## North Seattle

## **VOLUNTEERS NEEDED!**

## King County Long Term Care Ombudsman Program

If you read the Seattle Times series, "Seniors for Sale,"\* you realize there is a vital need for advocacy to protect the rights of elderly and people living with disabilities in licensed care facilities. The Long Term Care Ombudsman Program provides a way for citizens to help. There are not enough Ombudsmen in North King County, and we are now actively recruiting to train and place advocates in:

- Aegis of Northgate Aegis of Shoreline / Callahan House
- Anderson Plaza Arden Rehab (Shoreline)
- Cristwood Nursing Home & Boarding Home
  Firwood Boarding Home
- Foss Nursing Home & Boarding Home
  Richmond Beach Health & Rehab
- St. Anne's Nursing Home
  400 Adult Family Homes in North King County

Long Term Care Ombudsmen must be certified by the State Ombudsman Program after completing a 4-day training and be willing to spend 4 hours a week in service to residents. A few slots are still available for the next training.

## If you can help, please contact:

- Juanita Beale, Volunteer Coordinator, King Co. Long Term Care Ombudsman Program (LTCOP)
- 206.694.6703
- LTCOPvolunteers@solid-ground.org





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http://seattletimes.nwsource.com/html/seniorsforsale/

Building community to end poverty