

COVID-19 Recovery and Reentry: TA Open DialogueWebinar Series – Volunteer Recruitment and Training

April 27, 2021

Welcome!



 Use the Q&A feature for questions for the speakers.

 Use the chat feature to submit comments or respond to questions from speakers or other attendees.

 Please complete the evaluation questionnaire when the webinar is over.

Have a question? Use the Q&A or Chat box.

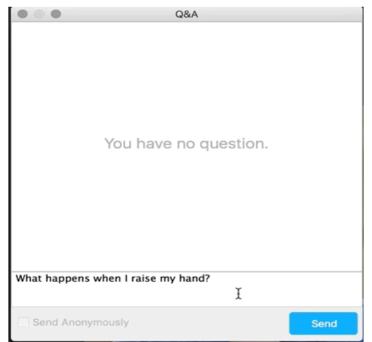




Ouestion & Answer

The Q&A window allows you to ask questions to the host and panelists. They can either reply back to you via text in the Q&A window or answer your question live.

- 1. Click Q&A to open the Q&A window.
- 2. Type your question into the Q&A box. Click Send.



Chat

The in-meeting chat allows you to send chat messages to and send a message to the host, panelists, and attendees (if permitted).

1. Click **Chat** to open the in-meeting chat.



- 2. The chat will appear on the right side of your Zoom window if you are not in full screen. If you are in full screen, it will appear in a window that you can move around your screen as needed.
- 3. To change who you are chatting with, click the drop down beside **To:**.



4. Type your message and press **Enter**.

Top Five Traits to Look for in Your Next Volunteer

- Recruit Passionate People
- Recruit Committed People
- Recruit Reliable People
- Recruit People with Leadership Skills
- Recruit Team Players

https://www.volunteerhub.com/blog/top-five-traits-to-look-for-in-your-next-volunteer/

Poll Question 1

- Are people interested in volunteering able to sign up electronically?
- > Yes
- ≻No

Ohio LTCOP: Beverley Laubert and Mary Book

Beverley Laubert, State Long-Term Care Ombudsman

Beverley has been an ombudsman for thirty-three years, including twenty-six as the State Long-Term Care Ombudsman in Ohio. She holds a Bachelor of Arts in Gerontology from Kent State University and a Master of Arts from The Ohio State University's John Glenn College of Public Affairs, with an emphasis in strategic leadership and long-term care.

Mary Book, Volunteer Coordinator, Region 7 LTCOP

Mary is the Volunteer Coordinator for the Ohio Area Agency on Aging, District 7. She has been a member of the AAA7 Ombudsman team since 2010 when she became a volunteer Ombudsman Associate. She then joined the staff in 2014 as a part time Ombudsman Assistant and became a certified Ombudsman Specialist in 2015. Prior to joining the Ombudsman team, she worked at the U.S.S.A. Senior Center as the Outreach Coordinator and as a Home Health Aide.

These encounters with the elder population inspired her to want to help this age group. Mary retired from the State of Ohio after 31 years of service. She began her career with the Department of Administrative Services as a Data Entry Supervisor and then moved on to the Department of Youth Services (DYS). She held various positions during her ten years with DYS and retired as the Management Analyst Supervisor for the Reception Center. After six months of retirement, DYS called her back into service and she worked as a Records Auditor for the department for another three years. Mary volunteers at The Potter's House Ministries working as a resource counselor.



Building & Sustaining a Corps of Volunteers

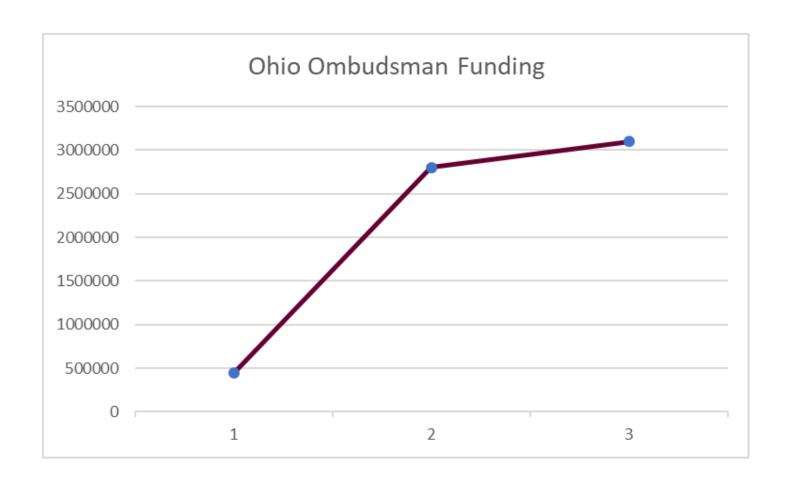
April 27, 2021



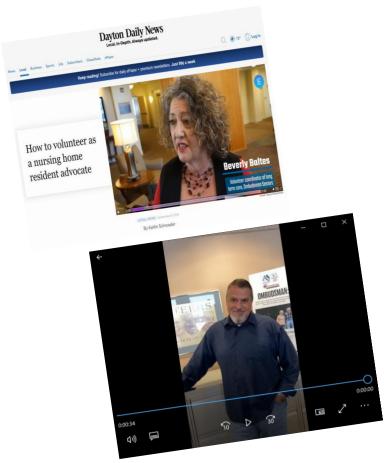
Investment

- Inputs, Outputs & Outcomes
 - Volunteers & staff
 - Regular presence
 - Increased complaints
- Demonstration of results
- Budget request
 - Champions
 - Tools







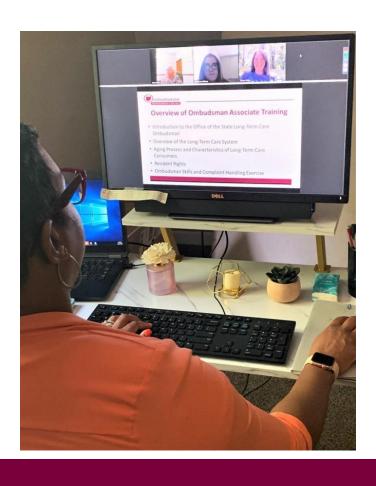


- Relationships
- Capitalize on related stories
- Personalized appeal
 - COVID-19 opportunity



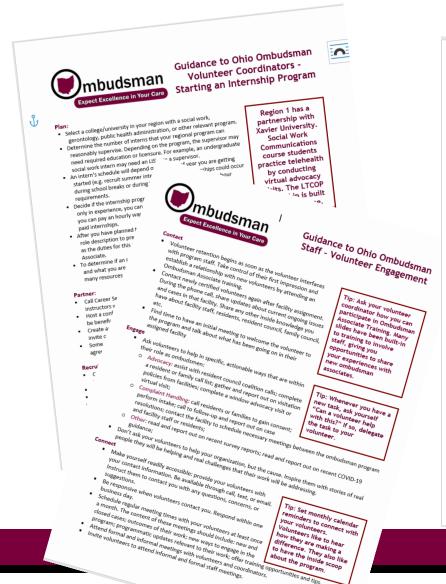


State Office Support



- Certification
- Regular guidance
 - Internships
 - Appreciation
 - Staff engagement
- Meetings
 - Bi-monthly required
 - Roundtables
 - -1:1







Guidance to Ohio Ombudsman Volunteer Coordinators -Appreciating Volunteers in a Virtual World

Below are some ideas regarding how to appreciate your volunteers as well as how to plan for, and implement, volunteer appreciation virtually.

Online Unboxing:

- Schedule a virtual volunteer gathering via video conferencing software, allow a call-in option for volunteers who do
 not have computer/internet access.
- Mail each of your volunteers a personalized gift with a personalized thank you card. Inform volunteers to expect a
 package but tell them to wait until a virtual volunteer gathering to open it.
- When the time comes for the virtual gathering, have each one of the volunteers "unbox" their gift on camera. For
 those not using a computer, have them open their gift and describe what they received and have them read their
 thank you card, so that they feel included.
- Present a program slideshow, impactful volunteer data, video, skits, a guest speaker, and/or music.

Online Dinner Party:

- · Ask your volunteer to pick a favorite restaurant and menu item near their home
- Arrange for a virtual dinner party via video conferencing software, on a specific date and time tell volunteers not
 to eat dinner! Allow a call-in option for volunteers who do not have computer/internet access.
- Obtain their most up-to-date addresses and on the day of the dinner party, order their favorite foods/snacks via Door Dash, Grub Hub, Go Puff, or Uber Eats and have it delivered to their homes.
- Wait for all food to arrive and eat together.
- Present a program slideshow, impactful volunteer data, video, skits, a guest speaker, and/or music.

Miscellaneous Virtual Activities to Include During Virtual Gatherings:

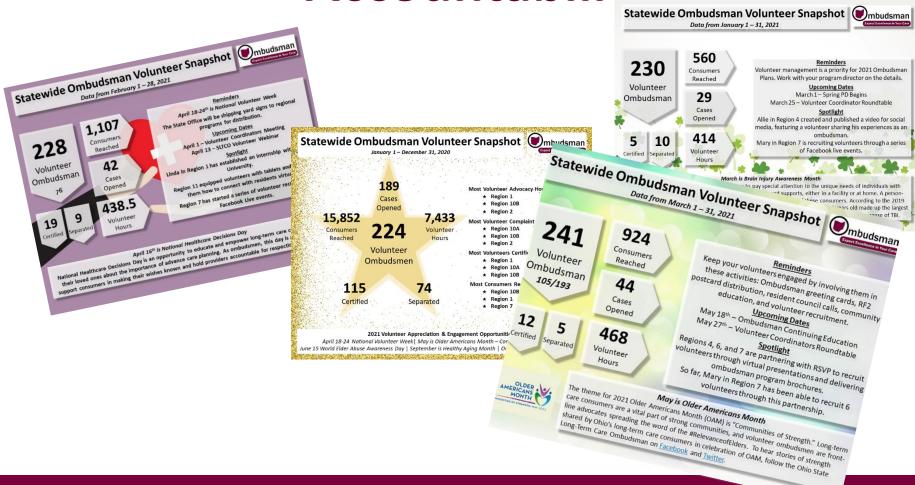
- Show and Tell: have volunteers show a hidden talent or ask volunteers to share a story. Encourage volunteers to share pictures with you ahead of time, so you can create a slideshow.
- These are a few of my favorite things: Ask volunteers to email you pictures of their hobbies, pets, kids, and vacations.
 Create a slideshow to share with volunteers during a virtual gathering.
- Wheel of Fortune, Jeopardy, Who Wants to be a Millionaire, Family Feud, and other gameshow style games can be
 used to create a fun activity for volunteers. Games can be virtual, Ombudsman-themed, and give volunteers a chance
 to win real prizes.
- Online card game: Play Uno, Phase 10, Skip Bo, Euchre, hearts, spades, poker, or have a black jack tournament.
 Please do not bet or gamble. Include opportunities to win prizes along the way for winning or participating.
- Host a Volunteer Awards Show: give your volunteers special superlatives based on their work with your
 organization. Mail them trophies, certificates, and/or plaques that display the superlative for them to open during a
 virtual gathering.
- Staff and volunteer recipe book: collect recipes (with pictures) from staff and volunteers and create a digital recipe book to share with everyone during a virtual gathering.

Appreciation Styles:

- Use this short survey to help you identify how your volunteers like to be appreciated https://volunteer.ca/vdemo/rec_tool.html
- HEARTFELT HOORAY This volunteer prefers a personalized thank you for their volunteer efforts. It is important for him/her to hear about how his/her volunteering has impacted others.
- GOODIES AND GIFTS This volunteer really enjoys receiving tangible tokens of appreciation for his/her volunteer
 efforts such as a mug, t-shirt or gift card.
- MEET AND MINGLE Whether it is an informal outing or a formal get together, an invitation to socialize and network is this volunteer's preferred way to be recognized.



Accountability





- Health Fairs
- Community Events
- Organizations/Clubs
- County Fairs
- Community Groups







- Radio
- Newspaper
- AAA7 Website/Newsletters
- Recruitment Posters
- AAA7 Facebook Page
- Facebook Live



- Facebook Live
- 10 to 15 minutes
- Different topics
- Every other week



Thursday, April 22nd at 10:00 am AAA7 Facebook Page

Learn more about the Volunteer
Ombudsman Associate Certification
Process





- Telephone calls
- Facetime calls
- Personal note cards
- Holiday cards
- Monthly group calls
- Monthly staff calls
- Assisting with cases





Oregon LTCOP: Natascha Adams

Volunteer Recruitment Specialist

Natascha Adams is a Volunteer Recruitment Specialist for the Oregon Office of the Long-Term Care Ombudsman. Natascha is a graduate of the George Washington University, with a Master's Degree in Museum Studies. Her introduction to the management of volunteers was while interning for the Smithsonian Folklife Festival in graduate school. She now has over 15-years experience in recruiting, training, retaining, and showing appreciation for volunteers.

Most of her life has including volunteerism in one form or another. Volunteering can take many forms, and Natascha has participated in opportunities from Hurricane Katrina clean up, to serving as President of the Board for the Monmouth-Independence Chamber of Commerce.

Natascha believes that making the world a better place is far from a naive notion - it is a concept that should be embraced and celebrated!



Volunteer Recruitment Strategies in Oregon







Hello! My name is Natascha Adams.

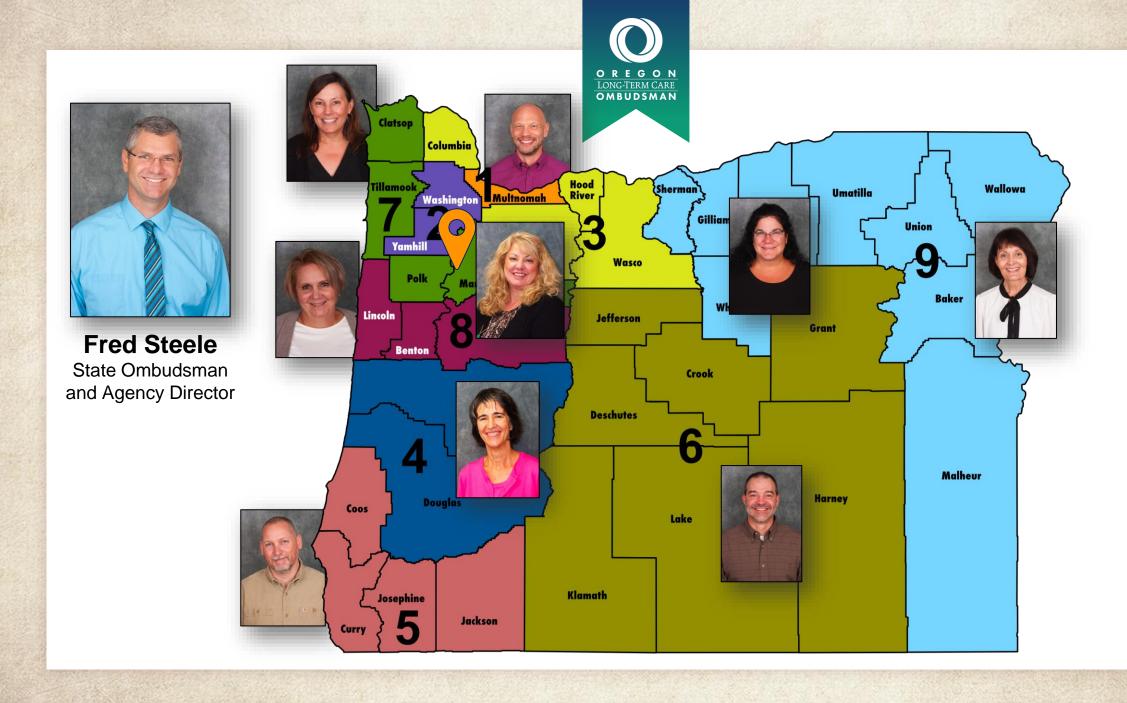
Volunteer Recruitment Specialist for the Oregon Office of the Long-Term Care Ombudsman

natascha.adams@oregon.gov



Welcome to Oregon

- ♦ Established in 1981
- ♦ Older Americans Act
- ♦ Legislative authority (ORS 441.400)
- ♦ Approx. 45,000 Residents Statewide
- ♦ Approx. 685 facilities in Oregon
- Independent State Agency
- ♦ 16 Staff / 145-160 Volunteers
- ♦ 9,535 hours given in 2020







- Application Submission
- Interview & Screening
- Criminal Records Check
- Training & Certification
- Onboarding
- Facility Assignment

An application can be printed from our website, completed online, mailed, faxed, or sent by email.



The Rule of Seven







Resources for Recruitment

Newspapers

- Press releases → articles
- Organic articles
- Volunteer listing
- Letter to the Editor
- Paid advertising

Direct Mail

Postcards

Facebook

- Posts
- Events
- Boosts
- Connecting with others

PSA

- 30-sec TV info
- 3-minute volunteer (web)
- Radio
- English & Spanish

Events & Presentations

- Volunteer & Senior Fairs
- Service Organizations
- Local Government
- Local events
- LTCO webinar

Misc

- YouTube Channel
- Pizza boxes & Takeout
- Yard signs
- Bus ads
- Legislator emails
- Direct communication with facilities and residents



FACEBOOK

Cong-Term Care Ombudsman Oregon Published by Natascha Adams @ - February 11 - 8

AARP

Fraud Prevention

COVID-19 Scams



The COVID-19 pandemic continues to affect us all, and scammers continue to do all

Cong-Term Care Ombudsman Oregon

Published by Natascha Adams O · March 31 at 12:03 PM · G

the line" for quicker access to the COVID-19

to feet marks took his and household

We are participating in the Coos Bay virtual volunteer fair today. Interested in learning more or want to join us? Check out this link; https://www.coosbaylibrary.org/virtualvolunte

 Long-Term Care Ombudsman Oregon Published by Natascha Adams O · February 12 · G

Join us for our webinar today to learn more about what our agency does to help Oregonians living in long-term care facilities. We will also discuss what our volunteers do, and how to become a volunteer if interested!

Register here: https://zoom.us/webinar/register/WN_bnGmaE1aSU6B-sdFpjUDjQ



FRI, MAY 14 AT 1 PM PDT AND 7 MORE Monthly Webinar: Volunteer Open House

Salem, OR 0 Going - 53 Interested

0

Most R

Long-Term Care Ombudsman Oregon

Published by Natascha Adams @ . March 29 at 9:20 AM . 3

We have live, in-person, online trainings coming up in May and during the summer months. Join our team today and make an impact in your community!

For more info or to apply check out our website: www.oltco.org/volunteer/ltco.html

YOU SHOULD HAVE:



Determination



Ability to communicate



Covidence Comparis to Sharing a COVID-19 Update.

into the facilities to advocate in person (with all the appropriate PPE of course!). Remember to call 1-800-522-2602 if you have concerns/complaints/inquiries about

your care or the care of a loved one in long-term care, we can... See More

Our State Long-Term Care Ombudsman, Fred Steele, talks to one of our Certified Long-Term Care Ombudsman Volunteers as they both receive COVID-19 vaccines. Many of our staff and volunteers are fully vaccinated and are so excited to be getting back out

Published by Ashley Carson Cottingham . March 19 . 3

YOUTUBE.COM Join Our Team

Idsman Oregon

ams @ · Yesterday at 12:01 PM - 🐧

opportunity for us to celebrate the impact of our power to make a difference and to be a force that

es in the world is an individual who has realized their ng National Volunteer Week, Governor Kate Brown wants inary volunteers who dedicate time, talent, voice, and needs of Oregonians living in long-term care.

your application today! 55656015048

STATE OF OREGON

ROCLAMATION

OFFICE OF THE GOVERNOR

gon's history, individuals have actively volunteered their time, talent, and we our communities and make our state a better place; and

Boost Post

rtified ombudsman volunteers have worked to protect individual rights, of life, improve care, and promote dignity for over 45,000 residents living in g facilities, assisted living, memory care facilities, and adult foster homes; and

As we emerge from the devastating global pandemic, wildfires, and an ice storm, volunteers are needed now, more than ever, to support and advocate for Oregonians who live in long-

We honor the many individuals who lend their time, skill, effort, and compassion to providing residents in long-term care settings a voice, and for the advocacy needed to ensure that their rights are upheld; and

Oregonians are encouraged to volunteer during this week and year-round, as a reminder that giving back to the community creates a cycle that strengthens the entire community.

I, Kate Brown, Governor of the State of Oregon, hereby proclaim April 18-24, 2021 to be

NATIONAL VOLUNTEER WEEK

in Oregon and encourage all Oregonians to join in this observance.

IN WITNESS WHEREOF, I hereunto set my hand and cause the Great Seal of the State of Oregon to be affixed. Done at the Capitol in the City of Salem in the State of Oregon on this day, April 12, 2021.





Events & Presentations

♦ Volunteer & Seni

Service Organizat

Local Government

Local events













volunteers so contact us today!

We Need Volunteers!



If you want to fight for the rights of seniors in long-term care facilities, contact us today!

Office of the Long-Term Care Ombudsman 3855 Wolverine St. NE Salem, OR 97305



800-522-2602



ltco.info@oregon.gov



www.oltco.org



OregonLTCOmbudsman



₽ YouTube

Search

















MANAGE VIDEOS

HOME

VIDEOS

PLAYLISTS

CHANNELS

DISCUSSION

ABOUT

CUSTOMIZE CHANNEL

Q

Uploads



▶ PLAY ALL









Join Our Team

70 views • 1 month ago

Caregivers are Heroes! (Espanol)

4 views • 3 months ago

Caregivers are Heroes!

46 views • 3 months ago CC

RFO

38 views • 6 months ago

COVID LTCO Video

252 views • 6 months ago

CC



Miscellaneous

- Direct communication with facilities and residents
- Pizza boxes & Takeout
- Movie Theatre Ads
- Utility Bill Inserts
- Legislator emails
- Yard signs
- Bus ads

An Ombudsman is an **advocate**, someone who will speak up for you and ask questions on your behalf. We can assist you in understanding your rights and getting the best possible care. Our service is **free**, **confidential**, and we're happy to help. Don't worry, facilities like working with us too; we solve small problems before they become large ones.

A few typical concerns:

- Nutrition, diet, and menu Eviction notices
- Violations of resident rights Poor quality of care
- Medications incorrect or at wrong times

Their Rights.
Your Voice.



"My life has been so different ever since I called the Ombudsman. I'm so grateful for this very good program. Thank you for everything."

Bessie (Oregon Long-Term Care resident '17)



To learn more about volunteering, or to report a concern, call 800-522-2602 or visit www.oltco.org



Oregon's Long-Term Care Certified Ombudsman volunteers are working from home during the corona virus pandemic and still available to help.

Our volunteers work to protect individual rights, enhance quality of life, and promote the dignity of residents living in licensed long-term care facilities by:

- Talking with residents regarding concerns
- Investigating concerns and complaints
- Advocating for resolution
- Educating residents, family and staff





I want to encourage you to conhave any complaints or concern

A pandemic will not stop me frofor you!

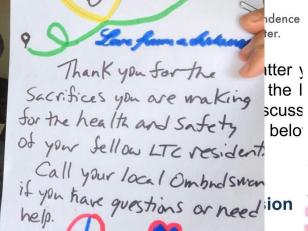
I can be reached by phone or e

[Name] [Phone]











Monmo

Love from a distance.

Always remember that, in someway or another, you're somebody's angel, even if you don't know it. They love you and think of you even if you don't hear it every dow. Trust that there is love all around you even if you cannot feel it.



Thope in times like this, you are staying sade and having fun. It's now spring and flowers are starting to bloom, when I in the sis is over I don't know about you, but love: Brooke, 4th grade

Office of the Long-Term Care Ombudsman | 3855 Wolverine St NE, Ste 6, Salem, OR 97305 | 800-522-2602

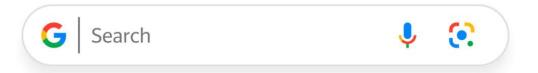
n's most





Helpful Links to Resources

- www.powtoon.com (create videos)
- www.jotforms.com (create online submittable forms)
- www.iconarchive.com (free icons)
- www.fonts.google.com (free fonts)
- www.slidescarnival.com (free PowerPoint slides)
- www.studio.youtube.com (create a YouTube channel)







We Need Volunteers! Virtual Trainings Scheduled for Summer & Fall.

Looking for something meaningful to do during and post the pandemic? Like to help others? Want to stay connected in the community?

Benefits of Volunteering as a Certified Ombudsman:

- Improve the quality of care for residents in long-term care.
- Make a direct, immediate, and positive impact for others.
- Develop knowledge on navigating longterm care systems.
- Hone problem-solving techniques and people skills.
- Enjoy the support and camaraderie of other like-minded community members.
- Work independently on a flexible schedule.

The Long-Term Care Ombudsman

As resident advocates, an Ombudsman's mission is to enhance the quality of life, improve the level of care, protect the individual rights, and promote the dignity of each Oregonian living in a long-term care facility.

How it is done? Certified Ombudsman volunteers, once trained, are assigned to a facility. During the pandemic advocacy is performed over the phone or virtually. Once the pandemic is under control advocates will resume visiting with residents at the facility.

For more information contact:

Natascha Adams | natascha.adams@oregon.gov | 971.600.6149

Visit www.oltco.org to sign up for an informational webinar.











Thank You!

Oregon Office of the Long-Term Care Ombudsman

Natascha Adams

natascha.adams@oregon.gov

Early Registration through April 30 for only \$99



INSPIRE. LEARN. ACT.

As we have seen over the past year, new ideas and innovative practices continue to emerge in response to a global pandemic and movements on human rights, social justice and racial equity. Together, we can forge deeper connections with our communities as we work to build a "better normal" and be an inspiration and resource for change around the world.

The Points of Light Conference is a global convening of nonprofit, government, business and civic leaders who connect and uncover meaningful ways to drive transformative change.

This is also your opportunity to be among the first to hear new ideas and innovative practices in engaging community and earn PDUs towards renewing your Certified in Volunteer Administration (CVA) credential.

Join a network of peers for the 2021 Points of Light Conference as we inspire, learn and act to build a better normal through participatory, vibrant communities.

https://events.bizzabo.com/297882?utm_medium=email&utm_content=119715 489&utm_source=hs_email

DISCUSSION



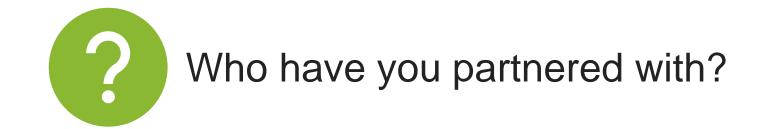
You gotta ASK!

https://images.search.yahoo.com/search/images?p=funny+image+what+do+you+mean+you+haven%27t+signed+up+to+volunteer+yet&fr=mcafee&type=E210US978G91480&imgurl=https%3A%2F%2Flookaside.fbsbx.com%2Flookaside%2Fcrawler%2Fmedia%2F%3Fmedia_id%3D1985353515092895#id=1&iurl=https%3A%2F%2Flookaside.fbsbx.com%2Flookaside%2Fcrawler%2Fmedia%2F%3Fmedia_id%3D1985353515092895&action=click



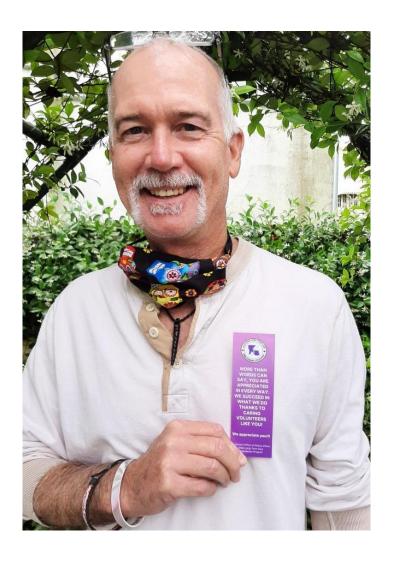
Partnering with Other Organizations

 The Wyoming LTCOP partnered with AARP and in their March 2021 newsletter they did an article on the Volunteer Ombudsman Program.









Ohio yard signs

Louisiana bookmarks

Resources on NORC Website

https://ltcombudsman.org/omb_support/volunteer

Volunteer Long-Term Care Ombudsman Program Representative Toolkit – Introduction (PDF)

- I. Letter to Prospective Volunteer Ombudsman Program Representative (PDF)(Word)
- II. Key Points for Minimum Volunteer Requirements (PDF)(Word)
- III. Ombudsman Program Volunteer Application (PDF)(Word)
- IV. Volunteer Reference Interview Form (PDF)(Word)
- V. Ombudsman Program Representative Conflict of Interest Form (PDF, Word)
- VI. Volunteer Acknowledgement Form (PDF, Word)
- VII. Interview Questions for Prospective Long-Term Care Ombudsman Volunteers (PDF, Word)
- VIII. Resources (PDF, Word)



LTCOP REFERENCE GUIDE

VOLUNTEER LONG-TERM CARE OMBUDSMAN PROGRAM REPRESENTATIVE INTAKE TOOLKIT 1

This intake toolkit is designed to assist Long-Term Care Ombudsman programs with the application and screening process for potential volunteer Ombudsman program representatives. The toolkit includes several templates that Ombudsman programs can adapt to meet their individual program requirements.

Volunteer Ombudsman program representatives are invaluable, but due to the unique role and responsibilities of the Ombudsman program there are potential risks that need to be addressed. These risks should be evaluated prior to making changes to a program's intake and screening process and policies and procedures should be evaluated periodically. The <u>Volunteer Risk Management Considerations for Long-Term Care Ombudsman Programs</u> worksheet highlights areas of risk and tips for reducing risk to help programs identify potential risk, review current program practices, and develop recommendations for improvements. ²

While it can be challenging to find individuals who are willing to volunteer as Ombudsman program representatives, the purpose of the intake process is to ensure that this is a good fit for both the individual and the program. Through the information received on the application form, interviews, and references, this is the time when both parties can determine whether to proceed. Ombudsman programs should not hesitate to decline a potential volunteer that is not a good fit for this unique position, as it is better to do this upfront than to have a situation arise later when the individual has access to residents.

If the program determines the person would be better placed in another role within the program than as an Ombudsman program representative visiting residents, the individual may be able to use their skills for other valuable tasks. Other tasks or projects may include: creating promotional materials, assisting with content for the program's social media accounts, developing community education materials and training, and participating in community outreach events.

Intake Toolkit Table of Contents

- Letter to Prospective Volunteer
- II. Key Points for Minimum Volunteer Requirements
- III. Volunteer Application Form
- IV. Volunteer Reference Interview Form
- V. Ombudsman Program Representative Conflict of Interest Form
- VI. Volunteer Acknowledgement Form
- VII. Interview Questions
- VIII. Additional Resources

¹ Examples of volunteer application and screening tools from State Long-Term Care Ombudsman Programs and local Ombudsman entities were used in the development of this toolkit. Many of those examples are referred to in the "Resources" section of the toolkit and are available on the NORC website: http://ttombudsman.org/omb_support/volunteer.

^{\$\}times_volunteer Risk Management Considerations for Long-Term Care Ombudsman Programs worksheet is available on the NOBC website in two forms: http://itcombudsman.org/uploads/files/support/risk-management-considerations-for-itcop-worksheet.pdf (PDF) http://itcombudsman.org/uploads/files/support/risk-management-considerations-for-itcop-worksheet.docx (Word). The worksheet is based on information from the Supporting Volunteer LTC Ombudsmen and Minimizing Risk webinar (http://itcombudsman.org/omb-support/volunteer/calls-webinars).



Connect with us:

www.ltcombudsman.org

ombudcenter@theconsumervoice.org





Get our app! Search for "LTC Ombudsman Resource Center" in the Apple Store or Google Play