## Helping People, Changing Lives!

## Volunteer Opportunity

Serving residents of nursing homes, assisted living, residential care and veterans homes. *Training provided!* 

ADVOCATE be a voice for residents who are not heard

**EDUCATE** inform residents of their rights

**EMPOWER** encourage residents to solve problems

Learn more about how you can join this network of volunteers! health.mo.gov/ombudsman 800-309-3282

