*Attention Long-Term Care Residents*

You do not lose your rights as a citizen of the United States or of Illinois because you live in a long-term care facility

You Have Rights!

- To be treated with care, dignity, and respect
- To be safe and free from abuse of all types
- To participate in your own plan of care
- To appeal involuntary discharges
- To be free from retaliation for complaining
- To have assistance with moving into the community when possible
- To purchase and install audio and/or video devices with consent of your roommate

Call us with questions, concerns, or complaints.
We offer free and confidential advocacy.
Ombudsmen are resident advocates and are resident directed.

Contact your local Long-Term Care Ombudsman:

or

Contact the Senior HelpLine: 1-800-252-8966

1-888-206-1327 (TTY) • Illinois Department on Aging
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