

“What is an Ombudsman Volunteer?!”

It’s a mouthful; but in her world it’s just another word for ally. Do you have four hours a week to be an ally?



We believe everyone has the right to age with dignity and respect, and the Northern Virginia Long-Term Care Ombudsman Program (NVLTCOP) serves as a powerful community partner in this mission. Volunteers help in providing advocacy services to ensure the highest quality of life and care for people receiving long-term care services. You are invited to help support and protect long-term care residents in our community by becoming an Ombudsman Volunteer!

The NVLTCOP is looking for individuals who are empathetic, diplomatic, assertive, and skilled communicators. We offer a three-day in-person initial training, and ongoing training throughout the year. Our next training is in March 2024; please join us! For more information, please call 703-324-5861, or email

NVLTCOP@fairfaxcounty.gov.