#### om • buds • man The National Long-Term Care Ombudsman Resource Center

#### **RETENTION, RETENTION, RETENTION**

April 22, 2020

NORC Volunteer Management Webinar Series

## **Speakers**

#### **Dana Gargus**

Kitsap Regional LTC Ombudsman Division of Aging & Long Term Care 614 Division Street, MS – 5 Port Orchard, WA 98366 360-337-5714 dgargus@co.kitsap.wa.us

Aaron M Riley Regional LTC Ombudsman 3102 W. Ft. George Wright Dr. Spokane, WA 99224 (509) 456-7133 or 1-800-660-7133 riley@snapwa.org or Itcop@snapwa.org

#### **Carol Scott**

National Ombudsman Resource Center The Consumer Voice Washington, DC 202-332-2275, ext. 209 cscott@theconsumervoice.org

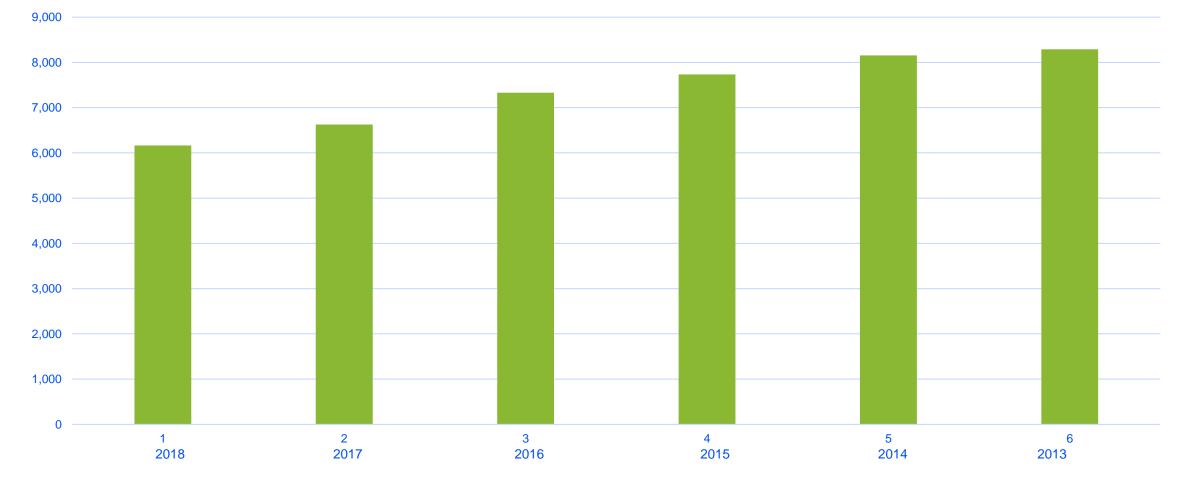
#### **Learning Goals**

Retention: What is it and am I doing it?



#### **Volunteers Nationwide**

# of certified volunteers



#### **Volunteer DATA**

Year	Volunteers	Hours
2018	6,163	543,175
2016	7,331	609,843
2014	8,155	786,861





#### What are the consequences...

What's the worst thing that can happen if you have the wrong person\* serving as an Ombudsman Representative in your program?

- Time and energy in training
- Residents no longer trust your program
- Potential damage to the reputation of the program

\* Wrong person: not adhering to the rules of confidentiality; not listening to the resident's wishes; what else?

"It's not that we don't trust volunteers! It's that the work they do is so important that we absolutely must oversee that work closely." Linda Graff



"Volunteering" increasingly refers to the pay scale, not the nature or importance of the work.



What percentage of your volunteers are retained each year? 0 to 25%
26 to 50%
51to 80%
More than 80%

#### **LTCO Prospective Volunteer Intake Toolkit**

#### **Toolkit Table of Contents**

- Letter to Prospective Ombudsman Volunteer
  - Overview of the LTCOP
  - Basic requirements to become a LTCO representative
  - Copy of job description
- Considerations for Volunteer Requirements
- Volunteer Application Form

- Acknowledgment Form
  - Confidentiality
  - Conflict of Interest
  - Code of Ethics
- Sample Interview Questions
- Additional Resources
   Additional Resources
   View the full toolkit as
   Aligned to the full toolkit as
   Aligned to the full toolkit as
   Aligned to the full toolkit as

#### **Poll #2**

- Does you program perform evaluations of volunteers?
  - State Level Yes
  - State Level No
  - Local/regional Level Yes
  - Local/regional Level No

Thank you for taking the time to fill in this self-evaluation. This is not a test; there are no right or wrong answers. The evaluation is a tool to promote thought and discussion. It is also an opportunity for you to tell us how we can improve the Ombudsman Program.

Sometimes

Never

Always

#### Please answer the following questions by checking the box to the right of the question that best describes your experience.

1. I represent the resident's position in fulfilling my duties.	
2. I obtain the resident's permission before proceeding with complaints.	
<ol><li>I help residents to solve their own problems, rather than solving the problems for the residents.</li></ol>	
4. I visit the assigned facility on a regular basis.	
5. I visit the assigned facility on a regular basis.	
6. I have a good working relationship with facility staff.	
<ol><li>I investigate further than the staff's side of the story.</li></ol>	
8. I complete reports of all work I do for the program.	
<ol><li>I turn in reports to the coordinator in timely fashion.</li></ol>	
10. I feel comfortable visiting with long-term care residents.	
<ol> <li>I have the information and training needed to do my job.</li> </ol>	
<ol> <li>I understand when and how to report resident abuse, neglect or exploitation.</li> </ol>	
13. I feel that I make a difference in the lives of nursing home residents.	



VOR Retention in the R9 Tennessee LTCOP

> Zev Samuels District Long Term Care Ombudsman <u>zsamuels@mifa.org</u> (901) 529-4565





## Recognizing What You Have

There are many Whys to recruiting and training VORs. If recruitment and training go well, a local ombudsman might find a roomful of talented people eager to advocate and to perform.

The steps to building commitment in a team of dedicated individuals, however, involve recognizing who your team consists of. What are their talents? Where do you want to take them with trainings, and designating responsibilities? It starts with the desire to perform.

#### Communication

Communication is a 2-way street. What are VORs seeing and hearing in the field? How are they documenting their observations and their actions?

Do your VORs have a feeling that they are being heard? Are you listening to them; reading their reports and emails? Are you communicating your actions and concerns back to them, letting them know that they are on the right track; or are you suggesting that they consider other perhaps more successful strategies to implement in the facility?

## **Recognition and Appreciation**

Is it on the calendar?

- \* Annual VOR Recognition Lunch (or other event)
- \* Casual Lunch & Chat for VORs to get together, and to share experiences
  - \* Bi-Monthly or other VOR Trainings
  - \* Special Events or Projects

## COVID-19 Unusual Measures for Unusual Times

#### **VOR Research & Public Awareness**

Tennessee Department of Health and TN Commission on Aging and Disabilities have restricted all LTC Ombudsmen from entering facilities.

Our well trained VORs are already familiar with

- Establishing a local Timeline or Chronology of COVID-19
- Assessing media and government releases for changes in policies affecting residents
- Identifying complaints and issues as they become trends in LTC facilities – to be shared with residents, families, and others in the community

#### **PPE and other Activities**

Masks and other Personal Protective Equipment are in very high demand. Even if used to cover one's face in public, the idea of virtually coming together to create masks can have a wonderful dual purpose.

- 1) It increases awareness of the importance of protecting your health during this pandemic.
- 2) It brings people together, in a virtual way, to decrease isolation, and to draw attention to caring for others who are at greater risk.



## Thank You

Zev Samuels District Long Term Care Ombudsman <u>zsamuels@mifa.org</u> (901) 529-4565

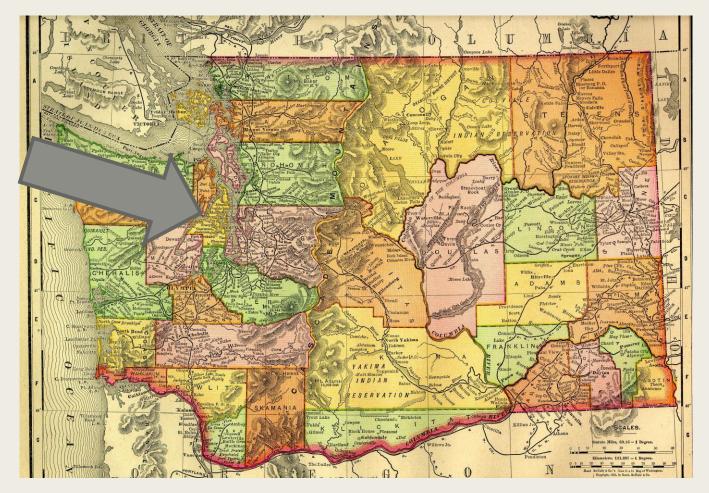




# **RETAINING VOLUNTEERS**

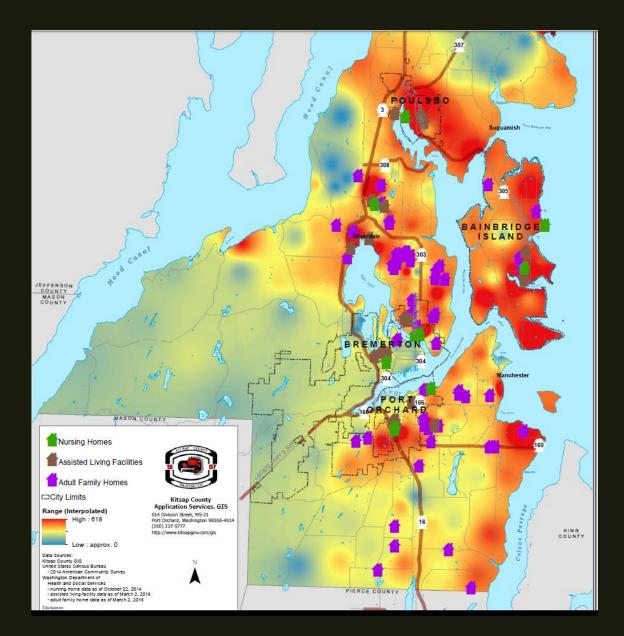
NORC Volunteer Management Webinar, April 22<sup>nd</sup>, 2020

#### Kitsap County, Washington



#### A little bite about us...

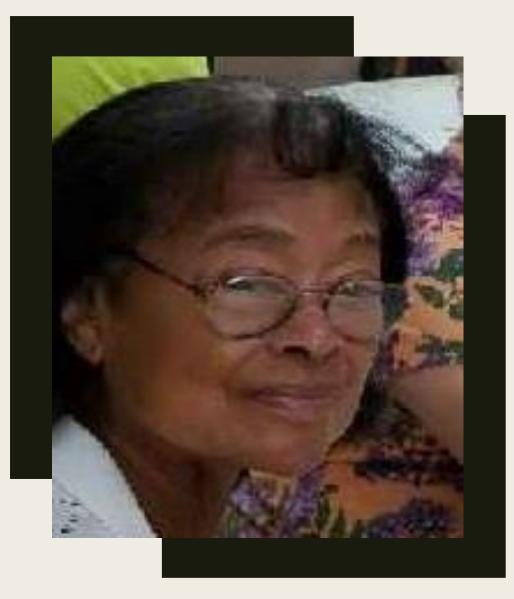
- Area: 566 mi<sup>2</sup> of which 395 square miles is land and 171 square miles (30%) is water. Kitsap county has over 250 miles of saltwater shoreline.
- Population: 271,473 (2019)
- The <u>United States Navy</u> is the largest employer in the county, with installations at <u>Puget Sound</u> <u>Naval Shipyard</u>, <u>Naval Undersea Warfare</u> <u>Center Keyport</u>, and <u>Naval Base Kitsap</u>



HEAT MAP OF POPULATION OVER AGE 65 AND LTC FACILITIES



#### WE AVERAGE ABOUT 18 VOLUNTEERS TO ADVOCATE FOR 2,700 LTC RESIDENTS



## VALERIE HAS BEEN A VOLUNTEER LTC OMBUDSMAN SINCE **1994!**

## OUR VOLUNTEERS LIKE THEIR PLAQUES!





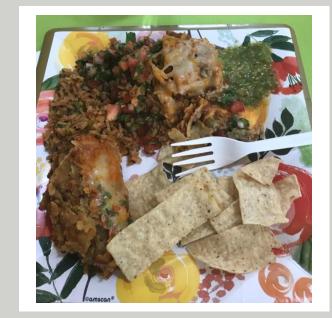
## AND DATE STAMPS.....



OUR ANNUAL VOLUNTEER RECOGNITION LUNCHEON







## FOOD AND FLOWERS EVERY AUGUST.



#### CHRISTMAS PARTIES AND REMEMBERING THOSE WE HAVE LOST

#### Governor's Proclamation March 10, 2020

JAY INSLEE STATE OF WASHINGTON OFFICE OF THE GOVERNOR P.O. Box 4002 - Olympik Mathemation 8060-0022, visit) 802-111 - www.governor.wa.gov

> PROCLAMATION BY THE GOVERNOR AMENDING PROCLAMATIONS 20-05, 20-06, and 20-16

20-17 Statewide Limits on LTC - No Visitors Amendment

WHEREAS, on February 29, 2020, I issued Proclamation 20-05, proclaiming a State of Emergency for all counties throughout the state of Washington as a result of the coronavirus disease 2019 (COVID-19) outbreak in the United States and confirmed person-to-person spread of COVID-19 in Washington State; and

WHEREAS, as a result of the continued worldwide spread of COVID-19, its significant progression in Washington Static, and the high risk poses to our most vulnerable populations. Thave subscenedly issued amendatory Proclamations 20-06, 20-07, 20-08, 20-09, 20-10, 20-11, 20-12, 20-13, 20-14, 20-15, and 20-16, exercising my emergency powers under RCW 43.06.220 by prohibiling certain activities and waiving and superding specified laws and regulations; and

WHERESAS, since Proclamation 20-06 issued, the spread of COVID-19 has been classified by the World Health Organization as a pandemic that spreads easily from person to person and may result in serious illness or death; and

WHEREAS, since Proclamation 20-06 issued, the COVID-19 disease has spread quickly across the state of Washington, beyond the original community outbreaks in King, Pierce, and Snohomish counties, drastically increasing the threat of significant associated health risk statewide; and

WHEREAS, the risk of severe illness and death from COVID-19 appears to be higher in those members of our population who are 60 years of age and older, those with chronic health conditions; and

WHEREAS, there is an increased risk of rapid spread of COVID-19 among persons who are living in congregate settings, such as long term care and treatment facilities, and most residents of long term care or treatment facilities are at increased risk for severe COVID-19; and

WHEREAS, infected facility staff and visitors can introduce a virus into the population and start an outbreak; and

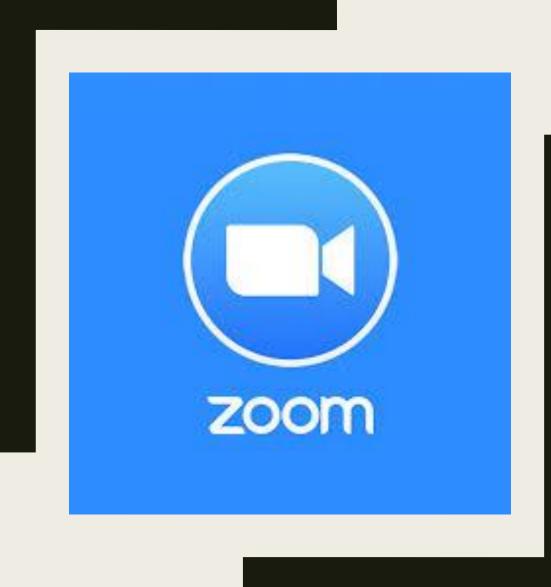
WHEREAS, the worldwide COVID-19 pandemic and the resulting epidemic in Washington State continue to threaten the life and health of our people as well as the economy of Washington State, and remain a public disaster affecting life, health, property and the public peoce; and

WHEREAS, the Washington State Department of Health (DOH) continues to maintain a Public Health Incident Management Team in coordination with the State Emergency Operations Center and other supporting state agencies to manage the public health aspects of the incident; and Some resident's rights statutory and regulatory provision were waived and suspended until midnight on May 4th, 2020:

Visitation, Access to Representatives, Community Interaction, Resident and Family Council, Refusal to preform services for the facility, and Reasonable Accommodation

# A trained Volunteer is an asset worth keeping.





# STAY CONNECTED!

#### Keeping connected

Area Agency on Aging

Healthcare Readiness Taskforce - COVID-19 Response

Northwest Healthcare Response Network

Complete Count Census Committee

County/Community Resources

Dana Gargus Kitsap Regional Long Term Care Ombudsman (360) 337-5714 <u>dgargus@co.kitsap.wa.us</u>

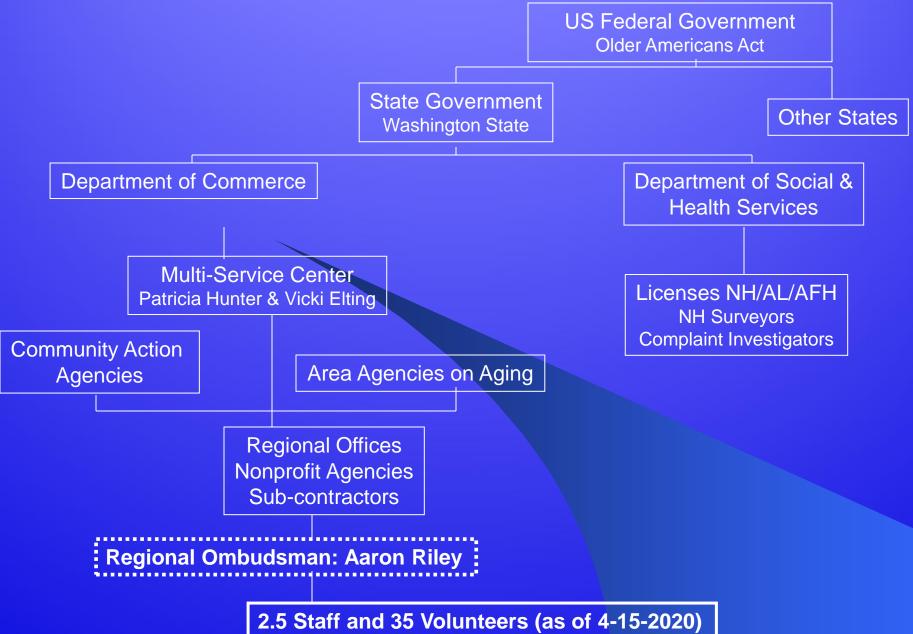
## Eastern Washington LTCOP Retaining Volunteers

NORC Volunteer Management Webinar, April 22, 2020

Presented by: Aaron M. Riley Regional LTC Ombudsman



#### WASHINGTON STATE LTCOP ORGANIZATIONAL CHART



### Washington State LTC Ombudsman Regions



#### **Counties Covered**

King
Benton, Franklin, Tri-Cities, Asotin, Columbia, Garfield, & Walla Walla
Kitsap
Adams, Chelan, Douglas, Grant, Lincoln & Okanogan
Clallam & Jefferson
Ferry, Pend, Oreille, Spokane, Stevens, Whitman
Kittitas, Yakima
Pierce
Grays Harbor, & Pacific
Lewis, Mason & Thurston
Snohomish
Skagit, Whatcom, San Juan & Island
Clark, Klickitat, Cowlitz, Wahkiakum & Skamania

# **Retaining Volunteers**

- Overview or the EWLTCOP:
- Currently we have 35 active volunteers in 4 counties
   (No volunteer in Pend Oreille County at this time.)
- > Four of the five counties are primarily rural
- Our region has 292 long-term care facilities with over 7,000 beds/residents



Number of Facilities & Beds in Service Area\*

24 Nursing Homes (2,353 beds) 83% covered by an Ombudsman

> 63 Assisted Living Facilities (3,739 beds) 55% covered by an Ombudsman

207 Adult Family Homes (1,159 beds) 21% covered by an Ombudsman



2 Enhanced Services Facilities (24 beds)<u>50% covered by an Ombudsman</u>



# **Retaining Volunteers**

Our Program's Retention Mantra:

- > Retention Starts with Recruitment
- Volunteers Stay Where They Feel Appreciated
- Volunteer Appreciation is Volunteer Retention
- Volunteers' Contributions Must Be Meaningful



#### Eastern Washington LTC Ombudsman Program



3102 W. Ft. George Wright Drive | Spokane, WA 99224 Local (509) 456-7133 | Toll-free: (800) 660-7133

\*Ensuring the Dignity, Rights and Well-Being of Individuals in Long Term Care Today and Tomorrow"

#### LTC Ombudsman Program Volunteer Commitment

\_\_\_\_\_, am willing to commit at least four hours per (print name)

week to Long Term Care Ombudsman Program for one year, and will follow through on complaint issues until resolved.

I am willing to work with the Regional Ombudsman or Ombudsman Staff by accepting supervision/technical assistance, complete the 32 hour certification training, and attend mandatory monthly in-service meetings in order to maintain my certification in compliance with the State Ombudsman's Program Guidelines. \_\_\_\_\_ (Initials)

I commit to submitting monthly Activity Reports to the Long Term Care Ombudsman Office no later than the 5<sup>th</sup> day of the following month. \_\_\_\_\_(Initials)

As a resident directed volunteer, I agree to advocate for the interests of the resident, document my findings, report incidents to the Regional Ombudsman or Ombudsman Staff in a timely manner, and I **commit** to following the guidelines set forth by the Long Term Care Ombudsman Program regarding confidentiality. \_\_\_\_\_(Initials)

Upon resignation, I commit to returning my State issued Long Term Care Ombudsman Identification Badge to the Regional Office within 10 days in compliance with the State Ombudsman's Program Guidelines. \_\_\_\_\_ (Initials)

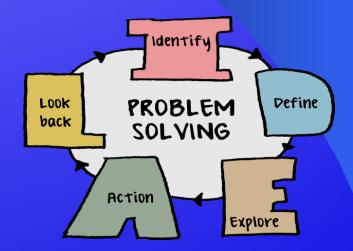
Volunteer Signature \_\_\_\_\_ Date \_\_\_\_\_

Regional Ombudsman Signature \_\_\_\_\_ Date \_\_\_\_\_

Rev. 7-19-18

# **Retaining Volunteers**

- Benefits of Being A LTC Ombudsman
- Free certification training
- Prevent abuse, neglect & exploitation
- Mileage reimbursement
- Continuing education
- You meet new and interesting people
- Helping our most vulnerable neighbors
- Increased knowledge of community resources
- Annual volunteer appreciation and recognition



# **Retaining Volunteers**

Volunteer Appreciation

• We host a volunteer appreciation event in April during volunteer appreciation month

	First	Second	Third
Total Hours			
Total Visits			
Of The Year			
20 Year		Jacket	
15 Year		Wood pen & case	
10 Year		Plague	
8 Year		8 year Pin	Heart & Hands Pin
5 Year	3	5 year Pin	Spirit of Excellence Pin
3 Year	3	3 Year Pin	Radiant Appreciation Pin
One year	7	1 year Pin	Puzzle Piece Pin
In Appreciation			



First	Certification Date	Service Years					
Joel	9/20/2016	3 yrs 8 months	4				
Carolyn	6/9/2017	2 yr 10 months	3				
Bonnie	11/5/2015	4 yrs 5 months	4				
Sharon	5/1/2009	11 years	11				
Janie	10/17/2018	1 yr 6 months	2				
Pearl	10/11/2019	7 months	0				
Gretchen	9/19/2014	5 yrs 7 months	6				
Sari	10/11/2019	7 months	0				
John	10/11/2019	7 months	0				
Sara	2/7/2019	1 yr 2 months	1				
Judy	4/29/2015	5 yrs	5				
Bruce	10/17/2018	1 yr 6 months	2				
Linda	9/1/2004	15 yrs 7 months	16				
Theresa	9/20/2013	6 yrs 7 months	7				
Jacquie	10/17/2018	1 yr 6 months	2				
Cathy	8/16/2017	2 year 8 months	3				
Barb	9/20/2016	3 yrs 7 months	4				
Una	10/11/2019	7 months	0				
Edith	9/1/2004	15 yrs 7 months	16				
Gary	10/17/2018	1 yr 6 months	2				
Sharon	9/1/2006	13 yrs 7 months	14				
Michal	9/20/2013	6 yrs 7 months	7				
Joanne	8/10/2018	1 yr 8 months	2				
Jean	5/31/2019	1 yr	1				
Lolita	4/29/2015	5 yrs	5				
Noreen	11/28/2017	2 year 5 months	2				
Mark	4/29/2015	5 yrs	5				
Gary	10/17/2018	1 yr 7 months	2				
	Total Experience	117 yrs 10 months					

# Retaining Volunteers Volunteer Appreciation (cont.) We host an annual holiday party, pot luck and "white elephant gift exchange





Retaining Volunteers Volunteer Appreciation (cont.)

- We acknowledge volunteers' birthdays at our monthly in-service meetings
- Sick volunteers are mailed a get-well card
- Often we say:

Good Job!

Thank-You!

Please!

Good Idea!



# **Retaining Volunteers**

- COVID-19 Considerations:
- Communicate To Keep Volunteers Engaged
- Share "success/feel good" Ombuds Stories
- Encourage Creativity In Communicating with Residents
- Promote Use of Webinars and Other Online Learning Opportunities
- <u>Matthew McConaughey hosts virtual bingo for seniors</u>

We survived another week of COVID-19!! Adapting to our "new normal" can be challenging; so, we have put together some virtual visiting ideas, tools and tips to help you with adapting to our "new normal."

- One of our volunteer Ombuds (Sari) shared that two of her facilities are using technology to assist residents in contacting her. These two facilities have access to an iPad. The volunteer Ombuds gave her number to the Administrator, head of day and night nursing and the Activities Director so they can call her using FaceTime. The staff hand the iPad to the resident so that the volunteer Ombuds can have virtual face-to-face contact. The volunteer Ombuds felt this was incredibly helpful as an Ombudsman.
- Another one of our volunteer Ombuds (Michal) called me to obtain my guidance regarding calling her facility to ask them
  about what are they doing to combat isolation, loneliness and depression since residents are not being allowed to have
  visitors and activities may have been suspended?

I told the volunteer Ombuds that her question is a great question and that she should call her facility and ask the facility administrator that question. As we talked more, I encouraged the volunteer Ombuds to also ask the facility a few other questions:

- Are they looking at creative ways in which they can offer activities or use technology to engage residents?
- Could they conduct activities in small groups and use social distancing to protect residents by keeping them six feet
  or more apart while providing meaningful and fun activities for the residents?
- Have they considered purchasing additional Wii gaming systems or tablets that residents can check out and use to play Wii games on their TV in their rooms or play games on a tablet in their rooms?
- Does the facility have a Hulu, Netflix, Sling TV or Amazon Prime account that it can extend/expand the use to residents whereas residents can then access a large library of free streaming movies and free streaming TV shows?

Here are some other virtual tools that can be suggested to facilities or shared with residents:

- Online Board Games <u>https://lifehacker.com/you-can-play-these-games-online-with-friends-1842347093</u>
- Having presentations, performances, demonstrations, yoga lessons, cooking losses etc. Using Facebook Live, YouTube or Zoom, or some other online meeting platform.
- Online art clubs <u>https://mvmodernmet.com/coronavirus-ouarantine-art-club/</u> Participants make art based on a daily prompt or theme, and then share their work online (usually on Instagram). This would encourage participants to process what they're experiencing through art, and also gives them the opportunity to have discussions with others in the club.
- Create a collaborative story <u>http://hackeducation.com/2011/03/25/exquisite-corpse-2-0-4-apps-for-collaborative-story-writing.</u>
- Take a free online course together to gain skills and knowledge <u>www.coursera.org</u>; <u>www.lynda.com</u>; <u>www.udemy.com</u>; or <u>www.edx.org</u>.

Lastly, don't forget that your self-care is important. This week I downloaded an app called Calm to my smart phone. It is a meditation and relaxation aid. Calm, named the 2017 iPhone app of the year by Apple itself promises to help users sleep better, boost confidence, and reduce stress and anxiety, all with the help of guided meditations, soothing music and bedtime stories. Calm can be found in the App store for iPhone users or the Google Play store for android users.

Keep making those calls to your facilities and residents and keep sharing those creative ideas that you, facilities, families and residents are coming up with to stay connected!!

Have a great weekend and I will be in touch with everyone again next week! Same "Bat" Time! Same "Bat" Channel! Aaron



### **Contact Information**

Personal Email: riley@snapwa.org

Program Email: <a href="https://www.ico.org">ltcop@snapwa.org</a>

### Website address:

https://www.snapwa.org/services-we-provide/i-am-a-senior/ombudsman/



# Why People Quit

Number 5: Lack of communication

Number 4: Lack of professionalism



Number 3: The feeling that the volunteer is not really making a difference

Number 2: No feedback from leadership about how the volunteer is doing

#### And the Number 1 reason: The volunteer leader who doesn't know how to lead

Tom McKee is president and owner of www.volunteerpower.com

# Why People Quit

The organization did not provide clear communications and expectations to the volunteer regarding:

- A. Role
- B. Responsibilities
- C. Boundaries
- **D.** Expectations

#### They felt alone and isolated.

They did not experience what they thought they would experience.

They did not receive the on-going training they needed.

#### They were burnt out.

# What Can We Learn from Volunteers Who Quit? And, Why Is This Important?

#### How to improve:

Recruitment process Communication Training

May keep people volunteering

May help volunteer become a better advocate



### Interventions

### Poll volunteers with a satisfaction survey

- What problems or frustrations have you had in your LTCOP work?
- What topics for continuing education do you feel would be helpful?
- When you need help, how does the state or local ombudsman program staff respond?
- How helpful are monthly (or quarterly) meetings?
- What would you change about monthly (or quarterly) meetings?
- Which LTCOP representative role (advocate, complaint investigator, or educator) do you find the most challenging? Why?
- What are some of the barriers that prevent you from accomplishing the goals of the LTCOP?
- During monthly (or quarterly) meetings, you are asked to share your experiences. How does this help or not help? Why?
- What else can be done to provide you with support in your work with this program?

### Interventions

#### **Use Program Data to Improve Reporting Rate and Volunteer Retention**

- Volunteer Ombudsmen may be discouraged by the amount of reporting
  - Give them the "Big Picture."
  - Share the Data and Cases with Successful Outcomes.
  - Explain their Impact.
  - Individual Cases to Systems Advocacy.
  - Encourage Them to Share.
  - Reward Timely, Accurate Reports.

### Retention

Is an outcome, not a task

Retention is the end result of a well-organized, welcoming, and meaningful volunteer assignment



# What Makes Volunteers Happy

- Volunteers want you to be prepared for them.
- Volunteers want to feel welcomed.
- Volunteers want good training.
- Volunteers want to do interesting work.
- Volunteers want to know up front how much time the job will take.

- Volunteers want to be appreciated.
- Volunteers want you to communicate with them well and often.
- Volunteers want to know that they are helping to make the world a better place.
- Volunteers want to be socially connected.
- Volunteers want to learn something new.

### Communication





### Poll #3

- Does your program use Zoom, Go To Meeting, Skype, etc. to meet with volunteers face to face?
  - State Level: Yes
  - State Level: No
  - Local/regional Level: Yes
  - Local/regional Level: No

# RESOURCES

# The following resources (and more) are available on the NORC Volunteer Management Page <a href="http://ltcombudsman.org/omb\_support/volunteer">http://ltcombudsman.org/omb\_support/volunteer</a>

- NORC Ombudsman Compendium: Recruitment, Training, Retention <u>http://ltcombudsman.org/library/ombudsman-compendium</u>
- Long Term Care Volunteer Ombudsman Program Exit Interview Questionnaire <u>http://ltcombudsman.org/uploads/files/support/Exit-Interview-Questionnaire-NY.pdf</u>
- Long-Term Care Ombudsman Volunteer Exit Interview <u>http://ltcombudsman.org/uploads/files/support/HI-Vol-Exit-Interview.pdf</u>
- Ombudsman Volunteer Program Exit Interview <a href="http://ltcombudsman.org/uploads/files/support/UT-exit-interview.pdf">http://ltcombudsman.org/uploads/files/support/UT-exit-interview.pdf</a>
- Volunteer Advocate Program Survey for Resigned Volunteers <a href="http://ltcombudsman.org/uploads/files/support/MN-Vol-Adv-Survey.pdf">http://ltcombudsman.org/uploads/files/support/MN-Vol-Adv-Survey.pdf</a>
- Ombudsman Volunteer Survey <a href="http://ltcombudsman.org/uploads/files/support/Volunteer-Survey-MO.pdf">http://ltcombudsman.org/uploads/files/support/Volunteer-Survey-MO.pdf</a>

Join the LTCOP Volunteer Management listserv to share challenges and successes with your peers from across the country, contact <u>cscott@theconsumervoice.org</u>

### **Communication Tips and More...**

http://ltcombudsman.org/omb\_support/volunteer/calls-webinars

- LTCOP Volunteer Management: Model Materials and Sharing Best Practices
- Effective Training, Oversight, and Communication: Key Practices to Support Volunteer LTCO and Minimize Risk
- Supporting Volunteer LTC Ombudsmen and Minimizing Risk
- Modernizing Your Program to Attract and Retain Today's Volunteer

#### http://ltcombudsman.org/

#### **Click Support**

#### Click Volunteer Management

http://ltcombudsman.org/omb\_s upport/volunteer



#### Specialized Information for:

Nursing Homes

mes Assisted Living/Board & Care

Home and Community Based Services

NORC Conference Calls/Webinars

NORC Notes

National Ombudsman Reporting System -(NORS)

Program Management Program Promotion Systems Advocacy Technical Assistance FAQs Training Volunteer Management

#### Getting Started

#### **Volunteer Management**

Volunteers are the backbone of many Long-term Care Ombudsman Programs. With the help of volunteers, the Ombudsman program can have a regular presence in facilities and stay in touch with residents. Included are resources on recruitment, training, retention, and recognition of volunteers; materials from webinars hosted by the NORC; and volunteer management examples from Ombudsman programs around the country.

- Getting Started
- Program Management
- Volunteer Training
- Volunteer Recognition and Retention
- Volunteer Management Conference Calls/Webinars

#### Join our LTCO Volunteer Management Network Listserv!

NORC has created a free, private listserv for Ombudsman programs that manage volunteers. The purpose of this listserv is to promote discussion among your peers and share challenges and successes regarding Ombudsman program volunteer management. NORC staff will respond to questions and highlight resources, as appropriate. The group is only open to Ombudsman

#### Resources

- *NORC Notes* monthly reminder of available resources and tips for using them
  - Archived issues -• http://ltcombudsman.org/omb\_support/norc-notes
- *Ombudsman Outlook* quarterly e-newsletter •
  - Archived issues -• http://ltcombudsman.org/library/ombudsman-outlook



A monthly reminder of available resources and tips for using them.

May 1, 2018

#### Engaged at Every Age: Resources for Consumers

An important element in quality care is the ongoing process of engaging consumers in the decisions made regarding their care and life. To give good care, staff must assess each resident and plan care to support each person's life-long patterns, current interests, strengths, and needs. Resident and family involvement in care planning gives staff information they need to make sure residents get good care and the care they deserve. Below are resources and information about engaging consumers in their care.



#### **Resources for Ombudsman** Share with Consumers



for members of resident a community education. Re Long-Term Care Ombu This resource walks read **Ombudsman Outlook:** News, Resources, and Tips The National Long-Term Care

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#### CMS Quality and Certification Oversight Reports Website: Publicly Available Enforcement Database

In August 2017, the Centers for Medicare & Medicaid Services (CMS) launched a new website called the Quality and Certification Oversight Reports (QCOR) to replace the Survey and Certification Providing Data Quickly (S&C PDQ) system. The previous S&C PDQ system required a username and password to access the enforcement information, but the new QCOR website does not require log-in information and is readily available to all long-term care stakeholders and the public. Per the CMS S&C memo, the new website is part of a CMS initiative "focused on increased transparency and access to data, to providers, suppliers, and stakeholders."

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The new QCOR website provides the results of CMS survey and certification activity over the last 10 years. The QCOR website can be accessed at https://gcor.cms.gov.

The site includes information on all CMS providers and suppliers, such as home health agencies, hospices, intermediate care facilities for individuals with intellectual disabilities (ICF/IID), and nursing homes. There are multiple reports available regarding enforcement of nursing homes, including survey reports, deficiency reports, enforcement reports, and abuse reports. A few examples of the type of information available in these reports are below.









### **Website and Resources**

Please share your success stories, challenges, state and local newsletters, materials, and resources

Looking for something? We can help!



# **QUESTIONS?**

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