator and try to work out a solution for the resident to have the cat in his room. The administrator states that other residents and staff are allergic to the cat. No pets are allowed in the building. You obtain consent from the resident to make a complaint to the licensing agency and the report comes back unsubstantiated. The resident and his daughter appreciate your advocacy. They begin searching for a pet friendly home.

- a. Complainant? \_\_\_\_\_
- b. Complaint code(s)? \_\_\_\_\_
- c. Is the complaint(s) verified? Yes \_\_\_\_ No \_\_\_\_
- d. Disposition? \_\_\_\_\_
- e. If a referral is made, to whom? \_\_\_\_\_

4. A resident tells you that an aide stole his family Bible. You speak to the aide and she explains that she put it in his top dresser drawer. It has a leather and gold cover and she put it away for safe keeping. You tell the resident the Bible is in the dresser drawer. He explains that he still cannot get it because he is unable walk across the room and he would like to read it every morning. You address the matter of the location of the Bible with the staff and the resident now has easy access to his Bible.

- a. Complainant? \_\_\_\_\_
- b. Complaint code(s)? \_\_\_\_\_
- c. Is the complaint(s) verified? Yes \_\_\_\_ No \_\_\_\_
- d. Disposition? \_\_\_\_\_
- e. If a referral is made, to whom? \_\_\_\_\_

5. A person calls complaining that her friend, a nursing home resident, needs to be moved to a room closer to the nurse's station because she feels isolated at the end of the hall. The friend has a health care durable power of attorney (DPOA) for the resident. The resident agrees that she would feel safer in one of the two rooms near the nurses. You investigate and find that there are no empty beds in either of those rooms. The friend/DPOA insists that they move one of the other residents to make room for her. You visit the resident twice and she tells you she wants to forget the whole thing. Her current room is fine and all the commotion about moving is upsetting her.

- a. Complainant? \_\_\_\_\_
- b. Complaint code(s)? \_\_\_\_\_
- c. Is the complaint(s) verified? Yes \_\_\_ No \_\_\_
- d. Disposition? \_\_\_\_\_
- e. If a referral is made, to whom? \_\_\_\_\_

6. During a visit at a nursing home, several residents tell you the food is often cold. You observe meal service and visit a few other residents who also report the food is cold, so you open a case on behalf of the group of residents. You speak with dietary staff about the problem. Initially, the mealtime is adjusted to accommodate residents who are engaged in activities, but a few other residents still complain the food is cold. You continue to work on the case. The Director of Food Services agrees to purchase new heating lamps and to increase staffing during peak dining times. The management follows through on ordering the equipment, but the staffing has not been increased. You check in with residents a few weeks later and all but one is satisfied with the improvements made.

- a. Complainant? \_\_\_\_\_
- b. Complaint code(s)? \_\_\_\_\_
- c. Is the complaint(s) verified? Yes \_\_\_ No \_\_\_
- d. Disposition? \_\_\_\_\_
- e. If a referral is made, to whom? \_\_\_\_\_

7. The Resident Council President tells you that she thinks the Personal Needs Allowance (PNA) for residents receiving Medicaid is too low. At their invitation, you meet with the resident council and explain that the PNA is determined by the state legislature. The council asks for Ombudsman program assistance in advocating for an increased PNA. You, the state Ombudsman and the Resident Council President meet by phone to discuss advocacy options. The resident council is satisfied that the Ombudsman program will seek legislative changes to increase the PNA.

- a. Complainant? \_\_\_\_\_
- b. Complaint code(s)? \_\_\_\_\_
- c. Is the complaint(s) verified? Yes \_\_\_ No \_\_\_
- d. Disposition? \_\_\_\_\_
- e. If a referral is made, to whom? \_\_\_\_\_

8. A resident living in a residential care community complains that the home's provider will not let her go to the activity center each day as she has in the past. You investigate the complaint and

discover that the activity center has reduced the number of days it is open each week. The resident was not aware the schedule was changed and is now attending the center each day it is open. The provider said that she told the resident about the schedule change but she must have forgotten. You and the provider discuss techniques to remind the resident such as keeping a calendar in her room with her activity center schedule and discuss other services in the community that the resident may be able to utilize. The resident agrees to talk to the home's provider and her caseworker about what she can do on the days the center is closed. You check back the next month and the resident reports that she is also attending a vocational program one day a week. She is happy with the new schedule.

- a. Complainant? \_\_\_\_\_
- b. Complaint code(s)? \_\_\_\_\_
- c. Is the complaint(s) verified? Yes \_\_\_ No \_\_\_
- d. Disposition? \_\_\_\_\_
- e. If a referral is made, to whom? \_\_\_\_\_

**9.** A nursing home resident who is receiving hospice services complains that he is in a lot of pain. He says the facility refused to contact his doctor about changing his pain medication. You ask the Director of Nursing to consult with the doctor. She agrees and calls you the next day to report the doctor made a minor change in the medication dosage. You visit the resident, but he is asleep. The nurse on duty relates that the resident has been much more comfortable. Three days later you visit the facility to see the resident again. The Director of Nursing tells you the resident died the night before.

- a. Complainant? \_\_\_\_\_
- b. Complaint code(s)? \_\_\_\_\_
- c. Is the complaint(s) verified? Yes \_\_\_ No \_\_\_
- d. Disposition? \_\_\_\_\_
- e. If a referral is made, to whom? \_\_\_\_\_

**10.** A daughter calls complaining that her mother is not bathed as often as she should be, she does not go to the senior center very often, and she has to share a room at the residential care community (RCC). You visit the resident and observe that her skin is very dry and she reports that she dislikes taking a bath more than a few times a month. She has little interest in going to the senior center. She likes gardening and is outside in the garden when the weather is nice. She enjoys having a roommate. She is happy at the RCC and is aware her daughter is not satisfied with her care.

- a. Complainant? \_\_\_\_\_
- b. Complaint code(s)? \_\_\_\_\_
- c. Is the complaint(s) verified? Yes \_\_\_ No \_\_\_
- d. Disposition? \_\_\_\_\_
- e. If a referral is made, to whom? \_\_\_\_\_

**11.** Bill is unhappy with his father's dining experience at the nursing home. On a visit you observe all residents eating at cafeteria style tables and using plastic utensils. No one helps Bill's father cut his

food or open his milk carton and he cannot give you direction. You and Bill work with the facility to resolve the problem. The facility purchases round tables and different utensils. They schedule several in-services that focus on improving the dining experience for residents. Bill is happy with these changes. Unfortunately, his father dies before all changes are implemented.

- a. Complainant? \_\_\_\_\_
- b. Complaint code(s)? \_\_\_\_\_
- c. Is the complaint(s) verified? Yes \_\_\_ No \_\_\_
- d. Disposition? \_\_\_\_\_
- e. If a referral is made, to whom? \_\_\_\_\_

**12.** A resident complains that only one alternative meal is offered at dinner. He would like at least two options. He would also like a big screen TV in the lounge closest to his room. You accompany the resident to help him share his concerns with the facility Administrator. The facility refuses to purchase a TV with a larger screen. They maintain that the lounge near his room is too small a space and there is a big screen TV in another lounge area. The home agrees to have two alternative meals during the week, but it cannot offer two on weekends. The resident is satisfied with alternative meals during the week, but, he is not happy about the TV.

- a. Complainant? \_\_\_\_\_
- b. Complaint code(s)? \_\_\_\_\_
- c. Is the complaint(s) verified? Yes \_\_\_ No \_\_\_
- d. Disposition? \_\_\_\_\_
- e. If a referral is made, to whom? \_\_\_\_\_

**13.** You notice a bad smell when visiting a residential care community (RCC). The RCC had plumbing problems in the past and the owner was slow to resolve them. The owner is on the phone so you cannot talk to him. The residents are upset with the smell and believe the facility is at fault due to a backed-up toilet. They blame the owner of the RCC as the facility has had issues with plumbing multiple times in recent months. The staff person you talk with does not know what is causing the odor. You open a complaint against the facility. Returning the next day, you learn that the city was repairing a gas line behind the home and ruptured a sewer pipe. You do not smell any odors. After speaking with residents and staff, none report a problem with the plumbing and are relieved that the smell is gone. You conclude the broken sewer line was the cause of the problem and close the complaint.

- a. Complainant? \_\_\_\_\_
- b. Complaint code(s)? \_\_\_\_\_
- c. Is the complaint(s) verified? Yes \_\_\_ No \_\_\_
- d. Disposition? \_\_\_\_\_
- e. If a referral is made, to whom? \_\_\_\_\_

**14.** A resident calls asking for your help in fighting a discharge notice. She says that if she is forced to move, it will be her third nursing home in two years. She wants to stay where she is. You assist her in filing an appeal, review the discharge notice, and begin investigating the issues. The facility is not willing to review the resident assessment, care plan, or to discuss any other options. You know

that the local legal services provider has represented other residents in the fair hearing process. The resident is eager to have you make a referral on her behalf when you tell her about the hearing process. You contact legal services and they agree to take the case. The hearing officer rules that the resident can remain in the nursing home.

- a. Complainant? \_\_\_\_\_
- b. Complaint code(s)? \_\_\_\_\_
- c. Is the complaint(s) verified? Yes \_\_\_\_ No \_\_\_\_
- d. Disposition? \_\_\_\_\_
- e. If a referral is made, to whom? \_\_\_\_\_

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