



The National Long-Term Care Ombudsman Resource Center

Training Videos Used by Ombudsman Programs

Updated August 2018

This list was compiled thanks to input received from Ombudsmen, program representatives, and volunteer coordinators. Please contact the Ombudsman Resource Center at 202-332-2275 or by email at ombudcenter@theconsumervoice.org if your favorite videos are not on this list.

NORC Resources

Consumer Voice and NORC On-Demand Training Center (2018)

Consumer Voice and NORC have created a new FREE online training center. This on-demand education platform allows you to delve into important topics through online courses. Courses are available for consumers, representatives of long-term care Ombudsman programs, advocates, and family members through your computer or mobile device. New courses will be added overtime, so be sure to visit the Center frequently. <https://consumervoice.mrooms.net/>

NORC Webinars

Recordings and materials from all NORC webinars are sorted by year and available on the website: http://ltombudsman.org/omb_support/training/trainings-and-conference-calls

Ombudsman Program Staff and Volunteer Training

Advocates for Residents' Rights (1994) 16 minutes. NORC.

An introduction to the Long-Term Care Ombudsman Program, presented by the late Dr. Arthur S. Flemming. Even though this film is "dated," it provides an excellent overview of the program and stresses the importance of volunteers.

To order call 202-332-2275; visit www.ltombudsman.org; or email ombudcenter@theconsumervoice.org.

And the Home of the Brave (1989) 7 minutes. Tricepts Productions.

The story of Lillian Ross, an 84-year-old, ailing widow, on her first day of admission to a nursing home. She quickly learns about institutional living: her possessions are reduced to a handbag and a suitcase; she is assigned a room with a stranger; her first encounters with caregivers are uneasy; and in the dining hall, among other residents, she finds personal contact just as elusive. Through it all, Mrs. Ross struggles to maintain her dignity and a measure of control over her life. In the end she breaks through the isolation.

To order call 1-800-343-5540 or visit website at: <http://tricepts.keller.com>

Basic Complaint Handling Skills For Ombudsmen (1991) 27:45 minutes. NORC.

This videotape and training guide were developed to assist in teaching basic complaint handling skills to new ombudsmen. It is intended to be used in conjunction with classroom instruction. The situations on the tape are designed to provoke discussions and offer opportunities for teaching specific skills, program policies and procedures, and the ombudsman's responsibility to residents. **Copies available through NORC, to order call 202-332-2275; visit www.ltombudsman.org; or email ombudcenter@theconsumervoice.org.**

Complaints of a Dutiful Daughter 37 minutes. Terra Nova Films.

With profound insight and a large dose of levity, *Complaints of a Dutiful Daughter* chronicles the various stages of a mother's Alzheimer's disease and the evolution of a daughter's response to the illness. The desire to cure the incurable--to set right her mother's confusion and forgetfulness, to temper her mother's obsessiveness -- gives way to an acceptance which is finally liberating for both daughter and mother.

To order call 800-779-8491 or visit website at: <http://www.terranoval.org/>

Dispute Resolution Skills for Long Term Care Ombudsman (1992) 24:45 minutes. NORC. This videotape features five vignettes that show ombudsmen using dispute resolution techniques to handle complaints. Ombudsmen are shown using the skills of a negotiator, mediator, educator, and planner. The video was developed by the California Law center on Long Term Care for the California Department of Aging, and was originally disseminated by the National Center for State Long Term Care Ombudsman Resources to all State Ombudsmen.

Copies available through NORC, to order call 202-332-2275; visit www.ltombudsman.org; or email ombudcenter@theconsumervoice.org.

Look at Me (1994) 5 minutes. US Department of Veterans Affairs.

A short sensitive film of a resident asking staff to look at her as a person rather than as a job. Based on a poem by a 99-year-old woman.

Copies may be available through your State Ombudsman Program.

Peege (1974) 28 minutes. Phoenix Films, Inc.

Film depicts a family's visit to grandmother who is in a nursing home. The family fumbles through efforts to establish some meaningful communication with grandmother who suffers from dementia.

Copies may be available through University of Michigan at (734) 764-5360 or visit website at: <http://www.lib.umich.edu/am/> or you can purchase the digital or CD at <https://phoenixlearninggroup.com/product/peege/>

Sexuality, Intimacy, and Dementia in Residential Care Settings (2017) 78 minutes. Terra Nova Films.

This 5-chaptered DVD brings forth a thoughtful, much-needed exploration of sexuality, intimacy, and dementia, and the complex issues that impact residents, family members, and care staff. Through five 15- to 20-minute videos, the DVD looks at the relevant concerns of intimacy and sexuality on quality of life, freedom to express sexuality, capacity to consent, resident protection, and potential legal ramifications. It also touches on the needs of LGBT residents, how to address resident-to-resident and resident-to-visitor encounters, and how to find workable solutions with the support of family members. This DVD poses many relevant questions, and is designed to equip care staff with a well-rounded

understanding of the sensitive issues concerning intimacy, sexuality, and the rights of persons with dementia, as well as, how to respond to expressions of sexuality in a manner that promotes both resident dignity and safety. The package includes a PDF Facilitator's Guide with Key Lesson Points, Discussion Questions, plus Sample Policies and Procedures Concerning Sexual Expression. Presented by author and educator, Daniel Kuhn, LCSW.

To order call 800-779-8491 or visit website at: <http://www.terranoval.org/>

The Thin Edge of Dignity (June 2014)

Dick Weinman, retired professor of broadcast communications at Oregon State University, author and former radio personality delivers a moving presentation about his experience in an assisted living facility. There is also a discussion guide.

http://ltombudsman.org/omb_support/training/materials-created-by-ombudsman-programs

Nursing Home Staff Training

Bathing Without a Battle

This award-winning training is all about creating a better bathing experience for persons with Alzheimer's Disease and Related Dementias.

To order call 800-779-8491 or visit website at: <http://www.terranoval.org/>

<http://bathingwithoutabattle.unc.edu/>

https://www.youtube.com/watch?v=oNtpF_lgDPk

Dress Him While He Walks: Management in Caring for Residents with Alzheimer's Disease

(1993) 20 minutes. Fanlight Productions.

This sensitive and realistic video addresses several difficult behavior patterns of Alzheimer's patients. It demonstrates practical ways of dealing with behaviors such as wandering, angry outbursts, and delusions.

To order call 1-800-876-1710 or visit website at: <http://www.fanlight.com/>

"Hand in Hand: A Training Series for Nursing Homes," on Person-Centered Care of Persons with Dementia and Prevention of Abuse (2012)

The Hand in Hand training materials consist of an orientation guide and six one-hour video-based modules, each of which has a DVD and an accompanying instructor guide. Though Hand in Hand is targeted to nurse aides, it may be valuable to all nursing home caregivers, administrative staff and surveyors. This free training was sent to all nursing homes. The training is also available on the CMS website: <https://surveyortraining.cms.hhs.gov/pubs/HandinHand.aspx>

The Heart Has No Wrinkles (1989) (2016) 16 minutes.

This gentle video explores the issue of sexuality and older people in long term care and addresses issues of intimacy, privacy and respect for individuality. The video chronicles the lesson a worker learns as she first interrupts a couple in an intimate embrace, later jokes with co-workers about the incident and finally comes to realize that the need for love, respect and privacy does not diminish with age. The video may be at a nearby library. <http://www.worldcat.org/title/heart-has-no-wrinkles/oclc/607155787>

I'm Pretty Old (1992) 20 minutes. Terra Nova Films.

A resident centered video that presents listening as a vital first step in understanding and responding to the diverse needs of long-term care residents. **To order call 800-779-8491 or visit website at:**

<http://www.terranova.org/>

In Your Hands - Nursing Home Resident Care (1995) 13.5 minutes. Terra Nova Films.

This video raises issues that are central to giving "respectful care" in the facility setting. Scenes of improper caregiving and "emotionally abusive behavior" are interspersed with scenes of sensitive and respectful caregiving that honor the dignity and needs of the resident. **To order call 800-779-8491 or**

visit website at: <http://www.terranova.org/>

Meaningful work: A Guide to Helping Residents Find Meaningful Activity (2001) 18 minutes. Eldercare Communications.

This video is to help entry-level staff distinguish between activity and meaningful activity. Employees will identify areas of interest and benefit to residents and incorporate such activities in the daily life of the community. **To order call (800) 505-3232 or visit website at:**

<http://www.eldercarecomm.com/pages/products/mwv.html>

Preserving Residents' Dignity 20 minutes. Eldercare Communications.

This video is geared specifically toward staff members working in long term care. Role-modeling vignettes bring the principles to life and show how staff members can incorporate "caregiving with dignity" into their everyday routine. A detailed facilitators' guide helps prepare and conduct a practical and participative learning session. Staff members will:

- Learn what dignity means to a resident living in a long-term facility
- Hear how residents feel about practices and procedures that are common in many facilities
- Identify the key factors which can either maintain or destroy a resident's dignity
- Uncover staff behaviors which support a resident's need for dignity while still accomplishing the care task at hand

To order call (800) 505-3232 or visit website at:

<http://www.eldercarecomm.com/pages/products/dgv.html>

Preventing and Handling Abuse and Neglect - Eldercare Communications.

This video, used in conjunction with the facilitator guide, creates a stimulating one-hour training session using situations and settings typical of those that long-term care staff face every day.

Role-playing vignettes give viewers slice-of-life examples. Is impatience a form of abuse? Is it abusive or neglectful to ignore a resident's call while you finish what you're doing? Staff members will learn:

- What constitutes abuse and neglect
- Risk factors that are associated with abuse and neglect
- How to implement a plan to prevent resident abuse and neglect
- How to implement a procedure to report abuse and neglect when suspected

To order call (800) 505-3232 or visit website at:

<http://www.eldercarecomm.com/pages/products/pha.html>

Quality of Life: An Introduction for Staff 20 minutes. Eldercare Communications.

This video-based program was developed specifically for the long-term care industry and helps staff members make the connection between resident quality of life and their own care-giving behaviors. Staff learn how to:

- Relate to residents as unique individuals who have meaningful life histories
- Recognize how well-meaning staff behaviors can unintentionally diminish quality of life
- Discover the key components which contribute to quality of life
- Identify care-giving practices which enhance quality of life

A facilitators' guide accompanies the video to help provide a participative learning session and even design follow-up assignments for applying new learning to the job. **To order call (800) 505-3232 or visit website at:** <http://www.eldercarecomm.com/pages/products/qlv.html>

Residents' Rights for Staff (updated 2002) 20 minutes. Eldercare Communications

This video program trains staff members about fulfilling their role as guardian of the Residents' Rights. Clear, how-to instructions spell out what staff members must do, and avoid doing, during daily interactions with residents. A facilitator's guide accompanies the video as an aid to conducting a meaningful discussion session with viewers.

To order call (800) 505-3232 or visit website at:

<http://www.eldercarecomm.com/pages/products/rr5v.html>

Rose By Any Other Name (1979) 15 minutes. Tricepts Productions.

Rose Gordon, a 79-year-old woman in a nursing home, is discovered in the bed of a male resident. We see the relationship between Mrs. Gordon and Mr. Morris as warm, intimate and fulfilling, but threatened by the administration and staff of the home, Mrs. Gordon's family and the very architecture of the institution. The film explores the reactions of other people to a loving relationship between an aging pair and the pressures that are brought to end its "unseemliness."

To order call 1-800-343-5540 or visit website at: <http://www.tricepts.keller.com>

Resident, Family and Community Education

No Easy Answer: Moving Beyond the Guilt (date unknown) 23 minutes. Eldercare Communications.

Placing a loved one in a long-term care facility is never easy for the family. The family may experience overwhelming feelings of guilt and loss. This sensitive, caring program is designed for facilities to help troubled family members.

To order call (800) 505-3232 or visit website at:

<http://www.eldercarecomm.com/pages/products/neav.html>

Residents' Rights for Residents 20 minutes. Eldercare Communications

Residents and their families need to know the residents' legally protected rights. This video is geared for

the unique needs of those who live and work in long-term care facilities. The program introduces residents and their families to their rights. Slice-of-life vignettes show how rights are protected throughout a typical day, while caring interview segments reassure the residents of your staff's attention to their needs. A facilitator's guide is available to help plan for and conduct a meaningful discussion session with viewers.

To order call (800) 505-3232 or visit website at:

<http://www.eldercarecomm.com/pages/products/rr4v.html>

Visit the following websites for more video ideas:

Eldercare Communications

<http://www.eldercarecomm.com/>

Terra Nova Films

<http://www.terranova.org/>

Fanlight Productions

<http://www.fanlight.com/>

Health Professions Press

<http://www.healthpropress.com/>

In-Sight Books, Inc.

<http://www.insightbooks.com/>

University of Maryland School of Medicine Video Press

<http://videopressumd.org/>